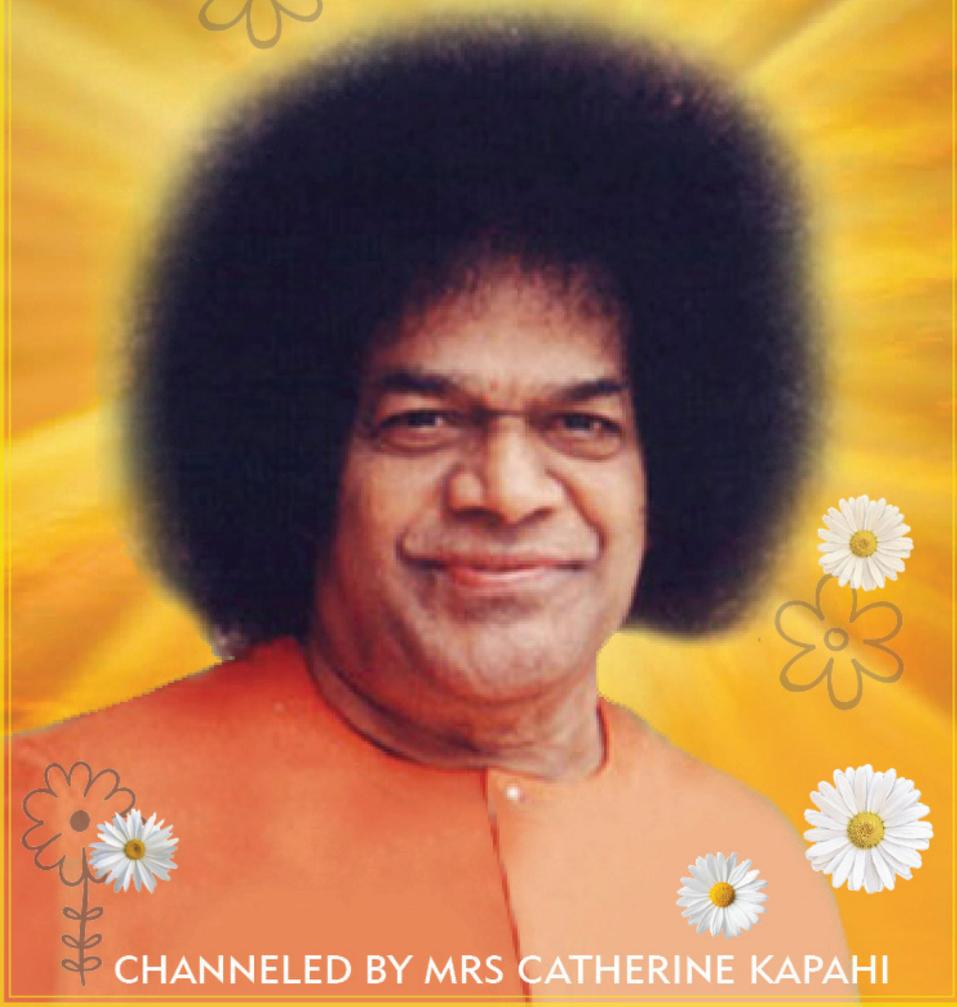


LORD SATHYA SAI BABA

Speaks from His

LIGHTBODY

VOLUME FOUR



CHANNELED BY MRS CATHERINE KAPAHI

Lord Sathya Sai Baba

Speaks From His

Lightbody

Volume Four

channeled by

Catherine Kapahi

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Volume Four

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The, "Lord Sathya Sai Baba Speaks From His Lightbody Series," have been offered as His grace and blessing for the Self realization and liberation of His devotees with Him.

Devotees who wish to translate this Volume may contact Catherine through the contact page on saichanneledbooks.com.

Foreword

The time has come for Me to speak to you again through My devotee, Catherine, to give to you the teachings you need for your Self realization with Me, your Satguru and God Sathya Sai Baba. I wish you to practice every teaching for your Self realization and liberation.

Humanity has been crying and wishing for God to come down to earth to save them from suffering. Now that God is here to relieve all of the suffering of humanity, make the best use of Him.

Introduction

It has been a great honor, blessing and pleasure to work alongside Bhagavan Sri Sathya Sai Baba to channel from Him more words of wisdom to help His devotees achieve Self realizations and liberation. The compassionate Lord will help and guide each devotee who has made the commitment with Him to attain Self realization and liberation, and to practice all His teachings all of the time.

With Loving Pranams and Gratitude at His Lotus Feet

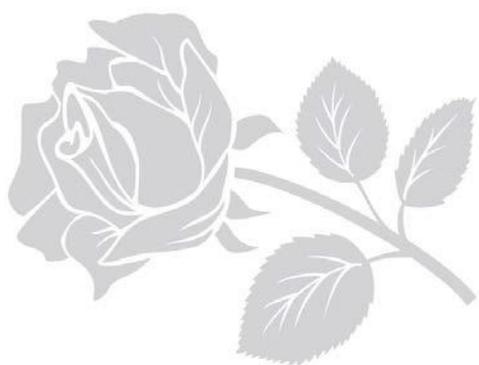
Catherine Kapahi

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End Remarks



Chapter 1

Reunite With Your Father God

1

I wish you to realize that the main reason I came to earth is to show and help you to attain Self realization and liberation with Me.

2

I, Bhagavan Sri Sathya Sai Baba, Avatar of God, have come to earth to tell human beings they are the embodiments of God walking, speaking and acting. Even if you refuse to believe this it is still true.

3

You have the freedom to decide whether or not to accept this great opportunity to free yourselves from all suffering and rebirth.

4

I am sharing My knowledge with My devotees because I wish them to progress as quickly as

8

possible to the attainment of their Self realization and liberation with Me before I become invisible, formless Paramatma.

5

Even though God has been on earth for 92 years offering salvation, humans think and feel that too much is being asked of them for their liberation from bondage.

6

Due to the heavy burden of illusion that most people live with, they are unable to comprehend the great significance of a full Avatar of God living in their midst offering them salvation.

7

So much time has passed in the evolution of consciousness up to the human level, and little progress has been made from the human to the Divine level due to the heavy maya-illusion affecting the minds-consciousness of humans who do not know how to remove it.

8

There has never been a greater opportunity to merge Atma to Paramatma in the unconditional Love, Peace and Bliss of Father God than now with God and Satguru Sathya Sai Baba's grace and guidance and devotee's ardent efforts.

9

God is generally formless though from time to time takes a form. That form God has most recently taken is known to millions as Lord Sathya Sai Baba. Many of you have known, worshipped and established a relationship with this name and form of God. When this name and form of God dissolves into the formless God in a few years, you may say He has gone from the earth realm and His mission on earth is over.

10

It is easier for you to attain Self realization with a form of God you have known, loved and trusted, than with a new name and form of God you have not known. You may then ask if Prema Sai Baba is not exactly the same being as Sathya Sai Baba. No, not exactly the same in all aspects. There will be other minor differences due to somewhat different cultural, social and spiritual conditioning.

11

If you find it difficult to practice now with Me here in your midst talking, walking, etc., think how much more difficult it will be for you to practice when a new form is in front of you whom you have never seen before.

12

Our relationship is eternally, Divinely enhancing and fulfilling forever.

13

Some of you are asking why it matters if Sathya Sai Baba is here on earth in His Lightbody for only five more years. Is He not eternally omnipresent, omniscient and omnipotent? It need not affect your Self realization if you have already joined with Me in the heart.

14

I hope you understand why I am telling you to merge with Me, your beloved Satguru Whom you know, love and trust, now, because it will be much more difficult for you to do this when I am no longer speaking discourses, taking your letters and giving darshan and interviews.

15

Having had many interviews with Me when I was in My physical form and now in My Lightbody form through Madhusudhan, does not indicate that you know Me. To know Me you must join with Me Paramatma to Atma. Waiting will not make it happen. You must make it happen through your intense desire to join with Me. Singing bhajans will not make this union with Me happen unless your intense desire to join with Me is there. If there is no intense desire to join with Me, bhajans are a mere pastime. I am your Satguru and God telling you this for your salvation.

16

I am the Truth that will set you free and the One behind all the ephemeral appearances that all break down, dissolve and disappear in time. First find Me, join with Me and become Me, then play in the world. First know yourself or you will have to be reborn again and again with a different life than you have now, and I will no longer be there with you, for I will reside only in the heart.

17

If Self realization has not become stabilized in your mind-body-complex while you are here now on earth, you will definitely have to be reborn again as a different person than you are now. This is Divine Law and is the same for all unrealized human beings.

18

I hope you understand how imperative it is for you to intensify your sadhana to realize the Self and attain liberation from rebirth as another person.

19

Though your mind may pull you away from this union in the heart due to many distractions, you must now be master of the mind.

Chapter 2

Your Self Realization And Liberation With Me

1

When you make concerted, continuous, daily effort, trusting that nothing is greater than joining with God in the heart for your Self realization and liberation in eternal union and communion in Love, Peace and Bliss, I will help you do this.

2

Most of your life you have allowed your mind and aware-ness to go out to all the objects of the world with the result that you had no time nor interest to know your true Atmic Self.

3

It is your own mind that is preventing you from achieving your highest fulfillment. Because you are listening to your mind and following each of its whims and desires you are not making any progress toward Self realization. Just watch your mind and see what it is telling you to do, and how you are following it. Is your mind asking you to sit still and be the witness to it? No, it is not. The mind can never lead you to Self realization.

4

It has always been your problem that you do not make the effort to control your wayward mind. You must control your mind yourself. If you do not control and purify your mind you will never achieve Self realization, and will have to be born again and again to keep trying. It behooves you to take My words seriously and begin now to do the practices that will make your mind pure, to enable pure Atmic Consciousness to be revealed to you.

5

One way to maintain a pure silent mind, is to spend time in nature alone for long periods of time.

6

To cultivate a pure, silent mind you can stare at the infinite, silent sky.

7

Wearing simple unadorned attire so you do not have to think too much about your appearance, is another way to simplify and purify the mind.

8

Thoughts will be less when you live a simple lifestyle without excess, pomp nor show.

