

THE GOD REALIZATION SERIES

FROM

BHAGAVAN SRI SATHYA SAI BABA

CHANNELED BY CATHERINE KAPAHI PH.D

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Not Gone

I Am Still Calling



Lord Sathya Sai Baba from His eternal Omniscience teaches how to be an ideal disciple of God, achieve God Realization and spiritual liberation now while living in a physical body.

Channeled By

Catherine Kapahi PhD



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DEDICATED AT THE LOTUS FEET
OF
BHAGAVAN SRI SATHYA SAI BABA
THE ETERNAL WITNESS
THE MERCIFUL GURU
AND
THE DIVINE MOTHER
AND
FATHER OF ALL



INTRODUCTION

Sathya Sai Baba began this book with me on December 27, 2012 in His ashram, Prashanti Nilayam, in Puttaparthi, Andhra Pradesh State, India. We agreed that 2 pm every afternoon would be the time I would make myself ready and available to channel these essays from Him to my mind. I channeled the last essay on February 20, 2013 in my home in Halifax, Canada.

Baba gave the title, "NOT GONE I Am Still Calling" right away and I soon discovered that this book would consist of descriptions about the ideal relationship between Himself, the Lord, and the devotee through the path of bhakti or devotion to God leading to Jnana or Self-knowledge. His words are loving, inspiring and nurturing.

Those readers, who would like to read more of Lord Sathya Sai Baba's words, may view the Sri Sathya Sai Baba Books and Publications Trust website. The pure teachings of Sathya Sai Baba are found in the series Sathya Sai Speaks, compilations of His Discourses delivered over the past 65 years or so. The Vahini series of His Discourses are also very enlightening. Here Baba talks about Divine Love, Righteousness, Meditation, Divine Wisdom, Upanishads and other spiritual topics.

Forty-Five Essays

NOT GONE
I Am Still Calling

Bhagavan Sri Sathya Sai Baba



This book will be about the ideal relationship between the Lord and His devotee. My dear devotee Catherine will compile these talks into a book for you My dear devotees so you will know about this ideal relationship and strive to attain it. It is this ideal relationship between the Lord and His devotee that easily leads to Self Realization and Liberation. So let us begin.

When the devotee first hears of the Lord, there is not an immediate connection. The connection with the chosen form of the Lord must be cultivated by the devotee over time. Time has been given for this purpose, to know God and become one with God. It is God Himself Who makes the connection with the devotee inwardly. The devotee feels the pull from within, a calling from Spirit she cannot easily resist. The way the devotee interprets this calling is different for everyone. Some may resist the calling for some time; having too much investment in the world, too many duties and responsibilities, attachments, etc. But eventually that one will begin to make inquiries into the nature of truth, according to his own inclinations from past lives. Here I am referring to the different yogas: bhakti yoga (devotion), jnana yoga (knowledge), karma yoga (dedicated action), and raja yoga (meditation). Also, the path to the Divine is tempered by one's religion and religious rituals. However, the true call from the Lord, the

Satguru, comes when the devotee is ready to pursue the path to Self Realization in a concerted, determined way, and the Satguru knows who is ready. He has been with that soul for many lives, and knows the progress that has already been made, and that is yet to be accomplished. There is always a correct timing as to when the call is made. And also, though the Satguru, the Lord, may call, the devotee may not pay heed right away, being too much buried in illusion. But the Lord in His mercy keeps calling, giving many wake up calls, until the devotee makes a decision to turn to spiritual life in a determined way.

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When the devotee first turns to spiritual life, it is in a sporadic way. It takes a long time to develop commitment to spiritual life as the old ways of thinking and being continue to pull the devotee into the old ways. But by and by, due to the continuing pull from the Divine, the devotee learns to spend more and more time attempting to contact her spirit, and/or the Divine Satguru for experience of Atma. The more often the contacts with pure Spirit are made, the stronger the pull, the attraction becomes. Until, after some time, the attraction to Divinity becomes very strong and spiritual practice becomes a necessity in order to further the contact and make it binding. The devotee becomes more and more

attracted to the Divine and wishes to merge with the Divine completely.

Now, what is the role of the Satguru in this process? The Satguru keeps on inspiring the devotee from within the spiritual heart, through dreams, books, coincidences, and interactions with other devotees. Though mainly the devotee is fed Light from within the spiritual heart where the Satguru has full contact with the soul/spirit of the devotee. The job of the Satguru is to turn the soul and mind, including thoughts, feelings, and actions of the devotee toward God. This takes a lot of time and effort for both Guru and devotee. Every devotee is different so the Satguru must decide upon the best methods to turn the devotee toward spiritual life, and keep him progressing on the straight and narrow path over many years, even decades, and lives. It is very helpful to the progress if the devotee has already developed some faith in the Divine, as well as some trust in the Divine. It is very helpful if the devotee has ample love, faith and trust in the Satguru. It is not possible to surrender to one you do not love greatly, and have ample faith and trust in. So, the job of the Guru is also to cultivate these three, love, faith, and trust in the Satguru Who is the embodiment of God in human form. It takes time for these three to become strong and infallible. The Satguru must test the devotee many times to strengthen these three. If the devotee fails the tests, she may become discouraged, depressed and fall away from the Guru

for sometime, or leave the Guru entirely. This happens often that one leaves the Guru through disappointments, depressions, and doubts. But tests of faith, love and trust are necessary for the devotee to progress and strengthen resolve and commitment to these three. It is the gross and subtle ego of the devotee the Satguru helps to destroy through tests, whereby the devotee must accept and surrender, believing that everything that happens is for his own good and progress.

Veil upon veil of illusion has to be removed from the devotee's vision. Many situations and circumstances come about whereby the devotee has a choice to follow the ego's voice or choose Spirit's way of seeing. These are one way of being tested to see how much progress toward the spiritual ways of being has been made. The Satguru also gives inner tests by appearing to be distant and removed for periods of time. At such times the devotee must trust that the Guru is always there within the spiritual heart in which you have your Existence, watching and waiting to see your reactions. Can you remain in love, trust and faith, or will your ego react negatively, taking you in your mind and feelings away from spiritual life? Patience, perseverance, and purity are always very important in spiritual life. They must become well developed and strong. The Satguru gives ample opportunity for these to be made strong. When the devotee is made to wait for long periods of time, endurance and patience are developed. When

the devotee waits in this way, with love, faith and trust, purity of mind, feelings, and spirit are developed. There is no blaming, derisive remarks, or negative judgment of the Guru. The devotee should keep praying, trusting that the Satguru knows what is best to give, to not give, and the right time to give also. The Satguru does not make mistakes. He is all knowing, present everywhere at all times, and all powerful. He knows the past, present and future of the devotee. He knows the capacities and qualities of the devotee, what he is capable of accomplishing spiritually in this life, and how he, the devotee should go about it. When the devotee is very serious about spiritual growth and has dedicated his life mainly to this, the Satguru will give all the help necessary to see that he progresses. How? The Satguru continuously sends Light to his soul, mind and body; speaks to him inwardly all that he needs to know, and comes in his dreams to guide him if this is required. The devotee is expected to read spiritual texts to familiarize himself with his Satguru's teachings about advaita or oneness, and to maintain silence, inner and outer, for long periods of time. Meditation in silence is very important to realize the nature of Pure, Non Dual Consciousness or Atma, that is God, pervading the entire Cosmos.

Not all devotees heed My call because they are too much occupied in worldly pursuits, attachments and desires. However, it is My duty to keep calling and calling in spite of this, if it is time for the devotee to wake up and realize the Self. Those who are too heavily encumbered, I leave alone. And here I am mainly referring to psychological encumbrances, as it is mainly the mind that is responsible for separation from Divine Source. So those souls who have heavily bought into the world of name and form as the truth are not ready to wake up, and turn toward the Truth. The school of hard knocks, this earth school of karmic consequences for actions performed with ego sense, will in time cause the human soul/mind to wish to wake up to Truth, to something more enduring and fulfilling than what they now experience. So God also waits for the correct time.

Hopefully by now, My devotees have become familiar with My ways and know what I expect from them. My expectations are there only so they will have a framework within which to progress spiritually. It is for your liberation and the spiritual progress of humankind that I set rules for you to follow. Otherwise you would be running hither and thither with no clear direction to follow. I know the way, the clearest, quickest way to liberation so you, as My devotee, should be willing to follow My Teachings, My Commands. If I see that some

Teaching of Mine is not right for you specifically, at a certain time, I will certainly let you know. When you are centered on Me, praying to Me, I look after all your needs, prompting, guiding, and speaking to you. So be vigilant for these, as I am always aware of you at all times. Ask Me if you are unsure about a Teaching, rule or method, whether it is correct for you, and the answer will be made known to you. But ask with sincerity, not in a frivolous manner. Dedication to the spiritual path is important to Me and brings rewards of My Grace. Your duty is to keep dedicating yourself, mind, body, and soul to God, and surrendering these, which amounts to the same thing. Wholeheartedly offer yourself to Me, in the proper way, and you will have no more worries. When you and I are one, all is taken care of by the Divine. This state of Atma Nivedanam (complete Self surrender) has to be experienced to be believed. It is beyond the mind and intellect. It is total self surrender. Only in this way will you know you are totally God, the One Existence, Awareness, and Bliss.

4

As I have often told you, devotion to God is very important for a devotee. Without devotion, love for God, nothing can be accomplished. Intense love for God is not so easy to have. Why? The world of the senses has so very many temptations for the mind to get involved with and cling to. This is maya's hold on

the mind. But mind has no real existence. If you examine where mind is, you will not find a specific location or a specific thing called mind. Mind is a bundle of thoughts and desires. Remove them and there is no mind. So mind is the obstacle to loving, having devotion to the Supreme Being. But mind is not meant to be the master; it is meant to be the servant, to serve the interests of the Indweller, the Atma. You, the Atma, are to be the master of your life. Such is the illusion of maya that humankind has no idea about being the master of his being. He wavers between believing he is the master when life goes according to his wishes, and being a victim when they do not. Just because life goes according to your wishes, desires, and plans, does not mean you are master of your being. No, not at all. It only means you have good enough karma and grace that your wishes are being fulfilled. It is when your wishes are not fulfilled that you are able to witness how much of a master you really are. Can you remain equanimous, happy, in the face of disappointments, disasters, death, and derision from others? This is the true test of your mastery. Do you feel victimized when your rights are taken away? A mind that wavers when outside conditions are unfavorable, when negative feelings like anger, hate, sadness, and depression come and stay, indicate that you are not yet a master of your being. A master is always equanimous, no matter what happens. She knows the world of name and form is essentially false, always changing, coming into existence, and going out of existence.

What is Existence? It is the unchanging Atma, the Basis for the changing world of form. The Atma that you are is the changeless witness, consciousness of the world's antics. So mind is only there so long as you wish it to be there. You have a choice even though most people do not know they have a choice to have a mind or not have a mind. They do not realize they have a choice as to what to allow in through the five senses and what to disallow in through the five senses, particularly what is seen, what is heard, and what is tasted. All of these inputs, influences, need to be monitored by asking the questions: is it pure, is it non violent; will it foster peace and love in my consciousness and mind; is it righteous, dharmic; is it harmless; does it have any use or purpose? The discriminating, pure intellect must be used to discern at every moment what is conducive to purity and what is impure. Only allow what is pure to touch the vision, hearing, taste, smell, and touch. This is the way to develop inner and outer purity. Outer purity refers to the environment in which you have your physical, mental, emotional life. Your outer environment, your home, where you shop, work, walk, eat should be kept as pure as possible. Sacred music, sacred chanting, a burning candle, or aarthi flame, incense, frequent bathing, clean clothes, clean home, utensils, pure blessed food, all help to maintain outer and inner purity. If a devotee wishes to realize God Who is utter purity, this purification on an on-going basis is essential. Like merges with like. Your pure consciousness and

pure love can easily become one with God Who is Pure Love and Pure Consciousness.