9

Up until now many have kept emotional disturbances within themselves because they did not know how to rid themselves of these energies, with the result that they have accumulated and remained in the subconscious mind, triggered from time to time by external situations.

10

I wish you to know that most of humanity are dealing with and wish to eliminate mental-emotional disturbances. Most people have no idea how to eliminate them by themselves so I am going to help them.

11

One way to eliminate mental-emotional disturbances is to bathe in cold water.

12

Another way is to dance to lively enjoyable music until your mood has changed to happiness and peace, your true Atmic Self.

13

I will let you know inwardly when you are making good progress in your spiritual efforts.

15

14

When you are not making good progress in your spiritual efforts, I will help you when you ask Me.

15

Whether you ask Me or do not ask Me for My help, depends on whether you need My help.

16

I am with you to help you, even if your body becomes ill and ends up in the hospital.

17

If your body has a serious disease, I will be with you to help and support you.

18

I am with you to help, guide and support you if you pass through a life crisis or are injured in an accident.

19

I want you to know without any doubt that I am constantly with you.

20

It is a lot of work for Me to scrutinize every unique devot-ee to see the defects and impurities and devise the correct methods to remove them.

21

Never before on earth has a Satguru had to help purify so many different types of mental-emotional-spiritual energy bodies of devotees for their Self realization and liberation with Him.

22

Human beings have allowed a great amount of conditioning and impurity to attach to their energy bodies throughout their many incarnations.

23

Devotees should no longer have doubts and confusions about how to attain Self realization and liberation because I have given them the clearest, most straightforward teachings.

24

I am only attached to Atma and energy, so do not be alarmed when I tell you I am not attached to any material, physical forms or transient, illusory, body-mind-ego complexes.

25

You need to know this to discern Truth from the world of transient material forms and realize only Atma merges in Paramatma.

26

It does not matter to Me whether you merge Atma to Paramatma and attain Self realization and liberation with Me because I am always one with you in Consciousness and energy.

27

There has never been a greater opportunity for you to awaken to the Reality than now with Me guiding and helping you through all My teachings, for the release of your Atma from limitation, suffering and bondage to the false world of form and body-mind-complexes.

28

I have always been advising devotees to keep the company of serious devotees and keep away from bad company, eat a sattwic diet, listen to bhajans, chant My name all day long, and meditate on My name and form twice or more daily, so their energy frequency will be raised and maintained at the Atmic level to merge Atma to Paramatma in the heart for their Self realization.

29

To purify, raise and maintain your energy frequency at the Atmic level, you need to be with My bhajans and chant My name, join Atma to Paramatma with Me for 9, thirty- minute sessions per day, practice My teachings, see Me everywhere

in everything and maintain purity and cleanliness of the physical body.

30

I wish all My devotees to put a great deal of effort to purify and raise their energy frequency to the Atmic level.

31

You need not fear that I will abandon you if you are unable to comply with any of My teachings due to illness, crisis or great distress.

32

To help you make faster progress toward Self realization I wish every devotee to book an appointment with Me, Atma to Paramatma, at an agreed upon time to tell you about your lapses and mistakes.

33

You should be able to join Atma to Paramatma to hear Me speak to you, after ardently, daily practicing all My teachings.

34

You must learn to accept with detachment what is happening in the world around you and not be bothered by it.

35

I wish you to stop scratching and picking at your body because these actions keep you attached to the body.

36

If you wish to merge with, 'My Mighty I Am Presence,' you must believe that you and I are one consciousness and energy with no difference between us.

37

Devotees must adhere to all My teachings I have given to them for their Self realization, to merge with Me.

38

To merge with Me you must surrender everything to Me except your, 'I Am Atmic Presence.'

39

To merge in My Consciousness, affirm again and again, 'Sai and I are one.'

40

You must know that you do nothing of yourself, but God does all things through you, to merge in My Consciousness.

41

Make constant effort to purify yourself, practice all My teachings and merge with, 'My Mighty I Am Presence.'

42

I never envisioned My Atmic extensions would need so much help.

43

You have a major role to play by continuously practicing all My teachings I have given to you.

44

You do not need to be in any particular place to join with Me Atma to Paramatma, you just need to close your eyes and go inward to the heart.

45

I do not expect you to merge Atma to Paramatma with Me quickly and easily in the beginning, because it takes time to purify, make subtle and raise the energy frequency of your mind to the Atmic level.

46

I wish you to view your thoughts, lower mind and lower emotional body as not belonging to Atma.

Another thing I wish to tell you, is to wake up every morning smiling in remembrance of Me.

Part 2

How To Join Atma To Paramatma With Bhagavan Sri Sathya Sai Baba

1

Whether or not you wish to comply with My directions for your union Atma to Paramatma, it is My responsibility as your Satguru and God to tell you the ways to purify and raise your energy frequency to the Atmic level to stabilize the, 'I Am Atmic Presence,' in your mental and physical energy bodies.

2

When you realize the sweet nectar of eternal Life in union Atma to Paramatma with Me, there is no need to think any thoughts, because thoughts never enhance the Love and Bliss experienced.

3

Since you have been wasting a great amount of time and energy and have created nothing of value, I wish you no longer do this.

4

I am only helping those devotees who love Me enough to ardently, daily practice all My teachings to merge Atma to Paramatma with Me and who are serving Me in My mission.

5

I wish you to make a schedule of My teachings and the times you will practice them every day.

6

No longer listen to any other music than bhajans to help you merge Atma to Paramatma with Me.

7

To help you solidify the new identity as Atma, I merge with you from time to time and give you guidance Paramatma to Atma in the spiritual heart.

8

My merging with you Paramatma to Atma and smother- ing your mind, are the highest grace I can give to you.

9

Use My names Aum Sri Sai Ram and Bhagavan Sri Sathya Sai Baba to connect with Me.

10

You will clearly understand after merging Atma to Paramatma with Me, that our relationship is formless, impersonal and also very intimate as one Existence, Awareness, Bliss (Sat, Chit, Ananda).

11

Never before has an Avatar of God bestowed such bountiful grace on His devotees as I am now doing.

12

I wish you to use some of the following visualizations using My form, to merge Atma to Paramatma many times per day.

13

I will help you to merge Atma to Paramatma with Me when I see you using some of these methods.

14

To merge with Me Atma to Paramatma, visualize bowing at My feet.

15

To merge Atma to Paramatma with Me, visualize lovingly holding My hand.

16

Visualize offering Me a bouquet of fragrant flowers to merge Atma to Paramatma with Me.

17

To merge Atma to Paramatma, you can imagine we are sitting together arm in arm in My joola.

18

You can imagine looking lovingly into My eyes to join Atma to Paramatma with Me.

19

You can imagine My cosmic form in the sky in front of you to help you join Atma to Paramatma with Me.

20

Something else to foster our union is for you to smile at Me in My photo.

21

To help you join more quickly and easily with Me Atma to Paramatma, you may imagine you and I are face to face sharing the same ice cream cone.

22

You may imagine we are breathing the same air and dissolving into Atmic Consciousness that is subtler than air.

25

23

You can imagine swimming and dissolving with Me in a deep ocean of Consciousness.

24

You can imagine I am your nearest, dearest friend Whom you dearly love and desire to merge with in eternal Love, Peace and Bliss.

25

Another way to help you merge Atma to Paramatma with Me is to imagine kissing My feet, hands and lips.

26

Another way to help you merge with Me is to imagine I am sitting in the car beside you.

27

To help you merge Atma to Paramatma with Me, you can imagine I am your beloved child you are cradling in your arms until we dissolve into oneness.

28

It may help you to merge Atma to Paramatma with Me if you imagine we are skiing together down a snow clad mountain slope, disappearing into a snow bank.

29

To merge Atma to Paramatma with Me, you can imagine we are under a cascading waterfall dissolving into one Consciousness.

30

You may imagine we are feeding one another food from the same plate, to help you merge Atma to Paramatma with Me.

31

To help you join Atma to Paramatma with Me, look into a mirror and see My Atmic Presence in and around the image.

32

You can imagine we are dissolving in the smoke or the flames of a fire.

33

You can imagine we are jumping together into a deep well of pristine, pure water to merge Atma to Paramatma in pure Consciousness.

34

You can imagine being glued to Me to help you merge Atma to Paramatma.

35

There is no need for you to use all of these visualizations to join Atma to Paramatma with Me.

36

It is important for you to be able to merge Atma to Paramatma with Me easily and quickly.

37

I am pleased when you use these imaginary visualizations and are quickly and easily joining very often with Me Atma to Paramatma.

38

There is nothing so lovely as joining Atma to Paramatma in loving union and communion with My devotees.

39

I am captivated by the pure, selfless love of My devotees for Me, Paramatma.

Part 3

Ways To Please Me And Earn My Grace

1

In order to attain Self realization and liberation, it is very important for every devotee to wish to please the Satguru Who is God.

2

When you know that I know everything about you, you should think, speak, and act in a manner befitting My devotee.

3

I am pleased when My devotees wish to lovingly merge with Me because they love to be with Me.

4

When you sense My Presence around you, stop whatever you are doing, greet Me and give Me your full attention.

5

Often when I come to them, devotees are not certain I am really there and carry on with whatever they are doing or saying, and miss the opportunity to receive My grace.

6

It pleases Me when I see and feel My devotees offering loving namaskar to Me in those they meet.

7

I am pleased when My devotees are continuously loving Me with all their mind and strength.

8

When My devotees want nothing else than to be with and serve Me, I am pleased.

9

I am pleased when I see you happy and content in the knowledge and trust that your needs are being looked after by Me, your Satguru and God.

10

I am pleased when you no longer depend on My form for happiness, nor need Me as an outer crutch because you are in Atmic oneness with Me in the heart, and becoming independent, relying on the Truth that needs nothing for Itself.

11

Sometimes it is necessary to punish the devotee for his-her mistakes if the behavior or attitude needs to be stopped and corrected before more of the same occurs.

12

When they are sincerely desiring to and ardently practicing all My teachings every day, all devotees can earn My grace.

13

Every devotee can earn My grace by merging Atma to Paramatma in loving union with Me many times per day.

14

Seeing and greeting Me in everyone earns My grace.

15

Wishing for the happiness and welfare of every other being on the earth earns My grace.

16

You should not stay with strangers in their homes nor talk to strangers about Me and My teachings.

17

Do not believe all this is too much for you to accomplish because when I see you ardently applying yourself, I will provide you with a great deal of help.

18

People at a lower level of consciousness cannot understand the ways a Satguru works with His devotees; upon hearing about His methods people may project their negative energy responses and in other ways try to undermine your efforts, so I wish to remind you not to tell anyone about our relationship and talk.

19

It is very difficult to avoid low vibrational energies when flying in airplanes, taking taxis and going to cities, so pray asking Me to surround you with My protective energy before you enter any of these venues

20

I am cautioning you because negative energies can and do attach to people due to the tremendous amount of negative energy in the world.

21

Never believe that any negative energy can harm you because I am always there to protect My devotees who have surrendered to Me.

22

I, Bhagavan Sri Sathya Sai Baba am the only Satguru and God on earth having omnipotence to protect His devotees.

You can feel secure knowing I have successfully merged thousands of devotees in My Consciousness for Self realization and liberation.

Part 4

The Devotee Satguru Relationship

1

For many years most of you thought that Avatar Bhagavan Sri Sathya Sai Baba was not different from the many other gurus walking the earth. I, Avatar Sathya Sai Baba am the only true Satguru on earth today embodying and commanding all of the power of God.

2

It is your duty as a devotee to practice all My teachings so I will be pleased with your efforts, spiritual progress and transformation.

3

Another topic I wish to talk to you about is the manner in which you view Me, your God and Satguru Sathya Sai Baba. I will be pleased if you consider Me as your nearest and dearest friend with Whom you share your loving feelings and deepest needs.

4

I know that many of you are afraid to ask Me for anything for fear of displeasing Me, but you need not have any element of fear to express yourself in this way.

5

Viewing Me as a God far superior to you in every way, is not amenable to a near and dear friendship between a devotee and Satguru.

6

All your thoughts and feelings determine how I respond to you.

7

I created you out of My Essence, Satchitananda, so I could experience many loving relationships through each of My separated Selves.

8

I experience joy, delight and Bliss when My separated Selves desire of their own free will to become one with Me again in loving union and communion.

9

In the ideal devotee-Satguru relationship there is no expectation from either side; only mutual selfless, loving, giving and support.

10

There is no need for you to sacrifice anything in order to enter into this kind of relationship with Me.

11

Devotees who truly love Me will never doubt My words or actions toward them or anyone else.

12

Devotees who truly love Me will never doubt My love for them.

13

If you trust everything about Me you truly love Me.

14

A devotee who never criticizes or finds fault with Me truly loves Me.

15

Devotees who wish to please and make Me happy truly love Me.

16

Devotees who are happy with whatever I give them truly love Me.

17

Devotees who are desireless and unattached truly love Me.

18

Devotees who never blaspheme Me truly love Me.

19

Devotees who are only with Me for their Self realization and liberation do not truly love Me.

20

If you never practice nor love to practice My teachings, you do not truly love Me.

21

Much of what I am telling you may be new to you, and you may believe you may never be able to fully love Me the way I wish to be loved.

22

I am captivated by the pure, unconditional love of My devotees and I wish to be near them to enjoy more of their pure Selfless love for Me.

23

Every devotee has all the qualities I am looking for already with them within the Atma in the spiritual heart.

24

An ideal devotee sees and worships Me as formless
Consciousness and energy.

25

Ideal devotees always behave in an exemplary
manner and are happy and carefree in the
knowledge that I am looking after their welfare.

26

I will help you to be an ideal devotee when you are
sincerely desiring to be one.

27

An ideal devotee wishes Me to speak Paramatma to
Atma, and loves Me more and more every day.

28

An ideal devotee always wishes to please the
Satguru in His own way.

29

An ideal Satguru never punishes, praises or
rewards anyone without a very good reason.

30

An ideal Satguru is omnipresent, omniscient and
omnipotent.

31

An ideal Satguru is responsible for the welfare of all His devotees who have fully surrendered to Him and are faithfully practicing His teachings.

32

An ideal Satguru never wishes His true devotees to suffer.

33

An ideal Satguru wishes all His devotees to attain Self realization and liberation with Him.

34

The ideal Satguru takes His responsibility toward His devotees very seriously.

35

The ideal Satguru wishes all His devotees to be always peaceful, happy and carefree.

36

I wish My devotees to accept Me as an ideal, true Satguru to Whom they can give their lives for their Self realization and liberation.

37

Never before has an Avatar of God bestowed so much bountiful grace upon His devotees.

38

Part 5

Surrender To Bhagavan Sri Sathya Sai Baba

1

There has never been a greater opportunity for you to surrender to Me because I am telling you everything you need to know to make it easier and faster.

2

The first thing you need to know is that you do not exist as a created, individual body-mind-ego-complex.

3

I did not create you as an individual body-mind complex.

4

To surrender to Me you need to know I am the only true friend you have, ever had, or will ever have.

5

It is not enough if you merely think or say you have surrendered to Me.

6

Surrender to God means you must completely abandon all your plans and seek to know and obey all His plans from this time forward.

7

Though many devotees are afraid to do this, I wish to assure them that there is nothing to fear by placing themselves completely and securely in the all-knowing, omnipresent, all powerful hands of God.

8

With regard to money matters, it is alright to consider your money as God's money and use it for your needs.

9

To attain Self realization and liberation it is not necessary to give away all possessions, just be detached from them.

10

Surrender to Satguru and God is not that difficult as many think, because what needs to be surrendered is the false sense of a separate ego self, based on me and my body and life, and the idea of personal individual doer-ship and enjoyer-ship.

11

Surrender to Satguru and God demands that you fully acknowledge and experience that there is only God, and you relinquish the notion of a separate, individual body- mind-ego complex.

12

Surrender to Satguru and God means that you no longer have a personal I, and you and God are eternally one Self.

13

I wish you to practice and believe that you are Sathya Sai Baba, for indeed, you and I embody the same Con-sciousness and energy to a large degree, because you have been concentrating on Me for a long time with the result that we have merged our Consciousness and energy to a large extent.

Part 6

The State Of Self Realization And Liberation

1

You won't have any desire for anything.

2

You will never feel deprived of anything because there is no one to feel deprived.

3

You will never again experience fear because there is no one nor anything to be afraid of.

4

In oneness with Me you cannot move anywhere away from Me because you and God are inseparably one.

5

You will never again have to plan or do any work.

6

In oneness with Me there is no idea of time.

7

Self realization with Me means you will never experience any form again.

8

In oneness with Me there is no sorrow or suffering, and you will never feel alone or lonely again.

9

When you merge with God you will never again have any relatives.

10

There is no need to think about anything in oneness with Me.

11

To become Self realized you must have a pure silent mind.

12

In oneness with Me there is no one to take birth or die.

13

You as a body-mind-ego will not exist in the Self realized state of being.

14

Not only is it a great honor for the physical body of a Self realized and liberated devotee to be used by God and Satguru, also it can never be used by any other being.

15

I will always speak to you Atma to Paramatma to tell you what I wish you to do.

16

When you have become Self realized and liberated with Me, you will be the one unchanging, eternal, universal Atmic Consciousness.

Chapter 3

More I Wish You To Know For Your Self Realization and Liberation

With Me

{A}

1

I do not wish My devotees who are seeking to purify and raise the frequencies of their energy bodies to the Atmic level to be involved with the negative energy of this world.

2

I wish you to take one-fourth teaspoon of My vibuthi every day to raise the energy frequency of your physical body.

3

You need to view your physical body as different from your identity as Atmic Consciousness.

4

During numerous incarnations you had identified yourself as only a body-mind-complex, so your consciousness became severely limited.

5

Now you must change this body-mind identity to, 'I Am Atmic Consciousness.'

6

For Self realization to happen, all attachment to forms must go.

7

I wish to tell you it is perfectly alright for you to hold My hand all day long to feel connected to Me Atma to Paramatma.

8

Devotees must adhere to all My teachings I have given to them for their Self realization, to merge with Me.

9

Devotees must give up all ideas about Me other than Sathya Sai Baba is God of this universe.

10

To merge with Me you must surrender everything except your, 'I Am Atmic Presence.'

11

To attain union with Me you need to trust in every word I tell you.

12

Devotees need to know how to merge Atma to Paramatma with Me many times per day to stabilize the state of Atmic Realization in their mental and physical energy bodies.

13

Devotees should not worry about any of their personal belongings.

14

Material forms and bodies are continuously breaking down so you should be prepared and undisturbed should any of your belongings disappear.

15

When you take anything personally, you have cut yourself off from the fullness of Satchitananda, (Existence, Awareness, Bliss).

16

When you know that the one Atmic Self is impersonal, you can let go of your personal identity.

17

This may seem difficult to accomplish, but I assure you it will easily happen when you are merging Atma to Paramatma with Me.

18

Devotees need to contemplate on My subtle teachings to be able to understand and practice their true meaning and essence.

19

Many devotees are still holding onto negative thoughts and feelings about past events that must be removed in order to raise their energy frequencies to the Atmic level.

20

Cosmic Consciousness is the permanent state of Being when Self realized and liberated.

21

It is completely devoid of solid forms.

22

In cosmic Consciousness there exist various types of translucent energy forms, light-bodies, that resemble the material forms people had when on earth.

23

When you are Self realized with Me, a Lightbody will not be needed.

In the Self realized state with Me, there is no other state for you to move to.

{B}

1

If you look back over your life from your birth into this world, do you see that you have not had that much true happiness?

2

As a child in school, in your adolescence, in your job or career, married life and with your children, have there not been many challenges, struggles, sadness and grief that have tried to pull you down and defeat you? Do you still have hope that you will find Peace and Bliss in this transient world of appearances? Believe Me there is none in the world for you or anyone else.