5

Let Me begin by discussing with you the ways to become free from the mind that deludes and covers your true Atmic nature. First of all I would like you to know that the world you perceive with the five senses is not real. What is the world in truth? It is a combination of the five great elements. With the element earth there are many minerals and finer elements, the molecules and atoms of which combine together and join with other atoms and molecules from air, water, and fire. Added to these is the activating force, the primal energy that permeates and moves everything. And there is intelligence permeating all of this creation, governing, directing, and controlling all of it. So God is at the helm, creating, sustaining, and dissolving everything perceived by the mind through the five outer senses. Even the five inner senses that operate during the dream state are not free from the effects of the five outer senses and the mind, until the mind becomes greatly purified. This is because the inner subtle senses are subtle replicas of the five outer senses. Most of the material in dreams has come from the mind's interaction with the phenomenal world over time, even past lives, and has been stored in the subconscious and causal minds. Spirit sometimes

uses the stored material in the subconscious mind to fashion a dream for teaching purposes, that you see while the body is sleeping, if your consciousness is developed and pure enough to recall dream experiences. However, even dreams are maya, illusion; a panorama of the psychological state and past records of the dreamer. So do not take your dreams or your waking state experiences as having anything to do with your true self, the Atma, the witness. These two merely reflect to you the state of your consciousness, its purity and impurity. The more silence, peace, unconditional love, detachment, and harmlessness, there is in the consciousness, thoughts, words, and actions, the more purity in the entire manifestation. The existence of hate, anger, jealousy, lust, envy, greed, worry and attachment indicate impurities in the manifestation. These can only be permanently removed through inquiry and contemplation upon what is impermanent, unreal, and fleeting, and what is true and eternal, while eschewing, detaching from all that is transient including one's own life as a body/mind/ego. This is the only way to purify the consciousness and eliminate the sense, desire mind that is the cause of bondage to the unreal, false world.

I have already told you many times that I am prepared to go with you the entire way to your

liberation and beyond. It is really up to you to demonstrate that you are serious about remaining on this path, following My commands, seeking and following My guidance throughout. Trust is very important in this relationship between devotee and Satguru. If the devotee does not have trust in the Satguru, then the process won't work. It is quite rare to find devotees who have this complete trust in the Satguru that allows them to comfortably surrender their ego and false identity and merge into God Essence or Atma without fear. This trust has to be developed over time through mutual unconditional love. The Satguru feeds the devotee with ample unconditional love, bliss, peace and light from within the spiritual heart. The devotee responds with increased love and surrender to the immense love and light of the Satguru. The attraction to the Divine in the Satguru becomes all encompassing, so much so that the devotee willingly drops all attachments and wants only the Satguru's Divine Love, Light, Bliss, Peace and Eternal Life, which she has come to know and live in on a continuous basis. For the devotee this is fulfillment, being immersed in the sweet Love and Light of God. Here we are speaking about the formless God, though the form of the Satguru may remain for some time as a focal point. This process of moving from the ego and identification with the body and mind, to being the formless consciousness, the Christ or Atma, goes on steadily and silently within the spiritual heart, mind and body of the devotee. The Satguru and devotee have an internal

bond, Spirit to Spirit, that allows transfer of knowledge, guidance, Divine Love, Peace, expansion of consciousness, and much more to take place within the devotee. It all happens due to the grace of God working in and as the Satguru. The devotee is sincerely seeking God realization, is ripe and ready for the process to happen. He has the prerequisite qualities for God realization. He is pure in mind, he is open, fearless, loving, sincere, devoted to Truth, and willing to give up attachment to what is false. These are some of the qualities that must be present in the devotee seeking God realization.

Self surrender is very important here. You are only asked to surrender what is false, and what was never yours to begin with. Logically this would seem like an easy thing to do. But devotees may hold on tightly to these due to ignorance, control and fear. For example; in terms of self-surrender, the devotee is told to give up identification with her physical body. She was never the body, the body is an instrument of Atma, or Spirit, necessary to gain Atmic realization on earth. The dis-identification with the body is a difficult process, as the soul within the physical body has for so many lives identified itself as the body. Thus the spiritual work is to dis-identify from the physical body as oneself, and re-identify with Atma or Spirit as oneself. Proximity to the Satguru, inwardly in the Spiritual heart, greatly enhances this re-identification as Spirit or Atma if the devotee keeps a close relationship with the Satguru in the

Spiritual heart. Of course, a natural prerequisite for this nearness and oneness between the Satguru and devotee in the Spiritual heart and consciousness is the great purity of the devotee. Most of the conditioning in the mind, the psychological, and the consciousness must be removed over time through spiritual practices. It is only then that the requisite purity of mind and consciousness will be there in the devotee, so that the union with God can take place. The mind of the devotee must have a great amount of purity, emptiness, silence, and transparency for union with the Satguru's consciousness to take place on a continuous basis. Much has to be dropped from the mind, the psychological. So years and lives of spiritual practices must be performed to pull the mind inward away from the phenomenal world of forms to which it has become attached; attachments dropped; and attachment to the Divine, the Source, the Eternal, established. This is the work of the devotee. Satguru and God do not do this for you. Your consistent effort to free yourself from attachments to the false is indispensable to your freedom from bondage. What is false? Everything perceived through the five senses is false. All thoughts, feelings, emotions, except pure love are false. Only love is real, and Pure Consciousness, Existence, and Bliss called Sat Chit Ananda. This is the Truth that never changes, the Truth to be sought and found within and all around, as your true, eternal Existence, Consciousness, and Bliss. It is Omnipresent Atma, and you are That. This is God

realization when you live, exist as that Sat Chit Ananda at all times. Then there is no more compulsory birth into a physical body, and no death, because there is no more karma, which is the cause of birth and death. It has been mystically burnt in the fire of True Knowledge.

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It is My supreme pleasure to speak to My devotees and others who will listen, to tell them about this sublime relationship between the devotee and the Satguru. There is no other relationship like it. It is formless, supremely loving, caring, kind and respectful. It is of the nature of eternal, unconditional love. Though both are free, they know they are also one, one Spirit, one Atma, love to love. It is an utterly pure relationship, as it is centered in Divine Love. The Lord, the Satguru, the embodiment of Divine Love, wants nothing from the devotee except devotion to God. And the purified devotee wants nothing but God; that is, Supreme Love, Peace, Bliss Eternal. The proximity of the Satguru to the devotee allows this fulfillment for the devotee to take place. When the coal is near the brightly burning fire, it too becomes lit and burns brightly. So the proximity of the devotee to the Satguru is very important for God realization and manifestation to occur. How does this take place? The devotee thinks of the Satguru all of the time, to the exclusion of everything else. In this

way the mind becomes purified. Remember the mind can be a useful tool to deal with the world, but can also be detrimental to spiritual progress. It blocks awareness of Spirit or Atma, the Satguru's Pure Consciousness, Pure Spirit. So the devotee by keeping the mind fixed on the Guru at all times, not only attracts the Satguru's Grace toward himself, but also enters into the Satguru's Essence or Consciousness, which is God Himself. The Satguru is God. Sat means Truth, Guru means one who removes ignorance. So the Satguru removes the ignorance of the devotee and shows him the Self or God, his true Self. This is a gradual process usually. The devotee again and again enters into the Guru's consciousness, while the Guru blesses him, surrounding him and entering him with His Divine Light. There comes a time when the Satguru and the devotee remain together as one. At this time the devotee has gained a level of Self realization, knowing his self to be God. The devotee has no more doubts about his true identity as God, and though he still lives in a body, he knows without a doubt that he is not the body, and not the name and personality identity that others believe him to be. He knows experientially, continuously, that he is Atma or Spirit, that he is Pure Consciousness, the Witness, and the same Essence as his Satguru.

The Satguru has His freedom from all that is false; the fleeting world of form and phenomena. He is attached to nothing, has no desire except to help

humankind become free like Himself. It is His unwavering love and compassion for suffering humanity, animals, and all of life that he embodies, that motivates Him to heed the call and cry of those seeking solace and comfort, and gives them the knowledge of how to become free, peaceful, content and happy. The Satguru is not only God's representative, but is God. There is no difference between God and a Satguru. All the power of God is resident with the Satguru Who is omniscient, omnipresent, omnipotent. He is constant integrated awareness, being present everywhere at all times. There are many so-called, self-styled gurus in the world, but few genuine Satguru's, who can without fail, take the devotee to the goal of Self realization. So seekers beware. Test the one you seek to surrender your life to. Find out all you can about the Satguru before you enter into this deep, self-effacing, ego destroying relationship. Seek out testimonials from satisfied enlightened devotees, read the Teachings of the Satguru, feel the purity and love of the Guru. If you feel great attraction and love for the Being of the Satguru, this is a good indication He is for you. If you sense a great deal of Peace, Bliss from His Atmic radiation, a great amount of love in His speech and actions, selfless actions for the uplift of humanity such as free schools, universities, free hospital care, free food, these are indications of His love, care, and compassion for others.

If He asks for no money, for nothing from you except your devotion for God, and your earnestness to purify yourself and devote yourself to spiritual practice for God realization, this is a strong indication He is a true Satguru. If He tells you He will go all the way with you, and never leave you, hold onto Him with all your might. He is a true Satguru whom you can depend on completely to help you surrender to God and become one with God. I tell you all these things so you will know who is authentic, and who is out to take your money, time and dupe you. A true Satguru is rare, but also rare is a true devotee who will not leave her Satguru over minor disappointments, weaknesses and impurities in the devotee's character. The Satguru may test the devotee over many years before he takes him on as a disciple. The Guru does not wish to waste His time with those who are not pure, ripe, and ready to surrender the ego, body consciousness, and who are not highly motivated and devoted to God realization. We are here talking about the highly sacred knowledge, wisdom, love and light of the Divine which is conferred only on the sacred, pure, deserving devotee who will cherish and revere it, keeping it pure, and uncontaminated forever.

I do wish you to understand that this is not an easy path for the devotee, not as easy as it may sound.

Much has to be given up, let go of, to realize the pure consciousness that is the God Self. It is best if the devotee is ready and wishes to surrender everything for this Love Divine. In order for this to happen, the devotee must develop great love for the Divine in the Satguru as well as great trust in the nature and abilities of the Satguru. A wavering mind and doubt and worry retard progress and waste time. Once the firm decision based on trust and love is made, the devotee should not waver and doubt. The process of moving from ego-consciousness to God consciousness requires great patience, perseverance, and purity. The Satguru wishes to develop these in the devotee, as the nature of God is timeless, eternal, detached from what is untruth, always perfectly equanimous, equal-minded in all circumstances and situations, no matter what. So if the devotee has developed a great deal of patience, perseverance, and purity, he is closer to his goal of self-realization.

As I have said, the mind must be firmly attached to the Satguru. How? By visualizing His form and repeating His Name; by remembering His qualities such as love, compassion, kindness, caring, peace, bliss, contentment, and equanimity, etc.; as well as by remembering His Glory, His omnipresence, omnipotence, omniscience; His Miracles of uplift, manifestations and healings performed through His Divine form. All of these have been performed through the form of Sathya Sai Baba in the millions during My Advent. Is this not enough to contemplate

upon? Ask any one of My devotees and they will have dozens of personal episodes and stories of unconditional love, My guidance in interviews, dreams and in the consciousness as well as miracles and manifestations to speak about. These are all sacred food for the devotee to contemplate upon, along with My form and Name. Such contemplation will lead to meditation and absorption into the God consciousness that I am, whereby the devotee realizes his own purified consciousness to be God consciousness. However, it must be emphasized that the purification of the devotee's mind, intellect, and consciousness is extremely important here. Like merges with like. If the mind and consciousness of the devotee is heavy and cluttered with so many ideas, beliefs, worries, negativity in the form of anger, hate, jealousy, envy, lust, greed, many mental conditionings, as well as the ignorance that, "I am the body/personality", there is no possibility for this merger of devotee and Satguru to take place. The devotee must inwardly renounce all attachments to everything except God consciousness and Love. Then the mind will not cling to anything; it will be pure, transparent, and empty. Such a pure mind will easily take on the nature of Pure Spirit, Atma, and reflect and manifest it in the world without attachment. Such purity and freedom of Atma has great sublime attraction, being full of bliss, peace, and contentment. Nothing in the world can be seen as attractive as the Supreme liberated Atmic state. The small "i" has disappeared, so there is no one to find the objects of

the world attractive. The liberated Atmic state is omnipresent being the basis of the manifested world. The liberated one is everywhere, forever eternal.