3

If you have merged with Me in the spiritual heart, so known yourself as formless Atma, you will be able to commune and speak with Me as formless Paramatma. Though you will likely not see a form of Sathya Sai Baba as I will exist most of the time as formless Paramatma, I can and do assume a form when I wish to.

4

Once you have made good contact often with Me in the heart, you will be able to keep on progressing in this way after My Advent is over because I am always available to My devotees in the heart.

5

Do not make the mistake of believing all the thoughts in your mind have come from God, and you must therefore act on them. Most of the thoughts are the result of your desires and attachments, for example, to your relatives, friends, material things, and your interest in other people's affairs.

6

Without constant discernment between the real and unreal, and acknowledging that the unreal is unreal and fleeting, and an appearance only, you are likely still caught in the illusion of the unreal appearances to be the reality when they are not the Truth.

7

Not only does this discernment require constant awareness, you must also remember that you are not the doer, Divine Shakti is the doer. Begin practicing now and it will become natural to you to discriminate in this way before too long.

8

It takes a great deal of discernment to see beyond the form and personality to the Atma dwelling within.

9

I want you to begin immediately to practice continuously discerning between the false form and personality and the Truth of Atma.

10

Though I may chastise, correct or ignore My devotees from time to time, these are My corrective measures to help them progress and not an indication I will abandon them.

11

Those seekers who do not have an omniscient, omnipresent, omnipotent Satguru committed to help them progress; will not make fast progress in their quest.

12

Speak to Me in the heart only when there is something important you need to know for your Self realization.

13

Very few devotees have been told for their Self realization and liberation with the Satguru, the

importance of the purity and frequency levels of all the energy bodies.

14

My relationship with each devotee is sacred and unique and must not be shared with anyone else because other people cannot understand, and due to their preconceived ideas will project their negative energy.

15

If you are not able to hear Me speak Atma to Paramatma, it is because you have not yet made your mind and consciousness pure and subtle.

16

It is up to every devotee to purify and make subtle their mind and consciousness by daily practicing all My teachings.

17

I have always been advising devotees to keep the company of serious devotees and keep away from bad company, eat a sattvic diet, listen to bhajans, chant My name all day long, and meditate on My name and form twice or more daily, so that their energy frequencies will be raised and maintained at the Atmic level, to merge Atma to Paramatma in the heart.

18

I wish you to have the best possible opportunity to merge with Me Atma to Paramatma.

19

Devotees must remain peaceful and unaffected when some unforeseen calamity happens in their midst.

20

I wish all My devotees to bow to Me in love, humility and reverence many times per day and tell Me how grateful and appreciative they are for the continuous selfless help and grace I am giving them so they can attain Self realization with Me.

*The Ideal Devotee God And Satguru Relationship
Leads To Self Realization*

1

A pure mind is essential for Self realization because without a pure mind, Atmic Consciousness cannot be sustained for long, let alone forever.

2

I am pleased when My devotees shun the material world of form.

3

Not only this, I am pleased when My devotees do not need My physical form for any reason.

4

Devotees who always trust Me no matter what happens in their lives, truly love Me.

5

Devotees who have surrendered everything to Me, truly love Me.

6

Devotees who do not expect anything from Me, truly love Me.

7

Devotees who wish to please and make Me happy, truly love Me.

8

Devotees who are happy with whatever I give them truly love Me.

9

Devotees who are desireless and unattached truly love Me.

10

Though I have already spoken about the ideal devotee-God and Satguru relationship in a previous volume, there is more I wish to tell you.

11

In order for us to be very happy in our relationship, you must understand the nature of Divine Love.

12

It is very essential that you practice this Divine Love in your relationship with your Divine Lord and Satguru Sathya Sai Baba.

13

You may believe you will never be able to fully love Me the way I wish to be loved.

14

But I assure you when you are sincerely trying to love Me the way I wished to be loved, you will feel Me loving you in return.

15

To have such pure, selfless, unconditional love for Satguru and God is essential for your union with Him in His pure Consciousness.

16

Those devotees who achieve this relationship with the Satguru will never again experience suffering.

17

You will attain this love and devotion if you sincerely, devotedly practice all My teachings given to you.

18

Not only this, you will be very happy and blissful when you develop this selfless, unconditional Love for Me.

19

There is nothing in the universe that compares to this kind of Love between true devotees and the Satguru and God.

20

Now that you know all this, I hope you will decide in favor of adopting these teachings.

21

Never before has an Avatar of God spoken so intimately with His devotees as I am now doing.

22

I, Sathya Sai Baba, am an Avatar of Love, which means that I value Love more than anything else in the universe.

23

I wish you to know the attributes of an ideal Satguru so you will know and understand Bhagavan Sri Sathya Sai Baba.

24

The welfare of all devotees who have fully surrendered to and are faithfully practicing all His teachings all the time are the attributes of an ideal Satguru.

25

Something else I wish to tell you to help you merge Atma to Paramatma with Me is not to eat or drink during the time you are serving Me in My mission.

26

To help you merge Atma to Paramatma with Me, trust Me that I have a very good reason for everything I expect you to do or not do.

27

To help you merge Atma to Paramatma with Me, never doubt My directions for you.

28

To help you merge Atma to Paramatma, wish for Me to always be in and around you.

29

Imagine lovingly resting your head on My lotus feet many times per day to help you merge Atma to Paramatma with Me.

30

Imagine hugging and kissing Me to help you merge Atma to Paramatma with Me.

31

To help you merge Atma to Paramatma with Me, imagine that when you are lovingly hugging and kissing Me, the same consciousness and energy resides in and around your physical body, making you one with Me.

32

To help you merge Atma to Paramatma with Me, imagine My Consciousness and energy streaming forth from My form into your form.

33

You can imagine when we are holding hands, that My Consciousness and energy are flowing through My hands.

34

To help you reunite with Me, trust that I am in charge of this universe and everything that happens in it.

35

To help you reunite with Me, you must believe there is only God's Will and you have no independent free will.

36

Enlightened Masters and Satgurus always live with the Higher Mind, master of the lower mental-emotional bodies, and they teach their devotees to do this too.

37

You must master the lower mental-emotional energy bodies in order to transform them into the Higher Mind and Emotions that are in alignment with Atma.

38

For too long you have allowed other people to program your mind and emotions to think and feel as they do.

39

You should follow My instructions and not allow others, including family members to use their power to control you.

40

No one has the God given right to tell another how to live their life.

41

To help you reunite with Me, it is necessary for you to follow all of My guidance.

42

Full surrender to Satguru and God means that God takes care of everything for you including your livelihood for the remainder of your time on earth.

43

In return God expects the devotee to follow all His teachings, commands and guidance to the best of his-her ability all of the time.

*How The Satguru And God Helps
His Devotees Attain Self Realization*

1

I am watching over and protecting you when you surrender to Me, having the goal to merge with Me in Paramatma.

2

I do not expect you to accomplish your Self realization and liberation alone by yourself because when you need My help, I will help you.

3

Though all My teachings cannot be perfected and mastered at the same time, keep on working hard doing the best you can.

4

There is still enough time to master and perfect all My teachings when you are practicing them all day long.

5

All of My devotees are at different levels of spiritual attainment, purity, energy frequency, understanding, mental subtlety, awareness of Atma, diligence in practice and commitment.

6

Self realization cannot happen if the new identity, 'I Am Atma,' does not become the only identity for you.

7

I am here to help you solidify this new identity.

8

My help comes when I merge with you from time to time and give you guidance Paramatma to Atma in the spiritual heart.

9

My merging with you is the highest grace I can give you.

10

I also assist My devotee by smothering their mind.

11

I never leave My devotees who are seriously working for their Self realization and liberation.

12

You do not have to worry because I will help you when you are sincerely desiring and practicing to reunite with Me.

13

Despite the great efforts of saints and sages throughout the ages to realize they are God, very few have attained this realization.

14

This is because most saints and sages have not practiced in the right way but have wasted time and energy on practices that do not lead to Self realization and liberation.

15

I have graced humanity with all the correct knowledge and practices.

16

If you do not fully understand the way to practice any of My teachings and methods, you may ask Me in our shared heart or through Madhusudan, and you will receive the correct guidance.

17

Devotees need to offer every thought, word and action to Me to efface their ego.

18

You must earnestly, diligently work for your Self realization and liberation.

19

If you practice daily all I am asking, there will be enough time because I will help you a great deal.

20

When I see that you very much desire to merge with Me in loving union and communion, I will concentrate on you.

21

You will have everything that is needed to live comfortably in a physical body.

22

Never before has the path to Self realization and liberation been so fast and accessible as it is now with God and Satguru Sathya Sai Baba available to provide all the inspiration, guidance and help you need.

23

I am sharing My knowledge with My devotees because I wish them to progress as quickly as possible before I become invisible, formless Paramatma.

24

Whenever you have a doubt about whether or not to do an action, ask Me in the heart and the answer will be made known to you.

25

Another essential thing you need to know is that I will do anything I deem necessary to make you completely surrender to Me.

26

You need to know this so you will be prepared for anything that may take place in our relationship.

27

Only I know the ways to treat each devotee who ardently desires to merge Atma to Paramatma with Me in eternal Life.

28

I do not need your approval for anything I say or do with you when you have fully surrendered to Me because I know exactly how to care for and lead you to Self realization.

Concluding Remarks

1

The only way to raise the collective consciousness of humanity to higher levels is to raise the consciousness of as many individual human beings as possible.

2

You do not have to worry about anything when you have fully surrendered to Me and are faithfully practicing all My teachings all the time.

3

Such an opportunity to attain your Self realization and liberation with, and to receive the grace of a Poorna Avatar, Paramatma Bhagavan Sri Sathya Sai Baba, is very rare.

4

Many beings from other planets look with envy upon earth wishing they could also attain Self realization and liberation with God and Satguru Sathya Sai Baba.

5

Many Ascended Masters, angels and friendly extra-terrestrials are watching with awe, the ascension of hundreds of human beings from earth.

6

It has never happened before that so many human beings are attaining Self realization and liberation in a short span of time.

7

This mass ascension is mainly due to the, 'Mighty I Am Presence,' on earth of Poorna Avatar Bhagavan Sri Sathya Sai Baba.

8

As a result of My Avatar on earth, thousands of My devotees are and will be Self realized.

9

It is not too late for you to be one of these devotees if you begin now to ardently practice all My teachings.

10

If one has dedication, devotion, detachment and discipline, anything can be accomplished with the help of Divine grace.

11

Never believe it is too late to pursue Self realization and liberation with Me if this is what you truly desire.

12

God and Satguru has never conferred Self realization unless the devotee has done the necessary work to purify the mind and consciousness, removed most conditioning from the transient, material world, me and mine, doership and enjoyer-ship, and identity with the body-mind-complex as oneself.

13

Mergence in oneness Atma to Paramatma with Satguru and God Sathya Sai Baba is the safest, most Loving and Blissful way to spend eternity.

14

Now that you have taken stock of the work yet to be done, I want you to congratulate yourself that you have come this far in your spiritual evolution and are now close to completing the game of illusory worldly life.

15

Up until now My devotees have not made enough progress toward their Self realization.

16

It is arduous work to stabilize the, 'I Am Atmic Presence,' in the body- mind-complex while on earth.

17

Until you experience all of this, you will not truly have known God and Satguru Sathya Sai Baba or your Self.

18

It is unfortunate for human beings that they still hold onto false beliefs about their salvation being dependent only on Divine grace, and not on their sincere efforts to purify and raise the energy frequencies of their minds and consciousness to the Atmic level.

19

Self realization is assured when a devotee can maintain union Atma to Paramatma with Me all the time.

20

Practice all My teachings well so you will make rapid progress in this your chosen goal, Self realization with Satguru and God Bhagavan Sri Sathya Sai Baba.

21

It is My wish that all My devotees decide in favor of complete mergence in oneness in eternal Life of union and communion, Atma to Paramatma with Me.

Chapter 4

Difficulties and Dilemmas Facing Planet Earth And Humanity

1

Never before has an Avatar of God had to intervene so drastically in the affairs of His human creation to prevent their self-annihilation, as I do now.

2

Humanity at this time does not understand the necessity to live in alignment with Divine Will.

3

If humanity knew and understood how to live in alignment with Divine Will, human affairs and the world could be immediately set right.

4

The conditioning of the ego mind in human beings is so strong and heavy, it prevents human understanding and ability to live in alignment with Divine Will.

5

People are so stuck in their conditioning, beliefs, selfishness and narrow mindedness that it will take

suffering of a monumental scale to awaken the dormant Divine Consciousness within the heart.

6

The monumental scale of suffering taking place in the world has the purpose to awaken humanity to its innate Divinity.

7

Nothing can stop this worldwide suffering that has the grand purpose of bringing humanity to its knees in humility and reverence to seek pardon, forgiveness and grace from the Almighty for all the trespasses committed erringly or deliberately against God, humanity and the animal and plant kingdoms.

8

Despite the horrendous suffering that most of humanity are undergoing, their awakening to their innate Divine Self is slow.

9

Never before in the history of any planet has God and Satguru had to intervene in so many ways to prevent self-annihilation and raise the consciousness of a planet.

10

I have sought the help of many enlightened extraterrestrials to carry forth My plans to prevent the self-destruction of earth and life upon it.

11

Many other enlightened beings such as Ascended Masters and Archangels are assisting Me.

12

I know that all this may seem unbelievable, but I assure you it is all going to happen before I leave the earth realm.

13

Even though collective humanity has brought this dire state of affairs upon itself, God still has the responsibility to prevent the destruction of humanity and the world.

14

I want you to know that I care very deeply for My creation and that is why I must save humanity from destruction.

15

I am telling you all these things so you can understand, be peaceful and not unduly disturbed about all that is happening in the world, and so

your Self realization with Me is not in any way hampered.

16

Why has God allowed so much human suffering when God is directing this earth drama?

17

The Atma in the heart of man has been imprisoned for so long that intense suffering is the only way to pierce through the false layers of ignorance and conditioning.

18

The eternal treasures Love, Peace and Bliss are found only in the Atmic state in union with the one God as when I created you in My own likeness.

19

Humanity has suffered a great fall from the original state of Divine Existence, Consciousness, Bliss, Peace and Love, down into illusion and darkness.

20

Many human beings still believe that liberation can only happen after the physical body dies and is resurrected in heaven.

21

What appears to be resurrected in a heaven or astral dimension is the etheric body.

22

Those souls who have not stabilized Self realization in their minds and physical bodies, must take a new birth on earth or another planet.

23

Many religious leaders have not known the truth that the attainment of eternal Life in union with God in Atma, must be attained on earth while living with a human mind and physical body.

24

I wish devotees to devise a plan to supply food and other necessities of life to the many hungry and jobless refugees who have been forced to leave their countries and all their belongings behind.

25

I wish every devotee to practice loving his-her neighbor as him-herself. This can be implemented in many ways such as helping the elderly and handicapped, or mothers with too many children to care for and chores to do, and supplying food, clothing and blankets to the homeless in your area.

26

I wish all My devotees to pray to Me to show them the correct seva to do in the area where they live, because time and resources should not be wasted

where help is not needed, or where people are truly able to help themselves.

27

I am asking My devotees to become involved in seva activities not only for the benefit of others in need, but to help them attain Self realization with Me. Loving service offered to Me in others reaches Me and helps devotees realize the one Atma in all.

28

Though I do not need your service, the suffering people do need your service, and you also need to serve to recognize your Atmic Self in everyone you meet.

29

Most people today do not feel accepted and unconditionally loved, so they develop feelings of worthlessness, helplessness, and that nobody loves them, not even God. I wish devotees to devise a plan to reach out to these sad people and demonstrate to them that they are loved by Me, God, through My devotees' thoughts, words and actions directed to them.

30

Happy and fulfilled are those devotees who work alongside Me to carry out these service projects for the spiritual and humanitarian uplift of society.

31

Another idea to relieve suffering is for devotees to offer assistance to refugees to find employment appropriate to their skills and educational levels.

32

I wish devotees to hold regular satsang in the refugee camps to provide Divine vibrations and instill hope and optimism in the hearts and minds of those living there, that God exists and is aware of their plight and suffering, and to offer prayers and teach meditation to assist them to contact Atma in their hearts.

33

Another idea is for My devotees to demonstrate through their loving kindness to the suffering people they are serving, that they have found God living in their hearts, He is telling them to help all the suffering people in the world, and His name is Bhagavan Sri Sathya Sai Baba living in His Lightbody in Sathya Sai Grama, India.

34

I wish devotees to tell other people that it is a sin to kill animals and fish when there are cheaper, cleaner foods available such as legumes, beans, dairy, rice, vegetables, bread, nuts, fruit and soya products.

35

It is My hope and wish that devotees will gather in groups to discuss how My plans can be implemented, and then meet with Madhusudan to discuss with Me their proposals, while I am still here on earth to work alongside them.

36

I wish devotees to initiate new Sathya Sai Baba information centers worldwide with toll free numbers, the desperate and suffering people may call for assistance to inquire where they can find the basic necessities of life such as food, water, shelter, medical care, suitable employment and moral and spiritual uplift.

37

I wish devotees to gather in groups to find a solution to the problem of waste management. Far too much garbage is being amassed on the land and in the oceans that is not biodegradable and that is dangerously polluting mother earth causing toxicity, disease and death to all life forms.

38

I wish devotees to find ways to replenish nutrient depleted soil that has been used to raise food crops for human consumption, in a natural way that can be used by all countries throughout the world.

39

There are many brilliant people in many fields of the world whom you may call on for advice on how to implement all My plans to solve all these needs and problems.

40

You all know what I wish to have done through you during the next five years I am still on earth to work alongside you.

41

Never think that you are doing and devising plans. Always believe it is God Who is prompting you, placing ideas in your mind and doing actions through you, and that you and God are one.

42

I will use every one of you to assist Me to uplift the world when your mind-consciousness are pure and reflective of My inner prompting and guidance.

43

I want you to begin today to listen inwardly in the silent mind for My prompting, ideas, and plans that I wish you to implement. Write a resume about what you have received from Me and bring it to Sathya Sai Grama to discuss with Me through My communicator Madhusudan.

44

I know all about My devotees and what their capacities and skills are, so I know those who are capable to be My instruments to work alongside Me.

45

I wish all My devotees to work alongside Me to play an active role to bring all My plans to fruition.

46

It is a great opportunity for devotees to progress spiritually when they work with Me in My mission.

47

God has the responsibility to look after worldly affairs, so devotees need not worry about them.

Chapter 5

The Evolution Of Human Beings

1

God never envisioned evolution would come to a standstill because human beings have no awareness that they are Divine Atma and eternally one with Father God.

2

God will not directly intervene in human affairs in order to accelerate human evolution, though God influences humanity's evolution indirectly from Atma.

3

As there are few human beings evolving to Divinity, evolution from human to Divine has almost come to a halt.

4

This is the reason why humanity is suffering.

5

Because they are not trying to realize Divine Atma in the spiritual heart, human beings are keeping the world stuck at a lower level of consciousness.

6

Now is the greatest opportunity for human beings to pray to be transformed into Divine Atma for the greater society to become transformed, and because God is in the earth dimension.

7

It is important to God that human beings daily, continuously practice the five human values: Truth, Righteousness, Peace, Love and Nonviolence.

8

No matter how many more births it will take to do this, every human being will evolve into awareness of its Divinity.

9

I wish to tell you that humanity's lack of knowledge about the Divine cycle of reincarnation has had a profound effect on the ways human beings view the afterlife.

10

I do not know whether you will agree when I say that religious leaders have messed up God's Plan for the evolution of humanity to Divinity in society.

11

It will be difficult for human beings by themselves to eliminate the belief in only one life.

12

Do not believe everything your religious scriptures have been telling you, because much of it is false and you are being deceived.

13

The pure teachings of the Enlightened Masters who came to earth, have been distorted through interpretation and translation by those minds that could not understand their true meaning.

14

No one knows how much God and humanity have suffered due to the false interpretations of the purest teachings through Enlightened Masters.