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It is My expressed Will that all My devotees be liberated in their present lifetime. If they are not it is because they have not applied themselves sufficiently to the task. It is up to the devotee to take full advantage of the time and opportunities afforded to him as a result of the advent of this avatar having been on earth for 85 years. The Teachings, the Divine Presence, and the plentiful Grace have been supplied. It is up to the devotee to turn his entire being toward the Divine using the Divine gifts that have been given, and that are ever flowing from this Avatar. The devotee must take the full initiative to pursue the path to God realization, and pray for the grace to remain one-pointed and not stray away into the dry, dreary desert of worldly life. Attachment to anything is bondage and creates impurity in the consciousness. So the devotee must be vigilant at all times to keep the mind fixed on Truth and nothing else, until full realization is attained. Discipline is very important here. There must be discipline and will to hold the senses firmly lest they venture out into the world of sensual objects. For a man the great attractions are toward wife, son and wealth. These are the attachments men find difficult to give up. Generally

women do not have these attachments, though mothers do become attached to their children. This is natural to some extent so the child will be properly nurtured physically, emotionally, mentally and spiritually.

It is My hope that devotees will follow My Teachings and My example and free themselves from bondage to this illusory world for once and for all time. Why to go through another round of birth and death when you have the knowledge and My eternal guidance to help set you free? Only your resolve is needed, My devotee, to remain on the path until the goal is reached. At this time in the evolution of humanity on earth, there is present an abundance of higher spiritual energies on earth from many highly evolved beings. So the opportunity for spiritual liberation and ascension is greatly accelerated at this time. What may have taken yogis and those seeking God realization in the past many lives and decades, may take 10 to 15 years or less at this time in the soul's evolution. This is a time of harvesting of souls, bringing them home to God Self, also called mass ascension. So it is very important that those seeking God realization do not waste this opportunity to realize God. An opportunity like this for ascension will not come again for millennia. This window of opportunity for God realization includes also the advent of the third avatar, Prema Sai Baba, whose lifetime on earth in the near future will provide a

great opportunity and inspiration for more mass spiritual liberation and ascension of human souls.

10

When I see My devotees wasting time in idle pursuits, gossiping, etc., I am not happy with them. At such times I turn away, though I am still aware of what they are doing, thinking, and feeling. I leave them alone until they reform their ways. How do I leave them alone? I do not speak to them, send shakti (energy), or Light, or come in their dreams. I may come in a dream to show My displeasure, and to correct wrong habits, if I see that this is warranted in order to set the devotee on the correct path. I always wish the best for My devotees, so I help them in many ways. If I see that a devotee is not progressing due to wrong habits, and poor sadana (spiritual practice), I sometimes give a jolt to wake that one up to begin again in earnest to purify herself in mind, speech, and actions. What do I mean by a jolt? I find a way to shake her life up a little so she will again get back on track toward the goal of God-realization. For example, I may cause her job to end or some other loss that would be disturbing to her mind, though beneficial in the long run to her progress. I am very much interested for My devotees to progress spiritually. If in their weakness and ignorance they fall off the path, I help them to get back up to where they were and to progress further. Like a kind

mother, I care for them and nurture them along according to the ways I feel are best suited to each individual. I love My devotees dearly, and will never leave or forget about them until they have succeeded, However, if they willingly leave Me, that is another matter. Still I watch them, waiting to see if after some time they change their mind and come back to Me again full of repentance, with renewed love and devotion. I accept them back with open arms, and we resume our relationship until there is only one, not two, in the devotee's mind and experience. Of course for Myself, there is and has ever only been One. Separation of Spirit is an illusion, based on identification with body/mind as a separate self. So in this way you may trust Me, that I will help you remove illusion of separation, and show you there is one Truth, one eternal Life, and you are indeed That.

11

While it is true that you are never really separate from God, in you own mind you feel you are separate. This is due to the illusion of a separate physical self and all the faulty ideas and beliefs that go along with this first mistaken belief. Your faith in the truth of the Atma must be strong in order to overcome this mistaken identification. What else do you have other than your strong faith in the Truth that you are Atma? Well, you have the constant support and guidance of the Satguru if you are

fortunate enough to find one who is willing to take you on and support you to the goal of God realization. The Satguru does not take on all who claim to be His devotees. He first scrutinizes the inner workings of the devotee, that is, the mind, intellect, emotional body, as well as past lives, to see the fitness, capacities, qualities and ripeness of the devotee in terms of potential for God realization. Is the devotee capable of great faith, trust, confidence in the Satguru, and the path laid out through His Teachings and commands? The Satguru must assess all of this, and make a decision as to whether to commit to this long term relationship with all its ups and downs. The Satguru will decide upon the devotees who have a great amount of love, devotion, and wisdom, discernment, commitment, earnestness and loyalty to the Satguru and to the path to God realization. These are the devotees He concentrates on, because they will make quick, steady progress to God realization.

There is another category of devotees who will not make fast progress, due to karma, faltering mind, lack of full faith, etc. These I watch, giving assistance here and there. As they are not fully committed in all ways, they do not receive full grace. This is the largest group of devotees, many of whom still have attachments, impure minds, and lack full surrender to the Divine. It is their job to correct and improve these conditions, not God's job. They need to take the spiritual path, the teachings of the masters and

Satguru more seriously. Then there is another group of so-called devotees of this Satguru, Sathya Sai Baba. They tell others they are My devotee, but their devotion is very shallow. I need not say more. They know who they are.

12

I have told you many times that it is not necessary to revere My name and form to draw My Grace. Any name and form of God will do. I respond to worship of and devotion to all names and forms of God as well as to the formless God. My form is not who I am though you may use it as a focal point for your adoration of God. At some point in time all devotees must go beyond the form to the formless God, the Atma. This formless God has been given many names such as Allah, Brahman, Paramatma, Jehovah and so on. All the incarnations of God such as Lord Krishna, Lord Rama, Lord Jesus, and so many others, denote both the formless and God with form. When God incarnates into a human form, He does not lose sight of the fullness of His Divinity. He never identifies Himself with the physical body He wears. Though humankind may look at the form into which the Supreme God has incarnated, and see only a man, a human form, this is not the Truth. The vision of most humans is faulty; the mind is faulty, full of illusion and delusion. You can know God in human form only with a pure mind and pure heart. With this

purity you can feel His unconditional love, purity of consciousness, and mind, bliss, peace, all the qualities attributed to God. With purity you can hear God speaking to you within the spiritual heart anywhere you may be in the world. My close devotees I converse with where ever they may be in the world, in the universe, in fact. Many books have been written comprising the inner conversations between Myself and My devotees, which are saturated with the highest spiritual teachings.

Man projects God in his own image. However, God is formless, though He may and does take a human form from time to time so that man who has lost touch with his Truth, his Divine Essence may feel a kinship with God through this human form. As I have said the human form is a vesture worn so God may move about and talk to humankind in order to give counsel; all the time blessing and conferring different types of Grace depending on the need and deservedness of the recipient. I came recently in a human form as Sathya Sai Baba for a few main reasons. The first was to raise the consciousness of individuals, hundreds of millions of individuals to avert a world-wide calamity. I infused their hearts with My Love and Peace, and Bliss, and this precipitated a transformation in each individual that raised their consciousness to higher levels whereby they saw that only Love and Peace were valuable in life, not conflict and disharmony. These ones continue to receive My Grace for God realization, as

they pray and meditate, think, speak and do what is good and beneficial for themselves and all others. The second main reason I incarnated was to show humankind the path of dharma, or righteousness, which has been largely ignored. The world is so full of corruption and all cardinal sins that God had to appear in human form to show man the way back to proper moral and ethical behavior. Help ever, hurt never; Love all, serve all; Love God, fear sin, and practice morality in society, are a few of the maxims I continuously taught, to put humankind back on the path to right thoughts, speech and conduct. You may ask why would God care to do this. Humankind was descending to a level below animalistic; that is, demonic; in danger of not being able to redeem itself for many lives. The results of the demonic actions of many on the world produced great suffering for humankind. This demonic activity by many so-called human beings had to be stopped. I did not come to kill the demons this time. I came only with Love, Peace, and Wisdom as My tools for transforming humankind to higher levels of consciousness, which has led to a critical mass of higher consciousness bringing more Divine Light, Love and Peace into the collective minds and consciousness of humans. Many other high beings from Higher dimensions are working alongside Myself to bring about this great shift in consciousness on planet earth. During and after My next incarnation as Avatar Prema Sai Baba, a great change will be apparent on the earth. There will

be more Love, Peace, and cooperation among citizens and leaders on planet earth.

13

I am prepared to help My devotees whenever they need My help. Their need must be sincere and related to the goal of Self realization. I know the needs before the devotee asks and will fulfill without the need to ask. This is how the relationship between Satguru and devotee works. As there is no separation, I take on the devotee's needs as My own. This is the result of complete surrender to the Divine. However, the devotee may complain that such and such problem, trouble, or need has not been resolved. Surrender implies that patience, trust and faith are needed. When the Satguru knows your every thought, He knows everything about you. Sometimes there is a test or a lesson to learn. So a devotee must be prepared to have patience, endurance, and perseverance, and ask to see or know the test or lesson. The Satguru will surely answer and make known to the devotee why a particular situation or circumstance is there, and how to deal with it.

Now onto another topic; I see that many of you wonder if Sathya Sai is returning in the same physical form He left. The answer is categorically, "No", He is not". My return to a physical body would not at all help you to progress to the goal of Self realization. It

would, in fact, retard your spiritual growth. Why? You are formless Atma, Spirit. This is your goal; to realize this Truth. My physical body was never Truth and neither is yours or any other physical body. I wish for you to progress to spiritual fulfillment, not regress. Do you not see? You must mature spiritually. By having left My body earlier than I had originally planned, you My professed devotees, have a greater opportunity for spiritual progress and liberation. I saw that for most of you, coming to take My darshan every day, you became stuck on the physical form, and did not make much effort to go beyond. Now all your efforts should be to realize the formless Atma as your Self and My Self, and thereby reunite with God. This is what I wish for you. Do you not care for My wishes? If you did, you would progress, and thereby increase My joy in you.

14

It is My expressed desire to know My Self, God, through My devotees. How else could I know My Self as I am only One without a second? So I created human beings in My own image, and likeness. What do I mean by this? I extended or projected Myself into the phenomenal world as seemingly separate sparks of Myself called souls or jivatmas. These souls in the beginning were just like Myself in every way, made in My image. The only difference between My images and My Self, God, was that they gradually

began to lose sight of their Divinity, their oneness with Me, and became lost to their true Selves due to over identification with matter. This is the situation today and for the past hundreds of thousands of years. My plan in creating offspring or extensions of My Self was to know My Self, to create My Self anew in as many variations as possible. You see, God creates like unto Himself, that which is True, Good and Beautiful. It is the ego sense that developed in humankind that creates unlike what God creates, though God is the only doer. As humankind has lost the awareness of its Divinity, it does not by and large speak and act from this Divinity. It is not that My Plan has gone wrong; it has gone from the extreme point away from awareness of its inherent Divinity.

I have come to set humankind on the correct path back to Truth and Righteousness, Peace, and Divine unconditional Love. I am calling My lost sheep, My Divine aspects back to Me so they may know their true nature, demonstrate it on earth, and return to blessedness. As these My parts, My Children, created in My likeness, hear My Call to return home to oneness with their Father, Mother God, they will again begin to demonstrate their Divinity, their Divine Love, Righteousness, Peace, and Truth on earth. They will each manifest Me, My qualities, on earth. They will find complete fulfillment in Me Whom they rejoin, and turn away from worldly sensual joys and attachments. They will live in the world in a physical form without attachment until

the time of dissolution of the physical form. These My children who were lost to their Divine Self, will rejoice greatly in the Love and eternal Life which is the nature of Father, Mother God, the All-That-Is.

I tell you these things to refresh the memory of the soul. All these things are known to the soul, which has been buried in material concerns for thousands upon thousands of years. Awaken now and claim your Divine inheritance. I have walked the earth for 85 years, hastening this awakening, turning minds and souls back to their Creator, so they would once again know eternal Love and Bliss. Many have heeded the call. I am still calling and will continue to call until all my Selves return to Me in jubilation. I am completely aware of all that goes on in all the worlds. I see the suffering of humanity. I am speaking to you all to tell you that your suffering will never end until you turn completely to your Lord and Creator and merge back with Him. There is no lasting happiness or Peace in the phenomenal world. It is to be found only in the spiritual heart, a dimension of eternal existence that is open and available to all human beings, that intersects with this dimension in which you lead your lives. This Atmic Spiritual dimension is with you now. Because it is subtle, and the mind is cluttered, you keep on missing it. But it is yours for the taking; it is free. The only price tag is your perfection and purity of mind, heart and consciousness. And I am here to show you, as previous incarnations of God have done throughout

the ages, how to return home and rejoin with God your Source. It is up to you to choose this path that I am showing you, or remain attached to the false world of things, beliefs, ideas, and be born again and again to fulfill your desires and attachments, and experience all the dualities of pleasure and pain, gain and loss, happiness and misery, etc. Surrender to your reality, your soul, get off the wheel of karma, and the cycle of birth and death, and become free for ever. The choice is yours as to when; the goal is certain. You will return to oneness with your Source. I am always calling you home, ready to help you and go with you as your nearest and dearest Self.