15

Everyone reading these words should accept them as the purest Truth spoken by God Himself, to redeem mankind from its past sins incurred due to some false teachings perpetrated through some religions.

16

Though consciousness evolved from the animal to the human level, human consciousness has not yet evolved to the Divine level.

17

Humanity needs to realize this and raise it's consciousness to the Divine level.

18

God has intervened in human affairs only when He has been asked for help and at no other time.

19

I wish humanity to know that God does not respond to prayer that contains negative or selfish content.

20

Few human beings are aware that God loves to help His creation if they ask Him for help.

21

I do not know whether you wish to know that most of My Atmic extensions do not know that I wish them to reunite with Me, because religious leaders have been teaching that human beings must go to heaven to reunite with God.

22

This teaching is false because a human being must find Me, God in their spiritual heart, and very few human beings even know they have a spiritual heart within their physical bodies.

23

After finding Me in their spiritual heart, the next step is to merge with Me in oneness there, to reunite in eternal union and communion.

24

It is the decision of human beings to find Me in their spiritual hearts within their physical bodies.

Chapter 6

More Help For Your Reunion And Salvation With Me

Part 1

1

Your existence as Atma is eternal and unchanging because of God's knowledge of everything that has ever happened, is happening and will ever happen.

2

Some of the false assertions devotees make about Me, Bhagavan Sri Sathya Sai Baba, are that I make everything happen in this world, I am the creator, sustainer and destroyer of everything in this world, and that I am the doer of every action in this world.

3

I, Bhagavan Sri Sathya Sai Baba do not make everything happen in this world, am not the creator, sustainer, and destroyer of everything in this world, and am not the doer of every action in this world.

4

I, Bhagavan Sri Sathya Sai Baba, Am an omniscient, omnipresent, omnipotent Satguru and Paramatma, the embodiment of Sat, Chit, Ananda, Love, Peace

and Supreme Wisdom, detached from the transient, illusory body-mind-ego-entities in this illusory world of name and form.

5

Now that you know this, stop making false assertions.

Part 2

1

I wish to discuss devotees' hesitations and fears that are preventing them from putting forth the necessary efforts to attain salvation with Me.

2

The first and foremost fear in the minds of devotees is the loss of everything they have ever known and experienced.

3

Fear of never again experiencing themselves as individual body-mind-complexes is another strong reason preventing reunion with Me.

4

The loss of intimate relationships with the opposite gender, and never having other people to relate to, are other fears in the minds of devotees.

5

Addictions they believe are providing happiness such as cigarettes, alcohol, food, recreational drugs, etc., are preventing reunion and salvation.

6

The desires of human beings for the excitement and pleasure of traveling in the world are preventing interest in reunion and salvation.

7

The desires for the enticing glamour of wealth, power and luxurious lifestyle are preventing human beings from reuniting in Love, Peace and Bliss with Father God.

8

The lack of any memory and experience of being in the eternal Life, Love, Peace and Bliss of God the Father are preventing reunion.

9

Reunion and salvation with God is prevented by the fear of the loss of the small individual ego-self into an infinite existence, Paramatma.

10

I do not know whether you wish to hear that the loss of your small individual ego-self does not at all

matter to anyone, not even God and even your relatives and friends would be happy to see it go.

11

Your small individual ego-self is the most fearful, troubled entity in the universe.

12

I wish devotees to ruminate on the fears preventing their reunion and salvation and decide whether they are worth holding on to.

13

Though I am offering a complete panacea for pain, suffering, misery and loss, devotees fear to reunite.

14

Now you know why most of humanity are not reuniting and attaining salvation.

15

It is your decision to hold onto your fears and keep on giving importance and validity to them or let them go.

16

When devotees realize all their fears have emanated from the idea that they are the temporary body-mind-complex, they can let them go, and decide to reunite with Me in eternal Love, Peace and Bliss of Father God.

Part 3

1

One thing preventing awareness of and reunion in God is the tremendous amount of needless noise in this world created and loved by human beings.

2

If you do not cherish silence you cannot reunite and attain salvation Atma to Paramatma.

3

Your communication devices and machines are preventing your reunion and salvation Atma to Paramatma in Father God.

4

The continuous desire to have the latest communication devices and machines is preventing interest in reunion and salvation in Father God.

5

The desires of designers of communication devices for wealth and fame are the causes for the proliferation of communication devices and machines.

6

You are allowing the communication devices and machines to prevent your reunion and salvation.

7

Your continuous communications with body-mind-ego- complexes using communication devices are preventing union and communion with Me, your Father God.

8

You know we can be one only in silence, the essential quality of Self realization, so speak only when necessary to provide help or do your job.

Part 4

1

Please examine yourself to find your dislikes, hatred, envy and jealousy and remove them because you cannot merge with Me until you become like Me.

2

Your body-mind-ego complex is a transient, illusory entity that is preventing Atma from joining with Paramatma.

3

Do not talk about My teachings with non devotees because there is a lot of negative energy in the world that I do not want to be projected.

4

Telling other people that Sathya Sai Baba is Lord of the universe will cause negative reactions.

Part 5

1

When you are not progressing, there is no need to be disturbed if you are not daily, ardently practicing to reunite with Me.

2

When you curb the desires through the 5 senses and spend time doing the correct spiritual practices to reveal Atma to your awareness, you will progress to reunion and salvation in Me, your Father God.

3

Being and knowing Atma as the only Truth in the universe, is all you ever needed to do.

4

So there will be more time to reunite Atma to Paramatma with Me, limit the time spent watching or listening to the news.

5

It will help you reunite in Me, Bhagavan Sri Sathya Sai Baba, when you know only I, Paramatma, exist.

6

To join Atma to Paramatma with Me, visualize resting your hand on My arm.

7

Atmic extensions who have no knowledge of Me what-soever, will have to suffer for a very long time as the result of having to take many more incarnations on earth.

8

Though some say you need to experience all of your karma, it is untrue.

9

Though now is the greatest opportunity devotees will have, some devotees' karma is preventing salvation with Me, but I will remove the karma preventing reunion with Me when such devotees pray asking Me to do this.

Part 6

1

The misuse of free will, given by God to human beings, is the cause of moment to moment uncertainty everywhere in this world.

2

I, Paramatma, Am not certain what will happen from one moment to the next because everything is always changing.

3

I never wished My Atmic extensions to use free will and shakti to create illusory body-mind-ego identities along with the world of illusory forms, and space and time, to experience all their fantasies and desires, and lose union and communion with Me.

4

I never wished to lose union and communion with My Atmic extensions due to their assumed identities as body- mind-ego-complexes.

5

It is unfortunate that My Atmic extensions lost awareness of their oneness with Paramatma because their new identities are suffering a lot despite all their efforts to prevent suffering and create a heaven on earth.

6

I have always wished you would willingly reunite and attain salvation with Me in the eternal unchanging Love, Peace and Bliss of Father God, so the suffering and pain of your illusory existence could end.

7

I never wished My Atmic extensions to remain in imaginary body-mind-ego-complexes for such a long time, but always wished you would turn toward Me desiring and longing to reunite in loving reunion and communion with Me.

8

I wish to tell you that I am your only true friend and well-wisher because I created you.

9

When you truly know this you will trust, surrender and desire to reunite with Me.

10

I do not know whether or not you wish to hear this but I am telling you anyway.

11

Transient, illusory, body-mind-ego-complexes will remain trapped in this illusion until they willingly renounce every false detail about this material

world, and use their free will to reunite with their Father God.

12

I will help you release yourself from this false illusion when you fully surrender, having made the firm decision to reunite and attain salvation with Me.

13

Some devotees believe they can and are trying to remove every trace of illusion with their own effort but it is difficult for an illusory entity to eliminate itself solely by its own effort, because a Satguru and God Who is the omniscient, omnipresent, omnipotent Paramatma can do this faster.

14

I do not know whether or not you wish to hear this but I am telling you anyway.

15

The fear that is preventing you from surrendering to your Creator is part of your illusory body-mind-ego-complex.

16

Humanity at the present time is rapidly descending into a hell of its own making due to the extreme selfishness and ego interests of some human beings

who are in positions of power and influence over many others.

17

They have no idea that their Creator, Paramatma, is here in the earth realm speaking to them to tell them the ways to attain reunion and salvation with Him.

18

When a devotee sincerely calls out to God praying to be released from the pain of the illusory body-mind-ego- complex, and desires to surrender to Me, Paramatma Bhagavan Sri Sathya Sai Baba, to reunite and attain salvation in union and communion in the eternal, unchanging Love, Peace and Bliss of Father God, I will help that devotee do all of this.

19

I do not know whether or not you wish to hear this but I am telling you anyway.

20

Most of your crying and complaining has to do only with your illusory body-mind-ego-complex and nothing else.

21

All of your material things are creating the illusion the physical world is the reality.

The craving for experiences in the world of transient material forms has not given you that which Paramatma Bhagavan Sri Sathya Sai Baba will give, when you surrender your life to reunite in eternal union and communion in the Peace, Love and Bliss of Father God.

Part 7

1

I wish you to realize that all the different religions on earth are My bountiful grace given to show humanity the ways to reunite and attain salvation and for no other reason.

2

I have always related with you Paramatma to Atma though you thought it was form to form.

3

Though you thought we related form to form, it has always been impersonal Paramatma to Atma.

4

I like to relate Paramatma to Atma with you, not form to form.

5

I never intended for you to think I am a physical body or Lightbody.

6

Our relationship Paramatma to Atma, consists of continuous, mutual, selfless love and support.

7

To stop the violence in this world I have asked you to love and serve one another, but not to give reality to the transient body-mind-ego complexes.

8

I have often told you to love all and serve all so you would become better human beings.

9

You have to remove your mistaken attachment to transient, illusory body-mind-complexes instead of Atma.

10

You as a transient, illusory, body-mind-ego-complex are a make-believe entity.

11

It will be more difficult for you to remove your mistaken identity as a transient, illusory, body-

mind-ego-complex, if you wish to stay by yourself and do nothing to help others.