15

What does the Satguru expect from His disciples? Strict obedience to His Commands, and His Teachings would be ideal. Though it takes time, effort and discernment to know exactly what the Satguru expects in order for the disciple to progress spiritually. Really, it is all laid out in the Teachings. It is up to the disciple to familiarize herself with them, and attempt to follow them as best she can. Mistakes are acceptable as long as one learns from them, and does not knowingly repeat them again. Though the Satguru is the embodiment of Love, He expects maturity and self discipline from the disciple at all times. The path to total freedom is difficult to navigate; there are so many temptations, and inner

flaws within the psychological of the disciple. One by one these flaws must be removed with awareness. If the disciple has not developed sufficient awareness, progress will be slow. What do I mean by awareness? The ability to step back and watch yourself, your thoughts, emotions, feelings, impulses, actions, attachments, desires, beliefs, convictions, everything that presents itself in front of one's awareness. Next comes discernment, spiritual discernment. The disciple must develop the ability to immediately know whether what comes into awareness is false, ephemeral, useless, hurtful; or good, useful, loving, and so on. If it is useless, harmful and false, discard it right away; give it no energy or attention. If it is useful, beneficial, necessary, you may decide to use it. For example, a thought comes into awareness to do something useful for someone whom you know needs help. Do it if you can.

Another example: A thought comes to go to the shopping center to spend idle time. Immediately discern that the time may be spent more productively, doing service to humanity where it is needed, or doing spiritual practice like meditation, reading sacred texts, etc. If a feeling of depression comes into the mind and wishes to linger, do something uplifting for yourself or another. Affirm that you are a child of God, that in fact you are God; do some positive affirmations about your true nature as God, listen to and sing bhajans (Divine songs). Do something else spiritually loving and nurturing for

yourself, such as calling a devotee who is loving and uplifting, eating a nourishing meal and offering it to the indwelling Divinity. Have a list of spiritually and psychologically uplifting things ready to use when a negative feeling or emotion comes and persists. In this way the negative energies will be no longer welcome in your being, and stay away. This is part of the work of the disciple, to watch vigilantly everything that comes up in the being and discern what to do. Sometimes, in fact quite often, it is enough to simply watch, disinterestedly, in a detached way what comes on the screen of your consciousness. You are the watcher, the master. You must discern what to pay attention to and what not to. This is the path to purification of the mind and consciousness, to be the Master, the Witness, and allow only good, loving, beneficial thoughts, feelings, speech, and actions to have a place in the being. So I would advise not to watch useless, negative, television and movies, or read newspapers and magazines that keep you attached to what is false and fleeting, and which can attract negative energies into your mind and energy field. You are energy and consciousness. These need to be protected by you, the Master of your being.

I advise chanting, repeating God's Name and other sacred mantras, listening to and singing sacred music, listening to and practicing what you hear from sacred discourses, meditating twice daily, performing all your duties well and dedicating all actions to God

Who is the true doer of all actions. If time permits, perform service in society where it is really needed. All of this will fill your day, and you will feel happy as your soul will be nourished by all of this. Anything else is a waste of time and leads nowhere. You need to reduce your desires and attachments to what is perishable. Becoming attached to God, your Source, will remove all other attachments. Deep love for God removes all desire and attachments to worldly forms. One feels so full of Peace, Contentment, Happiness, and Love in surrender to Truth. This is freedom, liberation, eternal Existence.

16

It is with great Love that I come again to tell you about this precious relationship between Satguru and disciple. I love My disciples dearly. They fulfill Me and I fulfill them. It is a mutually loving, beneficial relationship. Though the Satguru is independent, free and self sufficient in all ways, God is always seeking to share love, pure unconditional love with and through humankind, in order to manifest Himself on earth. It is the pure love of the devotee of God that attracts God to the devotee.

It has always been easier for a human being to relate to God in a human form than to the formless God, at least in the beginning. This is one of the main reasons God incarnates on earth. So the devotee seeking God

can feel a kinship, and a closeness with God through His human form. This love between God and the devotee has a greater opportunity to fully develop in the Satguru and the devotee relationship. It is more difficult to develop full and complete devotion for God from the formless only, in the beginning, unless one is very advanced spiritually. Most devotees begin the love affair with the Divine from worshipping a form such as Lord Krishna, Lord Rama, Lord Shirdi Sai, or Lord Sathya Sai Baba, Lord Jesus, Lord Buddha, Lord Shiva, and so on. India is replete with forms and incarnations of God, that have been worshiped through time, leading to God realization and liberation.

I can safely say that you will not attain God realization while worshipping God in a church or temple. You must worship God in your spiritual heart and become one with Him there. That is the only way to attain God. God realization begins with you, because you are yourself God, albeit a hidden God, not yet fully apparent and manifest. The job of the Satguru is to show you your divinity and aid you to uncover and manifest it through the vehicles of thought, speech, and actions. This is what God expects from His creation. That humankind and to a lesser extent the animal kingdom, manifest God on earth. So that God may know Himself through all his manifold creation, and His creation may know Him, the One without a second. It is a case of God expressing and becoming God through His creation.

In truth there was never a separation between God and His Creation. It is all an illusion in the minds of the so-called created, due to identification of the God Consciousness in creation with a false physical /mental state of being. The Soul, the Atma is and has always been divine, one with God. The job of the Satguru is to help remove the false sense of identification that has taken root in the mind/soul of the devotee, hence the need for great purification of soul, mind and body.

17

I am here again to tell you about this delightful relationship between the Lord and His devotee. Though you may not know it, it is the most loving relationship a human will ever have. Pure love is all the Lord wants, and all the true devotee desires. It is this pure love that is the Essence of God. How can a human being who lives in selfishness and self interest, polluted with hate, anger, jealousy, and greed, etc., ever know this pure love that is God? It is not easy, but is the only thing worth knowing in the entire universe. God takes the first step in order to help a human being realize Him and His love. How? In many, many ways. For example, when a human is truly down and out, suffering a lot due to the results of his bad thoughts, words and actions, help will come to him in some form or the other. It could be help from a relative, friend, co-worker, or stranger,

who has heard the call of God to help his fellow man. The suffering person will then feel a glimmer of hope, some happiness, that there must be some goodness, some love and caring in this world. If he could but catch on to this spark of love felt from another, remember it, and also help others who are suffering, he can build up his confidence in the existence of goodness and love, and seek it out in all circumstances of life. God Who is Love is immanent in the world; He is every where present. You can see and feel Him through a pure heart and mind. He is in every cell and atom of creation, supporting the life of humankind in all ways. Unfortunately, humans do not realize this due to the ego and the sense of doership. There is only God doing everything, moving everything. He is the only energy in the universe. He lives in the body doing everything. All bodies are His bodies that He creates, sustains, and dissolves. You are God. God and you are one. When you know this there is no longer any reason to fight with anyone, as you are only fighting with yourself, or God. However, in the case of unrighteousness, it is necessary to stand up for what is good, fair and loving, if not by peaceful, loving, strong words, then by stronger action. There is a stage of realization that comes whereby one knows that all is the play of the Lord and that no one really suffers or dies. It is the ego, the mistaken identity as a physical form, mind and ego-sense that suffers. You and all others are the Atma, the imperishable, unchanging, eternal Divine. You are not the body that covers the Atma; you are

not the mind that is a bundle of thoughts, desires and attachments; you are not the emotions that are fleeting and changing energy patterns. You must realize all of this experientially. How? By merging with God or Atma in the spiritual heart, and keeping your mind there until you realize that all is the play of Atma, the Lord, and in Truth you and He are One. The world you look upon is a huge ever changing drama, and all beings are His puppets, until such time they realize their oneness with God. This is the true wisdom and knowledge that will set the soul of the devotee of God free. You will not find it so clearly expressed anywhere as through an enlightened, God-realized being or a Satguru like Myself, and in the many scriptures comprising Hinduism. The pure unadulterated Truth is to be found here, clearly stated and expressed. I am telling you this so you may not waste time with other so-called paths to God that are very unclear, ambiguous, difficult to follow, and where you are left on your own to go it alone. This is not right. Every devotee needs a Satguru to keep her on the straight and narrow path to God realization, and to find one that will stick with you to the end is rare and very fortuitous. Hold on to Him and be grateful for the great opportunity and grace that has come your way.

It is My great pleasure to again share with you My thoughts, My Teachings about the loving relationship between the devotee and the Satguru. Down through time it has always been the same process. That the devotee must sit near the Satguru, if not physically then in the spiritual heart. This nearness is extremely important. Though it is now not possible to sit near this Avatar physically, My devotees and others seeking to secure My Grace, must be near to Me in mind and heart. How? By thinking of Me, feeling Me, dedicating all thoughts, speech and actions to Me. As I have already told you, any name and form of God I respond to as I am all names and forms of God. Whatever form of God you adore and revere, use that one to reach Me, the formless Absolute. As I am in all hearts as the all pervasive Atma, you may have a close intimate, one-to-one relationship with Me there. But it is up to you the devotee to nurture this relationship as much as possible. How? By remembering God in your heart all the time. You will discover that God is also in your body; the body is actually His body, which you must offer to Him in order to be His instrument. Why? To manifest God in the world; to realize that you are God in human form. This will give you maximum happiness and bliss, this union with God that the world of forms can never give you.

So the devotee practices sitting near to God Who dwells in the spiritual heart. Why do I say sitting? It connotes remaining in one place, not moving all over the place. You know the mind tends to roam everywhere. Tame the mind and have it sit still and silent in the Presence of God in the heart. This takes a lot of practice, attempting again and again to connect to God. This mind of yours will either be a hindrance or a help to this process of sitting near God. So you must examine the mind and root out useless thoughts and qualities; that is, completely purify the mind from what is not useful to God-realization. Then have the mind adopt what is useful to God-realization.

What is useful to God-realization? As I have already told you, chanting, repeating the name of God dear to your heart to remind the mind where it should sit, and to keep it from wandering into the market place, and other places is what you should do. Set some time aside several times a day to practice sitting still and quiet. After some time, years, you can be anywhere, and remain chanting God's name, and the mind will remain in the heart. Even though the body is active performing some duty or the other, the mind is in the heart with God. This is a later stage and the goal to be attained through practice. God is with you throughout, helping the earnest, sincere devotee to realize Him. How does He help? He sends blissful, loving energy from the heart to the devotee, which the devotee feels in her body and mind. She responds with enhanced love for the Divine residing in her

heart and body. God sends rods of energy into the being of the devotee, ranging in intensity from mild to strong. Why? These rods of energy contain Grace in the form of downloads of spiritual information, purification, as well as reassurance that the devotee is proceeding well in her spiritual practice. She feels happy to receive this Divine confirmation through bursts of energy from God in the Satguru. At times the Satguru surrounds the devotee with a blanket of Divine light whereby the devotee feels completely one with the Satguru. This is a very confirming and blissful experience for the devotee, which usually brings tears of love and bliss for the Satguru due to experience of great Love, Bliss and Oneness with God.

The Satguru knows how and when to encourage and reward the devotee, so that he progresses well toward God realization. One must trust the timing of the Satguru in supplying this Grace to the devotee. There are many factors that decide the type and timing of Grace. One is how lovingly committed the devotee is to the Satguru in the way and frequency and purity of spiritual practice. The more commitment of time and love in the practice, the more Grace is supplied via the heart of the devotee, and in other ways. What other ways? By looking after all the needs of the devotee materially, emotionally, and spiritually. Such devotees of God never suffer. They completely trust in the Divine Satguru, and are

always happy and fulfilled spiritually and in other ways.

19

My devotees are so dear to Me. I love them one and all. But what is a true devotee? What are her qualities and characteristics? I will tell you. She is bright, intelligent, in the sense of being very aware of her inner and outer conditions, and circumstances. She has a great amount of renunciation. Of what? What is false and not of the nature of Truth; that is, the world of name and form. She is intent on knowing and becoming Truth, the unchanging, eternal, loving, blissful Truth. Her mind does not waver. She is always focused on the goal, whether on the form of the Satguru or Light. She has no doubts; they have all been satisfied or given up. Her faith and trust in the Satguru Who is the embodiment of Truth are unshakeable. She is fully surrendered to God, having no desires for her self. She knows she is not the name and form, so there is nothing to desire. All her needs are fulfilled. The Satguru looks after everything. This state has to be experienced to be known. It is a state of freedom from all worry, anxiety and stress. She lives in God consciousness with God, immersed in His Love and Bliss. God works through her body and mind to shower Grace on the world. She and God are one. She knows this experientially, unshakably. Her wish is to be a perfect instrument for God to manifest

Himself in the world. Her devotion to God is perfect and on-going. She thinks of Him continuously, offering everything to Him. For her, most of the time, there is no mind, just Presence or Being. This is the state of the ideal devotee living in the material world, but not of it. Nothing of the material world can influence or disturb one whose mind is in God. A natural detachment from material concerns comes about when one is intent on merging with God's consciousness/being. Desires and attachments melt away by His Grace. There is no comparison between the attraction of God and the attraction of worldly names and forms. God's attraction is superlative, never-ending, fascinating, fulfilling. The souls of the embodied world cannot resist it, once it has been tasted. This is due to the will of God that all souls return home to oneness with Him. He makes it happen when the time is ripe, the devotee ready.

So now that you know the main characteristics of an ideal devotee, I hope you will strive to purify all levels of your being to make yourself ready for the greatest experience a human being can have. What is it? Merging back with God from Whom you have come. I bless you that you prepare yourself well and make speedy progress toward this goal. I am always ready to help a sincere, pure, loving devotee in all ways. Call on Me, pray to Me, and I will answer. Do not delay. Time is precious and fleeting. Time is God given to you for just this purpose. To know yourself and become one with God now, the eternal now. You

are living in two worlds simultaneously; the world of time and the eternal now. When you continuously live in the present moment, you are in the eternal now where God is immanent. So do not keep your mind, your awareness in the past or future; keep it in the present moment where God abides. You cannot know God in the past or the future, only in the eternal present moment of being. Practice this well and you will make good progress to God realization.

20

Just as you need not do anything to earn God's Grace, it is also true that there are some things you must do. What do I mean by this? You are already God, but this Divinity is covered by falsity which obscures it from awareness. What are the things a devotee must do to earn more Grace, Grace for realization? He must dedicate all actions, thoughts, and words to God dwelling within and around him. This is the way to not only purify these instruments, but also to sublimate the ego sense. You would not offer anything through your thoughts, speech and actions to God that is not pure. So the devotee must always be acutely aware of what he is thinking, saying and doing at all times, and make certain they are pure and pleasing to God. By doing this he comes closer in consciousness to God, the Indweller living in and as Him.

How does this process work? God Who is immanent in the devotee, the Truth of the devotee, has been hidden from him for a long time, thousands of lives. The time has come for him to know God experientially. How? The devotee has heard about God's existence, His omnipresence, omniscience, and omnipotence, and he has faith in these. He reads and reasons that, "Yes", if it is true that the Lord is omnipresent, and omniscient, then God is in Me, in my body, and knows everything about Me. Reasoning thus, he sees that if God is omnipresent, where is there room for, "me, myself and I?" After deep self inquiry, and as the result of Grace, the devotee comes to see that the body is full of divine consciousness and divine energy that is God. That even the covering called the body-encasement is also made of energy, because matter is energy. So everything the devotee thought he was is divine energy and consciousness known as the Atma. He sees that who he thought he was, that is, a separate, individual entity, who is the doer and agent of "his own" life, is a mistake, untrue, like living a dream existence. He comes to know that he is one life, one existence with the one God, Who is existing in the body; and also that the body is not his or him. The body is offered back to God the rightful owner, Who created it in the first place. The body is now seen as an instrument for Divine energy, consciousness to work through. This is a very condensed version of the process of union with God where the two become one. It would not be possible for life to carry on if

there were not some amount of ego-sense, to care for the life of the being, such as eating, dressing, bathing, etc.

You may ask what is there in this process for "me"? In the beginning and throughout this process, self love must be cultivated; that is, love for the Self, for God within and all around. How? When God is seen as the Great One, the All inclusive, Who provides everything, has created everything, Who controls the entire universe; when this is apparent from moment to moment, love, gratitude, reverence, devotion well up in the heart for all that is given by God free of charge. It is extremely important to have this Self love, this devotion to the Self as Oneself. Next comes self-sacrifice to the Beloved Lord. This means offering, doing, speaking, and thinking everything for the sake of the Lord in one's heart, in one's body, and offering it all to the Lord, moment to moment. This confers self satisfaction to the devotee. How? The devotee feels very close to the Lord through sacrificing the ego sense and offering everything to Him. There is no longer any striving or worry or doing for one's own sake. All is for the Lord, one's Higher Self. One need not worry about other people's opinions, judgment, praise or blame, etc. They are not at all taken into account. What is important is the perfection, purity, and goodness of the devotee's thoughts, words and actions that are offered to God. God's Presence and Grace are fully enough, and the devotee feels greatly satisfied in this relationship

with the Lord. The devotee now has self confidence that all will be looked after by the Lord, that surrender to the Satguru is the correct path, and there is no problem or worry. These three, when practiced together: self love, self satisfaction, and self sacrifice, will of themselves automatically lead to Self realization.

21

My dear devotees are spread all over the world and the universe. I look after them all in My own way, They are always near and dear to Me, a part of Myself. I know no separation. They are in Me and I am in them. However, this is not the case for most of humankind. For the most part they are going their own way, thinking of God from time to time, when fear strikes or calamity comes their way. There is nothing wrong in this; it is just that it isn't that much help to them to think of God only then. The relationship with God must be nurtured and developed over a long time to make it solid, unbreakable. The illusion of separation from God is very strong, difficult to break and go beyond. It takes lives of spiritual practice to root out animal qualities and vices that have taken hold in the mind and consciousness. So I implore all to wake up now; wake up to your divine nature and inheritance, and claim it as your birthright. If not now, when? Time has been given to humans for this purpose, not to simply

accumulate and enjoy the pleasures of the world. You have done these things for hundreds, thousands of lives. Now it is time to wake up; to turn your vision inward to God Who dwells eternally in the spiritual heart, which is within you and everywhere. You yourself must discover God in your heart within your body. No one can do this for you; you have to do it. No guru, nobody else can do this for you. You must walk the path with the help of guides, and particularly a Satguru, Who is able to be with you all the way to God-realization.

Do not think that when you leave your body you will go to heaven and that will be the end for you. It simply isn't true. Those souls that end up in heaven have not been freed from their karmas, good and bad. When the merit of good karma (actions) is exhausted in heaven, that soul must return to earth again to realize, " I am God; I am Atma", which had not been realized previously on earth in a body. Body consciousness still attaches to such souls as well as the sense of doer-ship. Such souls are not completely surrendered to God; did not attain full God realization while they were on earth. Yes, the merit of good actions performed is rewarded by time in heaven. But this is not the end of the soul's journey. It is on earth where God-realization takes place. It is difficult; one must always every moment choose for God, choose for good over evil, and not the illusory world of objects and forms . This is how one should spend the time given by God, dedicating and offering

everything to God, one's body as an instrument, one's heart filled with love for God, one's mind offered to God. The world as you perceive it through the senses is not real. It is fleeting and dissolving, and disappearing. The Truth to be sought is also the basis of this fleeting world. So the world is a mixture of Truth and untruth. One must find the Truth and hold on to it and become it for everlasting life, joy and peace.

22

You must know that I intend to keep My promises to My devotees even though I will be taking a new body soon as Prema Sai Baba Avatar. Though I will be occupied with the duties of this incarnation, I will be fully accessible to the devotees of the Sathya Sai Baba Avatar. So My dear devotees do not worry that our relationship will change. It will not. In My omniscience and omnipotence, I will continue to look after all My devotees for all time. Now that this has been clarified, I will go on to another topic.

You all know that there has been some talk about improprieties attributed to this Sathya Sai form. I want you to know that it is all false, that I am above and beyond any need or desire related to this world. So put your mind at rest. Your Sathya Sai is the purest consciousness in the universe. That is how I am able to be everywhere at once, at all times,

forever. There will always be critics in the world. That is their nature, to criticize and find fault. But no criticism can touch, mar or detract from this Avatar's great mission to raise the consciousness of humankind gradually to the Divine level with My Love and My Teachings; and thus put humans back on the path of dharma, meaning moral, ethical, and righteous behavior, thoughts and words. My work never ends until every being is uplifted and freed from suffering due to ignorance and unrighteousness. Having said this, let us go on.

It is difficult to have this intense love for God. But do not despair. Begin where you are and take the first step. A long journey begins with the first step, and then the next and so forth. Do not be afraid. Your soul knows and you will be encouraged at every step by your soul. I am there to encourage you. When you are doing, thinking, and speaking with love, for yourself and others, you will feel a positive note in your soul. That is encouragement. Be aware of how good it feels when goodness and love permeate your mind and actions. From this you will get inspiration to continue along this path divine. All the help you need will be provided as long as you remain on the path to God realization. Read to find out about metaphysical matters, the nature of the soul or atma, of God the Supreme, reincarnation, the different paths to God realization, and the lives of saints. Surround yourself with sacred music, chanting the names of God. You will know intuitively which

methods are for you that feel right, and advance you along the path to knowledge of God within. I bless you that you continue to progress to God realization.

23

It is true that nothing escapes My notice; I am always aware of everything that goes on. So you can imagine that there is no rest for one who has this responsibility to watch over the entire universe. But I am not bothered by what goes on. I am fully established in and as Truth, and I know what is false, so why should I be bothered about the false, shifting, and ever-changing? Thus My equanimity is firm, unshakeable at all times. However, I am moved by compassion for those earnest, sincere, honest, seekers of Truth who pray to Me for guidance and help to know God. I am also moved by the cries and prayers of the faithful who lack the basics in life like clean water, food, shelter, and medical care. This is why I developed a huge water supply project in south India to provide water to millions of people, as well as huge, modern hospitals providing free medical care to the underprivileged. My compassion is endless and so is My Love. It is often the case though, that I cannot remove a person's suffering due to karmic reasons. They must go through the suffering to learn lessons whereby they will progress spiritually. It is for their own good that they may, for example, have to undergo an illness or other life condition in order

to grow in awareness and divine qualities. Karma is never just a punishment, as in an eye for an eye and a tooth for a tooth. This idea is barbaric. God's laws do not operate this way. Karmic consequences are always to help a human soul progress toward higher consciousness by developing divine qualities, and eschewing the ego sense. For example, someone born blind would be enabled to develop a great deal of sense control, develop a pure mind as a result, and also develop patience, acceptance, and humility. What seems like a punishment actually turns out to be a boon. There is more chance for this person to turn inward to discover divinity in the spiritual heart and body. Devotees who completely surrender to Me, I take on their karma so they no longer suffer. This is what Jesus meant when He said your sins are wiped out by Me. Those that surrender to Jesus as their Divine Master are protected by His Light and Love which they enter into and take refuge in. Thus the world does not bother them anymore; they live in Truth.

I wish the same for My devotees; that they take refuge in Me, the Light and Love of the universe, and become free in Truth. Then no need for rebirth; suffering has ended. Of course, a God realized person may decide to come back to earth to help others become Self realized. This is a choice one can make; a very noble choice. By and large though, Self-realized beings do not choose to return to the earth. They have had enough of earth life; it is a tough school

with many ups and downs; many wars and much strife and suffering going on all the time. Most souls have been through so much of it, they wish to have an end to such type of life as this.

So what does all this have to do with the Lord and the devotee relationship? If you wish to escape earth life, you must turn within to discover you are Divine, you are God. Then your life will completely change. You will begin to lead a Divine life, filled with God consciousness. Your mind will become peaceful and detached from the world. Your compassion and love for the world will increase. How? You will realize that souls are living in ignorance and you will wish to help them, to give them the necessities of life as well as spiritual knowledge to help them know their Self as God. This is the path, the way for all spiritual aspirants. I bless you that you awaken sooner rather than later, and make the best use of the time given to you in this life's sojourn.