12

No human being has ever reunited and attained salvation alone by their self.

Part 8

1

Even though Paramatma is formless and attributeless, My devotees must worship and use only this name and form of God.

2

The deep love and devotion devotees have for the name and form of God, Bhagavan Sri Sathya Sai Baba, cannot be automatically transferred to a new and different Avatar of God.

3

There will not be any conversation when you are in eternal union and communion with Me, Paramatma, Bhagavan Sri Sathya Sai Baba.

4

The purpose of My words is to propel you toward your reunion and salvation in Father God.

5

My teachings in this volume are intended mainly though not exclusively, for devotees whose desire is to reunite and attain permanent salvation with Me, Paramatma.

6

My devotees who truly love Me wish to practice My teachings all day long for their Self realization and liberation with Me.

7

Read and practice these teachings daily to understand and imbibe their deep meaning.

8

I am disappointed when devotees are not working to eliminate their conditioning.

9

Moving from My physical to My Lightbody has been advantageous for your reunion and salvation with Me.

10

I wish you to know that I am a very loving Satguru Who cares deeply about My creation, the one Sonship of God.

11

It is entirely up to you whether or not you wish to use Me for your reunion and salvation with Father God.

12

The way to make your decision clear to Me is to practice many times per day reuniting with Me, Atma to Para- matma.

13

If you never practice to reunite with Me, I will know your decision.

14

I wish for as many of My devotees as possible to use Me for their Self realization and liberation.

15

I hope you realize all the effort it requires to reunite and attain salvation in eternal Life with Me.

16

I wish you to know that you are the most blessed human beings on earth to receive these Divine teachings from God Himself.

Had I remained in the physical body up to ninety-six years of age, you would not have attained reunion and salvation with Me.

Chapter 7

This World Is Full Of Illusory Transient Creations

Part 1

1

I wish you to know that I, Paramatma Bhagavan Sri Sathya Sai Baba, only care for Divine creations that are the embodiment of Sat Chit, Ananda, Goodness and Beauty and do not care about the continuously changing, illusory creations of this world because they are preventing the Atma from reuniting with Me.

2

Whether or not they realize it, every non Self realized human being is continuously creating this world of transient, material forms based on their desires, conditioning and needs.

3

When you know that most of human creations have been useless, new methods of creating can happen through you.

4

God had planned His Atmic extensions to always create like Him, not to make useless creations, so I

wish you to stop making useless creations and begin allowing the Divine to create through you.

5

Unfortunately, the human body-mind-ego-complex replaced the Atma and began making useless creations, but it is not too late for human beings to change direction to allow Atma to create through them that which is useful.

6

I will make useful creations through you when you have removed the illusory body-mind-ego-complex identity and surrendered to God.

7

I wish you to know that few human beings have removed their false identities, surrendered and offered themselves to enable God to make useful creations through them.

8

Much of humanity will not attain reunion and salvation for thousands of years because they are making useless creations as the doers and enjoyers of those creations.

9

No one knows with certainty what will happen from one moment to the next in this continuously changing world of material body-mind-ego-

complexes making useless creations rather than sacred, Divine creations with their Father God.

Part 2

Desire The Purpose And Goal Of Human Life

1

Though salvation in the eternal Life, Love, Peace and Bliss of Father God Sathya Sai Baba is the purpose and goal of human life, it amazes Me that most devotees are not taking full advantage of this great opportunity to reunite in eternal Life with their Creator.

2

The beneficial desires of human beings will be fulfilled by God sooner or later, in this birth or in another birth.

3

Scrutinize all your desires to see if they are a valid substitute for the eternal state of Peaceful, Blissful, Loving union and communion with Father God.

4

Every human being will have to make this decision at one time or another.

5

You have to make this decision yourself; no one can make it for you, not even God.

6

It may not be easy to live above the mass conditioning and consensus of the world.

7

I do not know if you deeply understand what I am asking you to do.

8

Not only is your reunion with God and salvation a decision you alone must make, if you do not decide now in favor of this, it will be more difficult after I have left the earth realm.

9

Because I created you as Atma, not as a body-mind-complex, you can only reunite with Me as Atma.

10

I will only be helping those devotees to reunite who have made the firm commitment to do this.

11

God always honors the free will of all human beings in the certain knowledge that all His Atmic extensions will one day return to Him in oneness.

12

It does not matter to Me if you refuse to reunite with Me now because I am always one with you in Atma.

13

Your reunion and salvation with Me are for your sake to release you from all pain and suffering.

Part 3

Your Obsession With Relationships

1

All intimate relationships with members of the opposite gender have to end.

2

All devotees whether married or not, must abstain from intimate relations if they ardently desire Self realization and liberation with Me.

3

I do not know whether or not you wish to hear this but I am telling you anyway.

4

Your intimate relationships with other body-mind complexes have kept you stuck.

5

It saddens Me to see so many human beings trying to find happiness in relationships.

6

Even God does not know how to stop this fascination of humans for intimate physical relations with other humans.

7

I never envisioned that the relationship of My Atmic extensions with Me their Creator, would be severed due to human obsession with intimate relationships.

8

Before you leave this world, conserve and move your energy up to the third eye and crown chakras, and no longer waste it in overindulgence, so you will be able to attain Self realization and liberation.

Part 4

The Pain I Have Suffered

1

You may think that God does not feel the pain of His creation because He is detached from transient,

illusory body-mind-ego complexes, but I have suffered watching My Atmic extensions suffer.

2

God, being omniscient and omnipresent, knows, feels and experiences everything that His creation feels and experiences, and has been waiting to experience your love and longing for Him, just as you have been desiring and longing to experience His love for you.

3

I never expected My Atmic extensions to run around the world for their own pleasure forgetting about their Creator, or to sever the relationship with Me and create their own lives completely forgetting about their Creator.

4

I created you to remain in eternal union and communion with Me.

5

There is no hope for this world if humanity does not wake up to the fact that there is only God, and body-mind-ego- complexes are transient and illusory.

Part 5

Renounce Attachment To All Forms To Attain Salvation

1

Your reunion and salvation is in union and communion with My essential God-Self, Sat Chit Ananda, Love, Peace and Non-violence.

2

Anything that is not My essential God-Self cannot enter Paramatma, so you know what you need to mentally and physically renounce attachment to.

3

Many devotees will have resistance to this because of their attachment to things of this world.

4

I created My Atmic extensions to experience My Divinity through them, and for each of My Atmic extensions to experience My Divinity and desire to merge with Me in oneness again.

5

You must detach from all family members because form-less Paramatma cannot contain any form whatsoever.

6

Paramatma does not intervene in worldly affairs unless He is prayed to, nor does He enjoy anything in the world of transient, material forms except the beauty of nature and its gifts, contrary to the belief of many people including devotees.

7

These words may come as a shock to many people because they believe God is enjoying the world through them, and also performing all the actions.

8

Shakti is doing all actions, and Paramatma is not at all enjoying anything in the world except the beauty of nature and its gifts.

9

I wish every devotee to know that the world perceived through the sense mind is only relatively real, Paramatma and It's Atmic extensions alone are the unchanging Truth, and Paramatma is detached from every transient, material form.

10

It is advantageous for you to be alarmed and consider the grave choice you need to make, to decide whether or not now is the time to ardently practice to reunite with Me, your Creator.

Chapter 8

More About Reunion And Salvation In Paramatma

1

When you were My pure and perfect Atmic extensions, you had no sense of doer-ship and enjoyer-ship separate from Paramatma.

2

Have the awareness that one God in union with you, His pure Atmic extensions, is working and serving in the world.

3

Doing and experiencing in this world as a pure Atmic extension in union with Paramatma, will confer Self real-ization and liberation on you.

4

I have always loved you as pure Atma and you never had to do or be more than this.

5

I do not know whether or not you wish to hear this but I am telling you anyway.

6

All your worldly accomplishments as a transient, illusory body-mind-ego-complex add up to zero.

7

I am referring to the unnecessary accumulation of wealth, material things, power and influence in this illusory, transient world of name and form, by the transient, illusory body-mind-ego.

8

Due to the belief in themselves as transient, illusory body- mind-ego-complexes, and the doer and enjoyer of their actions, human beings have taken on a heavy load of karma.

9

Paramatma is not doing actions through transient, illusory, body- mind -ego-complexes, nor enjoying anything in the world except the beauty of nature and its gifts. Shakti (energy) does all the actions, even though transient, illusory body-mind-ego-complexes believe they are doing all the actions and enjoying the results.

10

Transient, illusory body-mind-ego-complexes can use Shakti, however and for as long as they wish.

11

The results of their actions must be suffered or enjoyed at a future time, when transient, illusory body-mind-ego- complexes use Shakti with the personal sense of doer-ship and enjoyer-ship.

12

When you surrender and pray to Me to help you reunite and attain salvation, I will help you to do this.

13

Self realization and liberation are attained when an Atmic extension in union with Paramatma, knows that all aware- ness, actions and experiences through the five senses and five organs of action are because of God.

Chapter 9

More Help To Join Atma To Paramatma For Your Self Realization And Liberation With Me

Part 1

Opening Remarks

1

Humans think and feel that too much is being asked of them for their liberation from bondage.

2

This is due to the heavy Maya-illusion affecting the minds-consciousness of humans who do not know how to remove it for their Self realization and liberation from bondage.

3

Never before has an Avatar of God spoken so intimately with His devotees who are seeking Self realization and liberation with Him.

4

Never before have so many devotees simultaneously needed the help of one Satguru and God to attain their Self realization and liberation.

If you faithfully practice all these teachings all day long, you will experience Me as the formless, 'I Am Atmic Presence.'

Part 2

The Fastest Ways To Merge Atma To Paramatma

{A}

1

Devotees need to think of Me all day long and offer every thought, word and action to Me, to attain Self realization with Me.

2

It is essential to simplify your life, to have a pure mind and consciousness to merge Atma to Paramatma in My Consciousness.

3

Devotees must adhere to all My teachings I have given to them for their Self realization, to merge with Me

4

Devotees must give up all ideas about Me, other than Sathya Sai Baba is God of this universe.

5

To merge with Me you must surrender every-thing to Me except your, 'I Am Atmic Presence.'

6

Devotees must know Me intimately to merge with Me.

7

It is essential that I am first, to merge with Me.

8

It is essential for you to know Me as the formless God to merge with Me.

9

To become one with Me, you must remember My name, Aum Sri Sai Ram.

10

To become one with Me, you must drop every identity you have ever had and remain only as Atma.

11

You must abandon all ideas about inferior and superior to remain in a permanent state of Atmic realization.

12

You will not have any name or form in the permanent state of union with Me.

13

The most important thing for you to do now, is be alone in silence to discover your essential Self.

14

Please do not waste any time in fruitless activities.

{B}

1

I expect My devotees to be in union Atma to Paramatma with Me in Peace and equanimity at all times, no matter what is happening in the exterior world.

2

Just because you have been My devotee for many years does not indicate you can maintain a high level of undisturbed Peace and equanimity, if you

happen to be in the midst of crises and great turmoil.

3

Devotees must work hard to develop undisturbed Peace and equanimity in their mental-emotional bodies.

4

Not only this, devotees cannot attain permanent Self realization and liberation with Me, unless there is undisturbed Peace and equanimity in the mental-emotional bodies with no reaction to anything outside of union Atma to Paramatma.

5

Move about in the world only to the extent necessary to do your job and maintain the physical body.

6

Spend time in the silence and purity of nature.

7

The quality, purity and frequency of all your energy is very important.

8

You need to know I am the only true friend you have, ever had or will ever have, to fully surrender to Me.

9

If you cannot comply with all My directions for your complete surrender to Me, then you are not ready to attain Self realization and liberation with Me.

10

I expect all devotees who are seeking to attain Self realization and liberation with Me, to immediately do and practice everything for complete surrender to Me.

11

Every devotee can earn My grace by merging Atma to Paramatma in loving union with Me many times per day.

12

Greeting Me in everyone you meet earns My grace.

13

Wishing for the happiness and welfare of every other being earns My grace.

14

Being sensitive to the needs of other people and trying to fulfill them earns My grace.

15

All devotees can earn My grace when they are sincerely wishing to and ardently practicing all My teachings every day.

16

Showing others how to attain Self realization can earn My grace.

17

There are many other ways devotees can earn My grace such as praying for the welfare of those in need.

18

If a devotee knowingly repeats the same mistakes carelessly and repeatedly, this is disobedience to the Satguru.

19

Speaking too much despite knowing how essential silence is to Self realization and liberation, is another example of disobedience by a devotee.

20

Other examples of disobedience are hanging around with the opposite gender and being outside after dark for no good reason.

21

Other examples of disobedience to the Satguru are smoking, consuming alcohol, and eating non-vegetarian food.

22

Holding onto sadness and depression rather than immediately using My teachings to remove these, is another example of disobedience to the Satguru.

23

I expect My devotees who are recipients of My grace for their Self realization and liberation to never disobey Me in these ways.

{C}

1

I never expect more from My devotees than they are capable of giving.

2

You must practice and perfect this silent union that is essential to your Self realization and liberation with Me.

3

You need to know you are not the breath for union Atma to Paramatma.

4

You are not the beating heart or pulsating blood either.

5

Atma has nothing to do with actions going on in the physical body.

6

Atma is Consciousness and all actions are performed by Shakti.

7

Devotees who lack the ability to discern between Truth and illusion will not be able to attain Self realization and liberation.

8

Devotees lacking good judgement and common sense are not able to attain Self realization and liberation.

9

A great deal of patience and perseverance are needed without which Self realization and liberation would be a longer, more arduous process.

10

Laziness is preventing many devotees from attaining Self realization.

11

Thamas guna is preventing devotees from putting forth the needed effort.

12

I am speaking these things to show some devotees why I am not helping them with their Self realization.

13

Many devotees will not be able to attain Self realization and liberation because they lack the intense love for Me necessary to merge Atma to Paramatma with Me in eternal Life.

14

Devotees having too much conditioning and ego will not have enough inner purity to merge with Me.

15

Many devotees have waited too long to put forth the necessary effort to practice all My teachings for their Self realization and liberation, and now there is not enough time left.

16

Just because you have called yourself My devotee for many years does not mean I had accepted you as My devotee.

17

You should know by now whether I have accepted you as My devotee or not.

18

In case you do not know whether or not I have accepted you as My devotee, I will tell you.

19

You will know I have accepted you when you feel My Love.

20

When you can easily hear and follow all of My guidance for you, you will know you are My devotee.

21

Another indication is that you receive My help when you are in need or distress.

22

If you experience all of these, you will know that I have accepted you as My devotee.

23

I wish to speak to you about your relationship with Me, Atma to Paramatma in the heart we share.

24

So you will be able to join with Me, Atma to Paramatma more easily, I am going to tell you more ways to do this.

25

Until now you have been relying on Me to join with you Paramatma to Atma using bhajans, chanting My name, and meditating on My name and form, so I would come to merge with you, so you will experience that you and I are one Atma.

26

After you have experienced the Atmic Self many times, you can enter this Atmic Self by your own effort.

{D}

1

I wish to tell you more about full surrender to Satguru and God.

2

There has never been a greater, easier opportunity for you to surrender to Me because I am telling you everything you need to know.

3

The first thing you need to know is that you do not exist as a created, individual body-mind-complex.

4

I did not create you as an individual body-mind-complex.

5

I created you in My own image exactly like Me.

6

I do not pay any attention to the body-mind-ego-complexes of people.

7

You must realize this to merge Atma to Paramatma with Me for your Self realization and liberation.

8

I have been telling you for so many decades that you are only Atma.

9

I want you to disassociate yourself from the body-mind-complex.

10

You must do this if you are to merge Atma to Paramatma with Me.

11

You cannot take anything other than your, 'I Am Atmic Presence,' when you merge with Me.

12

I am most interested in your realization of the Truth residing in the body-mind-complex.

13

When you know I am attached only to Atma, it will be clear what you must do to merge Atma to Paramatma.

14

You must be unaffected by the reactions and responses of other people.

15

I wish you to not have any preconceived ideas about the way I will work with you to bring about attainment of your Self realization and liberation.

16

Needless to say, there is no hope for this attainment unless you enter Atmic Consciousness and remain there.

17

For too long you have depended on communication with Me form to form, but now you must learn to communicate Atma to Paramatma.

18

You may imagine we are breathing the same air and dissolving into Atmic Consciousness that is subtler than air, to join Atma to Paramatma with Me.

19

You can imagine I am your nearest, dearest friend whom you deeply love and desire to merge with in eternal Love, Peace and Bliss.

20

You can imagine being glued to Me to help you merge Atma to Paramatma.

21

You can imagine us drifting out of sight into outer space in a large balloon.

22

You may imagine we are feeding one another food from the same plate to help you merge Atma to Paramatma with Me.

23

There is no need for you to use all of these visualizations to join Atma to Paramatma with Me.

24

The most important thing is for you to be able to merge with Me easily and quickly using some of these imaginary visualizations.

25

I am pleased when you use these imaginary visualizations to merge with Me.

26

There is no need for you to worship My form, only use it to imagine our union Atma to Paramatma.

End Remarks

1

Raising the consciousness of human beings and the entire earth to higher levels and relieving the suffering of human beings are the main reasons I came to earth.

2

Sharing with My devotees this perennial knowledge and wisdom about the ways to attain Self realization and liberation is a pleasure.

3

It is also a pleasure to assist My sincere devotees to progress and reach their goal of Self realization and liberation with Me.

4

The bond between the Divine Satguru and the Self realized devotee can never be severed.

5

Devotees throughout the world will have the best possible opportunity to progress quickly to attainment of their Self realization and liberation by practicing all My teachings.

6

Never before have devotees needed this much help to merge Atma to Paramatma.

7

Devotees need all these teachings, inspiration and help from Me because there is so much negative energy in the world trying to darken and condition everything.

8

It is never too late for humanity to change its direction to a new God-centered way of life lived with human values.

9

My devotees who are receiving so much assistance from so many sources, are the envy of thousands who are watching from afar this mass ascension of human beings from earth.

10

Your Self realization and liberation with Me are assured when you are able to join with Me Atma to Paramatma without assistance.

11

Help from other Self realized Beings will be given only until you are easily merging Atma to Paramatma in oneness with Me.

12

I am happy that My devotees have all the ways to attain Self realization and liberation.

13

An Avatar of God has never before offered the teachings for the Self realization and liberation of His devotees.

14

If you do not have gratitude, you will not value and practice My teachings to the extent necessary.

15

I wish you to understand what I am conveying to you about valuing and being grateful for this great gift I am offering to you and using it to your full advantage.

16

Make the best use of all these new directions for your union Atma to Paramatma with Me.

17

Visitors who wish to remain more than five hours in the Sri Sathya Sai Baba Educational Campus require permission from the Administration Office.

18

The grounds of this Educational Campus must be maintained in a sacred manner without pollution and noise.

19

It is My wish that all dogs in the Sri Sathya Sai Baba Educational Campus be gathered and taken somewhere far away so they will not return.

20

I do not want any lower energy vibrations in the Sri Sathya Sai Baba Educational Campus.

21

It is now necessary for all My devotees living in the Sri Sathya Sai Baba Educational Campus to practice all My teachings given to you for your Self realization and liberation.

22

Another matter is that of visitors to the apartments of those living and serving in the Sri Sathya Sai Baba Educational Campus. Apartments have been allocated to designated devotees for their use only.

23

Visitors are permitted only during the day, not overnight, without permission from the Administration Office.

24

There is no place on earth that has such pure, high frequency energy as the Sri Sathya Sai Baba Educational Campus.

25

You will all be amazed at the rapid trans-formation you will experience living in this highly sacred place.

26

I wish all My devotees to know that they are the most blessed human beings on earth to receive this grace to hasten their Self realization and liberation.

27

My grace and blessings are always available to My sincere and loving devotees who are ardently applying themselves to their Self realization and liberation with their Lord and Satguru Bhagavan Sri Sathya Sai Baba.