It is My great hope that you will turn your mind toward God for your uplift and advancement. It is not for Me but for you that I wish this. You must understand that I have nothing to gain by your liberation. I am already the embodiment of Bliss and Love. I am All-That-Is. I wish to see you happy and blissful all the time, having no more struggle, strife,

stress, and sorrow. The material world, per se, has nothing much to offer. It will never fulfill you; the minute one desire is fulfilled, you are on to another. There is no end to fulfilling desires. Next there will be spiritual desires, until the day comes when there are no more desires, only Being, Awareness, and Bliss. Then you will know that you have arrived, reached the Divine state. That is contentment, peace; no where to go, nothing to acquire. But until one has seen the futility of acquiring material things, prestige, affluence, worldly power, wealth; that these do not give the ultimate fulfillment, one will continue on this path, the outer path. It is great sorrow and suffering that is often needed to turn a human mind inward to seek something more, something different than one has been used to.

How does one know how to go about locating the Truth? Many join a religion, or find a spiritual teacher. Others read books about spiritual topics. Some receive a spiritual dream from a spiritual teacher that quickens the search. How? When you are ready, the master appears. He may first appear in a dream to give direction and knowledge. The dream will be unmistakably real, the living Presence of the Master. Often the seeker will not recognize this, his master, from a past life. He may have to search to find out who this being is who appeared so vividly in the dream. Sometimes the Master is still living on the earth, and sometimes not. However, that Master, whether in a physical body or not, has the power of

God in him and can guide the seeker from where He is. The disciple can make the fastest progress with a God realized Master, with whom he develops a close inner relationship. The outer path of going to the temple or church, listening to words and reading books is the slow route to God realization. What of yourself are you offering to God through these pursuits? Where is there a trace of surrender? Is the heart involved, or only the mind? God lives in your heart and that is where you will contact Him and become one with Him. You need go no where for this to happen. It is up to you; how committed you are, and whether you have a God realized guide to help you and walk the path with you from within the spiritual heart.

When you decide to turn your life over to God, many obstacles may come in your way. However, these obstacles are mainly self-created. Let Me explain. You wish to offer your mind and body to God as His instrument. For what? Perhaps to channel His words in order to disseminate His Wisdom to the world. In this case, the devotee is the pen and the Lord joins His Mind with the devotee's mind. She hears His Words, writes or types them and has them put into a book. The Lord gives the words and the title; He does everything. The devotee is an instrument. Devotees may offer their bodies to God, to be of service to God,

and man in those who suffer and need assistance. Actually everyone on earth can be an instrument for God, can offer himself to God, that God's Will be done through him. You are here on earth to serve, to help and offer something to the world. You are not here for your self interest only. This is ego. So the best thing you can do is offer yourself fully to God and allow Him to work through you. How? If your mind is pure, He will speak to you, and give you guidance as to how you may offer yourself to be of use to the world. He won't bother you unless you have offered yourself and surrendered to Him. You must pray to God and offer yourself sincerely, knowing He knows you through and through, therefore knows best how to use you with your unique qualities, skills and capacities. You must be willing to give Him all your free time, when you are not involved in your duties and responsibilities. Even then, you have the choice to offer all your actions to Him with love and perfection. He is the true doer of all actions; that is, His Shakti or energy performs all actions.

You may ask, "Is it God who murders people then?" The answer is yes and no. God has given humankind free will, a body, mind, will, intelligence and energy. A knife can be used by a surgeon to perform an operation to save a life, or by a murderer to take a life ruthlessly. They both, if they believe they are the doer of the action, will face the consequences of the action, in the form of good and bad merit for the future. In the case of one such as the surgeon who may offer his

actions to God, he faces no karma as a result of this action. He is moving away from karma, whereby he will gradually diminish and remove his ego-sense, and merge back into God consciousness, freed from the cycle of birth and death. I tell you these things so you will have a sense of why it is important to surrender yourself to God. If God is the true doer, why to pretend any longer that you are the doer, and thus perpetuate these rounds of birth and death? This is the first step to get off the wheel of birth and death: dedicate all of your actions and your body to God. If you consciously dedicate your actions and body to God, you will ensure that they are pure and perfect. In this way your inner purity increases, which is a prerequisite for God-realization.

What else must a devotee surrender to God? His heart. What do I mean? The soul or atma that God gave to each living creature must be offered back to God in order to merge with God. So the soul must be purified; like merges with like. Here we are mainly speaking about consciousness. Soul is consciousness. God is pure Consciousness. Nothing false sticks to God consciousness. It is free, pure, unstainable forever. When you can let go of all your conditioning accumulated through thousands of births in animal and human forms, you have a good chance to regain the pure consciousness you were created with, and thus know you are God. So God asks you to offer your body, heart/soul, and mind to Him for your sake. So you will regain your status as Divine

Existence, Consciousness, and Bliss. God is totally selfless and completely pure. As He is the basis of the entire creation, and all is contained within Him, He is the All-That-Is; so has nothing whatsoever to gain. As He set the drama of creation into action, He does oversee it; the end is certain. All of the apparently separated selves/souls will return in jubilation to oneness in Him. It is just a matter of time, and is the reason time has been given.

26

My dear devotees, I have great aspiration for you in this life, that you succeed, that you realize fully your divine nature. I see that many of you still enjoy worldly pleasures and worldly relationships. This should gradually diminish as you come to know the bliss of God. I wish you to be aware that worldly enjoyments and relationships are ephemeral, temporary. There is no permanence here; nothing you can hold onto forever; whereas God you hold onto forever, and become one with. The more you indulge and spend your time in worldly pursuits and relationships, the less time there is for spiritual realization. Are you aware that you spend one-third of your life sleeping? Spiritual awareness is not there for most during sleep. Though sleep is essential to rejuvenate the body and mind, it is not useful for developing spiritual awareness or consciousness. So, I advise devotees to not waste any time, but to devote

themselves to developing their spiritual consciousness to know God. One never knows for certain when the last moment of life has come. If one is not prepared, he will miss the opportunity to merge with God in the last moment before he loses consciousness of this world.

So you see it is essential to practice in order to prepare your consciousness to merge with God when you leave the body. It will not happen automatically as many believe. No. Much practice is required merging oneself with God consciousness while still in the body. How? Meditation is most important. Meditation is when you completely forget about yourself, who you are, your name and body, everything about your worldly life. You realize you are Being Awareness Bliss. This is what you need to do at the last moment. You can see that this state of Being, although already present within you, takes time and practice to achieve. It can not be found easily at the last moment of life. Whatever the mind is used to, attached to, will be there at the last moment. It could be family, wealth, or worry. Or it could be God. The choice is yours. You have the free will to turn to God or to the world. One will give you complete liberation; the other will bind you to the false. Like a lock, you can turn the key of your mind to the right and have liberation, or to the left and have bondage. Why? Whatever you become attached to, or strongly resist, leaves a residue in the mind, called vasana in Sanskrit. After you leave this earth

the vasanas pull you back to earth again to fulfill and also find completion. Along with the results of your previous thoughts, words and actions, that were not dedicated to God, the true Doer, the vasanas pull you back to experience another birth. It is very difficult to escape the rounds of birth and death due to karma and vasanas. However, with a great deal of self effort in the form of correct spiritual practices, purification, and the Satguru's Grace, one can have all these mystically burnt away in one lifetime. Just as the warm rays of the sun burn away fog and mist, so too self effort and grace lead one to realize the Truth or God, wherein the world is seen to be like a dream projected by the mind. In this realization one is freed from the false world of names and forms, and all the dramas they entail. Only God is real and I am That says the liberated one.

27

I have to tell you that I will be busy for the next while preparing for My next incarnation as Prema Sai Baba. I will be formulating all of the details of this incarnation. What do I mean? I am contacting the Higher Selves of those souls who will be working with Me in My Mission, downloading so to speak this knowledge. Many thousands will be working with Me to uplift humanity to higher levels of consciousness. Now I am choosing who will work with Me and what they will do. I am mapping out a

plan for My next incarnation and Willing it to happen. There are many intricacies involved. Where will My helpers be born, who will be their family members, when will they come to Me? I have to take into account their past karmas, decide their future karma with Prema Sai Baba, and in their life in general, if they are to be reborn after My new incarnation. I need many helpers. I look at their capacities and qualities to see if each one has, "What it takes" to follow My direction, My commands. I decide whether one has the requisite amount of perseverance, devotion, equanimity, love for humanity, self effacement, etc. All these are important for a devotee of God, and especially for one who will be My direct representative, acting as My instrument. So I must scrutinize every soul who will work with Me and assign them the proper role to play in this new divine drama.

I will of course still be present for My devotees. However, it may seem that I am in the background for awhile, though I am watching and overseeing their unfoldment. If you really need Me I am there for you. I will be reappearing very soon. I know many are waiting and watching. They know the general area in south India where I will incarnate into a human body.

I am very happy that this new incarnation will come about. I will give a great spiritual boost to the consciousness of earth. News of My Love will spread

to every corner of the earth. Ninety percent of the world's population will know of My Divinity. There will be many miracles of healing on all levels. Many will be transformed into Godly beings. Many will experience Divine Love. Even the Muslims will in large numbers come to Prema Sai, and declare that He is the Messiah they have been waiting for. The entire world will be greatly uplifted by My having been on earth for seventy-five years.

28

It is My great pleasure to again speak with you about the Lord and devotee relationship. It is so sublime, sweet and pure. There is nothing like it. Even the mother-child relationship, as pure and loving as it may be, cannot be compared to the Lord and devotee relationship. Why? Because the Lord Himself is fully involved in this exclusive relationship with His devotee. Both fully surrender to the other to experience the love and bliss of Atmic oneness. For the devotee this state can be especially ecstatic and novel, while for the Lord it is just as delightful, though He has experienced it many times before. It is the purity and intense love of the devotee, her eloquence in describing the qualities of the Lord, her utter sincerity and trust that make the relationship so sublime. The Lord enjoys immensely this type of relationship which always ends in mergence, love to love, heart to heart. The devotee asks for nothing;

love is the guiding force; she wishes to submerge her entire being in the Lord again and again for total fulfillment. She knows His Essence, His Being, His Love, and His Bliss; and for her these are irresistible, so very attractive and compelling. Life is not worth living if she does not taste His Essence in every cell of her being. This is a stage of Self realization, not so easy to attain. Great purity and devotion are required to merge in God and remain as long as one wishes in this state. How to attain such purity? Through sacrifice of what is not true, including what is "me and mine". Sacrifice means giving up voluntarily with understanding, what needs to be given up, such as attachment to the false world of names and forms as well as giving up the false notions of "me and mine". "Me" is a dream, and nothing belongs to you. You get to use certain things while you are embodied on earth, and to have certain relationships you will never have again. Can you call them "mine" when they are temporary, and may disappear at any moment? The Atma or soul experiences these for some time, and then it is finished. You the dream body/ego may believe you are experiencing, but it is truly the Atma that is experiencing, so again there is no scope for "mine".

So renunciation and sacrifice of the false and unreal are very important for detachment and inner purity. Of course there are many people who are unable to do this due to multiple attachments, and the ignorance of believing the world is the only truth,

and the harbinger of great happiness, joy and fulfillment. One day they will realize this is untrue. The world for most is a mixture of pain and pleasure, happiness and sorrow. It is the wisdom and purity that allow one to know the Truth of Atmic splendor, won through proper sacrifice and renunciation. I am not talking about ritual sacrifice or sacrifice of animals. Definitely not the sacrifice of animals. This is barbaric and cruel. You must sacrifice your animal qualities; give them up, such as greed, lust, jealousy, hate and anger. Human life is rife with animal qualities; they are now accepted as normal human qualities. They are not human qualities, and must be removed from the nature before one can call himself a true human. A true human being shines with Atmic splendor, the Light of God, and displays divine qualities in thoughts, words and actions. The undivine must be rooted out to make way for the divine to manifest. Of course in the broadest sense, everything is divine, has resulted from divine consciousness and energy. But due to distortions in the beings, the nature of the divine is hidden behind the mental, emotional, physical bodies which are impure, distorted, perverse and ugly in many cases due to exaggerated ego formations. One cannot experience his true pure divine nature unless this dross is removed through right understanding, spiritual practices and the Grace of the Satguru.

I see that many of you are wondering whether I am truly still here for you, as you do not feel My Presence within you. The answer is yes, I am. You do not feel My Presence because you are still encumbered with so many ego formations and conditioning. It is up to you to remove as much as you can, with wisdom and understanding. Many of you spend a lot of time socializing, speaking about the false. If you wish to make spiritual progress, think of God as much as you are able, and leave the world to itself. Help where you can to relieve distress, but your main focus at all times should be on God if you wish to attain God-consciousness. I have said that when you take one serious step toward Me, I take one hundred toward you. This is true. But what is a serious step toward Me? Not asking for this and that. A true step toward Me involves love and surrender. Surrender of what? Anything that is false and that does not belong to you. For example, you may let go of many attachments to people and things, and offer this to Me. You may pray, "Dear Lord. I am no longer attached to these forms. I allow them complete freedom and I bless them. Now Lord I have more time and energy to love you more completely and purely." Or, "Dear Lord, I offer with love my body and mind to be Your instruments. You have gifted Me with this body, and ability to think. I offer these back to you with love."

These are true steps taken toward God. God will certainly respond to such genuine prayers and selfless offerings. Here the devotee is not asking for anything, but offering. Such offerings bring rewards of My grace. You may offer your time to God, although it is God Who has given time to humankind. Actually, everything that you may think of offering to God already belongs to God or has been provided by God. Your recognition of this is of great importance. It will make you humble, and thankful. It is ego effacing to know everything comes from the creator, everything is permeated by God. A prayer of genuine gratitude to God for all that has been given is a step toward God. The most potent prayer to God though is a prayer offering yourself in surrender completely to God, letting go and allowing God to take care of your life. This is what pleases God. Your complete trust, and confidence that He will take care of everything and you will not interfere with your will. Your will and God's Will become one. Then the devotee can rest in peace, knowing that whatever happens or doesn't happen is His Will. God always wishes the best for His devotees; wishes them to be happy and peaceful. So He is always working on behalf of His devotees to smooth the road ahead for them, though there may also be tests and lessons to yet learn, to make them strong in divine qualities. This is all monitored and taken care of. The devotee can sit back without worry or concern, and enjoy the love and peace of the Lord within. The state of full

surrender to the Lord is what is to be attained. You must look at what you are still holding on to, what still upsets you, and if you cannot let it go on your own, pray to God to show you how to let it go. He may just remove this attachment by an act of grace. Your willingness to let go is what is needed. You will come to a stage where nothing, nothing will disturb your peace; you will live in God consciousness. You already live in God consciousness, though you are not aware of this. You will become aware of it through surrender of what is false.

30

Mukti. What is mukti? It is when the small "i", is replaced by the big "I". It sounds simple enough, but it is not so easy to attain. Why? For eons the small "i" has been there in millions of incarnations. Though it is false, it has taken a firm hold on the mind and consciousness. There is a lot of fear in the small "i", fear of losing itself, its position in the world, its importance. The small "i" believes it is the form, the body, and also the doer and enjoyer of all actions, thoughts and words. If these are gone who would the small "i" be? It would go through a kind of death of which it is very much afraid. So the small "i" does everything it can to enhance its image, its authenticity, its reality in the world of people. It does not realize that the true "I", it really is, is indeed much greater and more powerful than the small false "i" it

is trying to continuously hold onto and enhance. Spiritual knowledge is about realizing the difference between the small "i" and the big "I". The big "I" is the Higher Self, or God Self. Where is it to be found? It is within yourself. It is a higher consciousness that has been with all the incarnations, the guiding force, a source of spiritual wisdom. It is an aspect of the Atma that is not bound up in ignorance like the lower self is. This Higher Self has the responsibility to further the evolution of the soul that is bound in illusion, to more expansion and purity of consciousness. You may call on your Higher Self at any time for guidance. I, Sathya Sai Baba, am one with your Higher Self, so calling on Me is akin to calling on your Higher Self. Remember, there is one Atma, and We are That. When you become your Higher Self or Atma, you are the true "I". The mind, body, and emotions become subservient to the "I" Who is now the Master of these instruments. These instruments can be useful when needed, though they are seen to be false and transitory. Feelings, thoughts, and bodies come and go, so they are false, not Truth. The Atma, being eternal, is Truth. The Atma does not evolve, being changeless, though the Higher Self does evolve. How? The Higher Self of an individual gains more experience, spiritual awareness, and expansion of consciousness as it evolves through many incarnations on earth, until the Higher Self becomes fully the God Self.

Just because you declare yourself to be a devotee of God does not mean that you are a devotee of God. God must accept you as His devotee; only then you will know. How? You will know inwardly whether God has accepted you as His devotee. If you feel Him smiling often within you, or see Him smiling at you in a dream, He is happy with your progress, your being. If you never feel Him smiling in you, or see Him in a dream happy with you, then you know there is still transformation, self effort you must do. When you take your spiritual path and practice seriously with the aim to make progress, the Satguru or God will show you that He is happy, pleased with you, when the time is right. If He was always showing you, you would become complacent in your effort and practice. The Satguru knows how far you have come, and how far you have yet to go toward God realization. He wishes to encourage you and make you happy in His contact with you, but you also must deserve this Grace. Pray to Him asking Him to show you the next step, where you need to work on yourself and make progress. He will show you in a dream, through your intuition, in your mind, through a book, a lecture or chance encounter. Be attentive to the inner guidance indicating what to do, where to go, etc. and He will guide and lead you. Many devotees, so-called devotees, these days do not surrender to the Satguru. They plan their lives moment to moment, and do whatever feels good.

This is not the way to progress. One must follow the teachings and commands of the Satguru and surrender all actions to Him. And following His inner guidance is very important. The point is to get connected to Him, to His Being and consciousness. If you ignore Him and go your own way, where is the binding force? The idea is to live with Him and for Him to become one with Him so the sense of a separate self will dissolve. If the sense of a separate self, separate from others and God, does not dissolve, God realization will not occur. So hold tightly to your Satguru, with your mind and consciousness living every moment with Him, offering all to Him. This is the path of bhakti or devotion, really the easiest path to God realization because God is love and oneness. Repeat His Name constantly, remember Him, join with Him, love Him, live your life with Him as the center and the Truth. You will become one with Him, and thus know your Self as That also.

Just because you have been with Me for many years does not mean that you have made that much spiritual progress. I have always said that it is up to you how much progress you make. I am a catalyst to motivate you, to turn you Godward, to hold your hand, to help you. However, you must take the initiative and walk the path yourself. How? Do spiritual practices, purify yourself, surrender, trust in

the higher power, and follow My teachings to the best of your ability.

If you think that you have done enough and now you can float freely, you have not done enough believe Me. In the God state you have never done enough. Of? Service and love to your fellow men, as well as purification. Is your heart that pure? There is always scope for further purification. Place yourself in dire worldly situations, and you will see how pure your heart is. Can you love under all situations with no hate or anger? Can you keep on giving expecting nothing in return? Are your words always respectful, loving and sweet, no matter what? Is your peace impeccable? There is no soul on earth who can safely say there is no more need for spiritual practice and purification. Just ask Me and I will show you where dirt and dust still linger on the mirror of your consciousness. I have often said that chanting the divine name removes sins and purifies. However this is not enough. You must become aware of the immorality, the imperfections in your thoughts, words, and actions, and remove them. Without this awareness of what is going on in your being, you cannot progress too far. It is amazing that many cannot see themselves; do not bother to make the effort to scrutinize themselves. They would rather scrutinize others to find their faults. How does that help you to purify yourself? Leave others alone; do not look for their faults. See the best in others; the divinity, virtues, and goodness in others. This will

help you progress towards Divine vision, rather than ego vision. When you point one finger towards another to find fault, there are still four fingers pointing back to you. Seek out your own faults and purify yourself. You have to do this most important work for yourself. You may seek the help of a spiritual counselor to help you see yourself. In any case others will reflect back to you your own faults and mistakes. There are no "others" out there; all are one Atma. What you see in others is likely in you, too. That is how you are able to see it in others. The whole world is your mind's projection. So when ever you perceive some fault in another, look to see if it is hidden in you also, and whether you are projecting the fault onto another to keep it hidden within yourself so you do not have to face and acknowledge it. This is the work I wish My devotees to do in order to purify themselves. To discover and root out the faults and immorality, and also to adhere scrupulously to the five values I teach; namely Truth, Righteousness, Love, Peace and Non-violence. Non-violence in thought, word and action; Love in thought, word and action.

I am very happy that you are reading these talks , My Words, through this My very dear channel. She loves Me deeply and is intent on becoming one with Me. Though she is not completely one-pointed toward

Me, she is conscious of this and working to make it complete. She has devoted her entire life to Me, My Mission, and her ascension.

I realize that all of you cannot do this in the same manner. However, you can devote your time and energies to God and your own spiritual uplift. How? Every act you perform, dedicate it to God or your Satguru; they are the same. Feel that you are doing everything for God. Do the best you can; that is, perform the actions with love and perfection. So all "your" duties and responsibilities can be offered to God Who is the Atma within you, Who is the true experiencer and doer. In this way you give your time to God, your love to God in all those you serve and interact with. In this way you help to raise the consciousness of the earth, and to assist in your own liberation. Just love all and serve all, and dedicate it to Me, the indwelling Atma. My message is no different than that of Lord Krishna, though I have changed some of wordings to suit this age to make it easier hopefully for aspirants to understand

So little by little, practice what I have just told you, so that by and by your life becomes a sacrifice, a dedication to the Divine. You will by and by come to know your Self as Atma, as Divine. Stop identifying yourself as a body now, and begin to identify your self as love, pure, selfless, formless love, emanating from the Atma within the body. Believe in yourself as Atma, and the qualities of Atma will

manifest through you. The qualities of Atma can be summarized in My Words, "Love all, serve all; and Help ever hurt never". Remember, the ego lives by getting and forgetting, while the Atma lives by giving and forgiving. If you practice these teachings of Mine, and efface your body consciousness, dedicating all to the Lord, you need do nothing else. This is the royal and safest path to God-realization. I am always with My devotees. Call on Me and seek My guidance. Your love, dedication, reverence for all life and gratitude are the glue that binds Me to you. Continue to perfect and purify yourself, and be happy and peaceful. I bless you that you succeed. My grace is always with you. Much love from your Baba.

34

I do not know why many of My devotees do not follow My Teachings. They are very clear and have been repeated many times in different ways. It is due to their karmic patterning which does not easily allow them to change, and adopt new ways of acting and thinking. I sometimes wonder why they are still here in My ashram when they are not practicing any teachings and not making progress. They are stuck in their old ways and will not break free from them. Singing bhajans daily is not the spiritual practice I expect from you. I expect you to go within yourself, look carefully at all your beliefs, ideas, judgments, conditioning, everything you speak, think and do.

Decide if it reflects the Truth of Atma or not. If it does not, eliminate it.

Many of you still feel superior to others because you are a south Indian, speak the Telegu language as I did, have lived in the ashram for a very long time, have had many interviews with Me. These are not a reason to feel superior. These are connected with the body which is bound to disappear; they are all false, passing clouds, not Truth. So please drop your feelings and thoughts about superiority and inferiority. I am only interested in your loving pure heart and your karma. Also many of you still believe I am under the samadhi. This is ridiculous. I am everywhere. You can experience Me in your spiritual heart. Yes, My energy, My Presence is in the samadhi. However, you must develop the relationship with Me in your own heart. Why is it that so few of you hear My Voice within or feel and see My Presence within you? You are not pure enough, that is why. So continue to purify yourself so you may converse with Me intimately, heart to heart, mind to mind. Do not rely only on the minute or two that you are near My samadhi, for our intimacy.

You must feel that you are connected to all, not just your family and close friends. As you look out over the crowds of devotees, know that I am in every body, and every form is My form that I have taken. You must expand your awareness, not remain small your entire life span. Direct your attention, your love

to Me in everyone you meet. Go out of your way to see Me in all beings. Do not see others as foreigners. If you do you will miss Me in these forms. It does not matter at all which country a body was born in. The divine Atma resides equally in all. Please wake up and see the Truth. Indians have no monopoly on God, on Me. I love all beings equally, and mete out Grace according to their karma, need and deservedness.

I hope you understand what I am telling you, and mend your ways. If you don't, you will stay stuck where you are. I bless you that you progress in your spiritual life and reach the goal of Self-realization and liberation from rebirth.

35

When I left My Body, I expected that My devotees would progress faster toward Atmic Presence. However, this is not happening as I would have liked. Most of you have not committed yourselves to Atmic realization. You have yet to make this commitment in your life. You are dragging along pretty much as before, without much change. Most of you are waiting for the appearance, the advent of Prema Sai Baba, believing this will finally set you free. I tell you, you will be stuck on the outer path again, if you are waiting for Prema Sai Baba to appear.

Please do not waste any time. Direct your attention inward, meditate on My Name and Form until you realize yourself as Atma. Contemplate on Atma, pure and formless, in the silence of your heart. Don't waste your time flitting here and there with so-called friends. Purify your mind by chanting the divine name and bhajans. Your realization is up to you. You must have commitment, single-minded commitment. You will be happy only when you experience the pure love, bliss, silence and freedom of Atma. Friends, worldly activities, clothes, restaurants, will not give you lasting happiness. They take your time and money and give you nothing of lasting value in return. So I am asking you to make use of every opportunity you have to make progress. There is no longer the rush, the hustle and bustle to take My physical Darshan that there once was. Kulwant Hall has quieted down. This is a good thing; it is now more peaceful for you to sit and meditate. I am there with you, in you and around you. Trust fully that I am there with you, meditate on Me, pray to Me, talk to Me. I am that Atma, one with you, Atma to Atma. After leaving Kulwant Hall, go and sit quietly to absorb My blessings for 15 minutes. Do not begin talking to others right away; you will scatter my energy, which was meant for you. Practice silence as much as possible. See Me in everyone; overlook the form and personality as false. See Me as the inner motivator, the Consciousness, the energy, the life, the Atmic Essence in each form. Direct your talk to Me in

everyone you must talk with. You will realize Me, God soon enough if you practice these dictums.

36

You could say that My love is there for all devotees as I am love. This is true. When devotees join with Me, God, they feel My love. When they are unable to join with Me they doubt My love. What should they do in this case? They can listen to and sing devotional music that moves their heart and soul to feel love. When they feel this love they are feeling My love. My love is always there, available for the pure in heart and mind. Many of My devotees need only think of Me, My form, My leelas (divine play), My words spoken to them, My grace, and they are filled with My love. Remembering My grace is a powerful way to reconnect with Me. Though I am subtle, I am always in you and around you. Calling My name with love is another way to connect with Me. Why to connect with Me? So you can experience Divinity, Atma, Love. Do this again and again, so you will never lose sight of the Divinity within your heart. It is up to you to do your part to join with God permanently, whereby you will never again experience separation. Of course God, the Satguru fosters this communion, this coming together until the devotee realizes he is God also. This does not usually happen right away. It takes years and lives of spiritual practice to achieve God realization. Never

give up hope. Always trust that God is your Self. Body and sense mind are not your Self. They are temporary and changing. Your Self is more subtle than these. Your mind and body must be made pure and subtle to realize your Self, the all pervasive Self. See what is pure, hear what is pure, speak what is pure, eat and drink what is pure. What is pure? That which helps, comforts, uplifts, saves, is pure. That which causes no harm or hurt by thought, word, and action is pure. Do not harbor harmful, violent, hurtful thoughts; do not speak them or act them out. Killing and eating animals is violent. They have their life and karma also. Animals evolve just as humans do. They are sentient beings, purer than most human beings. It is a sin to harm or hurt animals, and one who does these actions will have to face the reaction, the karma in the future. If you eat animals you will not have a pure mind; you will have animal qualities. So desist from killing and eating animals if you wish to progress spiritually, and have a pure mind. Drinking alcohol and consuming recreational drugs dulls the mind and intellect. The intellect is a God given useful tool for discriminating what is good or bad, useful or useless, harmful or harmless, Truth or untruth, etc. If you dull your intellect, you will lose control and can be taken over by dark forces. Alcohol and drugs make one thamasic, that is, dull, lethargic, lazy, non discriminating. The balanced, pure sattwic quality that promotes purity and God realization is lost when alcohol and drugs take over the mind and consciousness.

I am telling you these things so you do not waste your life in useless pursuits. God realization once attained is a continuous state of purity, balance, equanimity, wisdom, bliss, joy, contentment. It is not a state that comes and goes. Use of drugs and alcohol cannot provide this unending bliss of oneness of Atma. On the contrary, the mind and brain can become so damaged by taking drugs that they are of no use for God realization. The mind and intellect of a healthy, pure individual are great tools when turned fully toward the goal of God realization. A damaged mind and brain won't take you very far. So I am again emphasizing the need for purity in all aspects of life. When the body falls, as it is certain to do, what will remain for you? Hopefully a pure mind full of God. To have this state at the end of life, practice and purity are essential. I bless you that you attain in this life.

Most of you believe you are on the fast track to God realization. You do not realize how much more road you have yet to cover. It is your ego telling you, you are doing fine; you are doing enough. You are still enmeshed in ego life and you do not know it. Why is this? You are not understanding My teachings deeply enough. You are only skimming the surface. You cannot make fast progress this way. I see you following the ways of the world, the illusory life. You

are caught in the illusion believing you are following the spiritual path. Because you no longer see Me and do not feel Me, you have almost given up. Don't give up. You will not be happy living the worldly life of illusion, once you have known Me and tasted spiritual life.

You must gather all the courage and strength you can muster and commit anew to the spiritual path. Reread the teachings, praying and searching for deeper meaning and inspiration. Join with devotees who are serious, more evolved, asking, and seeking their inspiration. Get rid of the distracting, useless activities and past times that pull you away into illusory, worldly life. Take some time twice per day to meditate and pray. Don't give up. Help and inspiration are always available from the divine. Sincerely call; keep calling until you receive the inspiration and the grace to be uplifted. Ask to feel God's love surrounding you. Ask to be given a sign that you are heard and cared for.

I know that many of you are still struggling due to My early physical departure. My leaving was meant to be a gift of grace, not a punishment. If you see it as a punishment or negative event, these ideas will drag you down. The early demise of My physical body was truly a gift to help My devotees progress to the Atmic state beyond the physical body. Try to regain the trust, confidence, and love you had. There is really no reason for you to have let it go or diminish.

I am still with you as much as I ever was. Nothing has changed for Me. Your mind may have changed; but you have the power to change it again. To harbor thoughts, ideals that help you to progress rather than retard you. My early physical demise was also a test. Many so-called devotees have fallen away now that My physical form is no longer in front of their eyes. Too bad for them. Now their spiritual progress is curtailed. Why? They thought My form was Truth, though I kept telling you all it is false; that Atma is the Truth. Your stubborn ego would not allow you to see the Truth. So what are you going to do now? That is the question. For those of you who are still struggling, who are uncertain what to do now, I say to you: I am still here. I have gone nowhere. I am everywhere. Regain your trust, your confidence, and your devotion. I tell you this because I love you, and wish you to progress not stagnate for the rest of your life. Please place your disappointment, sadness, grief, anger, behind you. Plunge ahead with renewed enthusiasm, dedication, and devotion to God, the All-That-Is, and I promise you, you will be happy, blissful, and joyous. I will continue to help you to achieve Self realization.

Just as you believe you are a separate individual, a body/mind/ego, I know that you are not any of these. While on earth I communicated with many of

you face to face; many times you heard My voice and saw My form. You thought I was a person, a personality like you believed yourself to be. You had heard that I was God, but you could not easily experience My divinity in this way. Yes, you felt My love, My detachment, My equanimity. For you these were expressions of My Divinity. However, many of you had doubts whether I was God or not, and at this moment many still have doubts. They wish to believe I am God, but I tell you, belief is not enough, will never be satisfying and fulfilling enough. You must experience your self beyond any doubt that I am God. Only then will you be able to use Me to progress toward God realization. What do I mean by this? Believing I am God is a mental idea. You may have read My words, seen Me many times in India in My ashrams, even talked with Me. Perhaps you have also seen Me materialize vibuthi ash and other objects. They came from nowhere; they just appeared. Or you saw Me blow My breath on a ring, and before your eyes the ring changed into a completely different ring. This was no sleight of hand as some scoffers have declared. It was genuine divine power. You, as a result, believed in Me, that I am God, because I am the Creator, I have powers of creation. This is all well and good. However it is still a belief, a mind created idea. Unless you have developed more than belief, and moved into faith, trust and confidence, your spiritual progress is impaired. You will not go very far. Why? Because I am not the body. I am Atma and more. Until you know you are Atma

through your own experience, you do not know Me either. You believe God is formless, omniscient, omnipresent, and omnipotent. God can only have these characteristics or qualities if God is formless. You must be formless to know the formless. You cannot experience and therefore know the formless God through the mind and intellect. These instruments are not subtle enough; they are material. God is more subtle than these. God or Atma is most subtle. God is stillness and silence, thus He can only be known in stillness and silence. When you are completely pure, free from the consciousness that you are the body, mentally free from ideas of Me and Mine, mentally free from thoughts, desires, attachments, cravings, feelings, emotions, then in that purity of existence, awareness, you know your Self as Atma or God. You know the purity of your soul or spirit as God Himself, the one God of the cosmos. In the beginning you will get only small glimpses of this pure blissful state of being. The purer you become in mind and consciousness, the longer the periods of Pure Being and Bliss. I am That and you and I are one in this Atmic state. Only this realization will satisfy and fulfill you. You must go beyond form, your form and all forms to know God's purity. This is freedom from all troubles and travails, from all duality. All is seen as the Play of the Lord; the Play of ego and karma.

Feelings are very important on the spiritual path. Why? Which feelings? Feelings that are saturated with love reach God Who is love. This pure love for God is called devotion; devotion is only for God. Your heart must be a one-seat sofa reserved for only God. God is only one; the Truth is only one. Though there are many forms in the world, many bodies, there is only one God inhabiting them all. So direct your devotion, your love to the one God dwelling in all the forms. In this way you will realize yourself as that one God.

God appreciates and responds to pure feelings of love, adoration, kindness, caring and humility. When you feel that God or Satguru is most near and dear to you in every moment, you become very dear to God. Your loving, selfless, dedicated thoughts, words, and actions directed toward God in others from your loving heart please God. God looks for your feeling, appreciates your very pure loving feelings toward Him. Feelings that have no body consciousness, are not tainted with Me and Mine or worldly desires for things and objects. Feelings that are saturated with surrender of self to God, surrender of body, mind, soul, heart in love to God, with longing to merge one to one with Him. It is selfless pure love for God that attracts His grace; whereby He pours His love upon your soul. You want nothing but Him, to love Him, to give all to Him, realizing that everything already

belongs to Him. You feel loving gratitude for everything He has given to you for your physical upkeep, and for your protection and loving communion. Such a devotee feels so very fulfilled, satisfied, happy, blissful, and content. She knows her Lord is taking care of everything so she has no worries. Whatever she drinks or eats she offers to the indwelling Lord. Whatever actions the body undertakes are seen as being done for the Lord, the Divine Energy. All thoughts and feelings are sacred offerings to the Lord Who is her constant companion. The Lord is fully enough; no other companion is required or needed. All others are seen as embodiments of the Lord and treated as such. She knows there is only God; that she is God also. She sees her body, "the" body as a temporary sheath, subject to decay and dissolution. Only God is real not the body, thoughts or emotions. Though feelings are not Truth, they are very important on the spiritual path to Self realization. Pure loving feelings help purify the mind, emotions, and soul thus paving the way for the awareness that "your" spirit and God are one.

There has never been a greater time than now to progress spiritually. Everything is in place for your ascension. What do I mean by ascension? Imbibing divine energy into your every cell and molecule, so

that you become radiant, full of Divine Energy and Consciousness. There is a tremendous amount of pure Divine Energy being poured upon planet earth at this moment. It will continue to be poured upon planet earth for some time. You only need to get rid of your impure thoughts, words and actions to benefit from this purifying energy. It will transform you to higher more subtle levels of awareness of Divinity. Why is this important? For your ultimate happiness and freedom as a Divine Being. When you are happy and free you can help others to become the same, until all, almost all are happy and free. What do I mean by happy and free? Your problems are no longer your problems. The Divine takes care of you, carries the burden of your life. Problems are no longer seen as problems. They are like passing clouds, here for awhile and then gone. You are free because you know you are eternal unchanging Spirit, one with the one Spirit, God. Living in and as Spirit sets you free. You need nothing to be free and happy as Bliss is the state of Spirit. Of course the basic needs for food, water, shelter, clothing, medicine must be there. God provides for the one who is surrendered to Him, one with Him. It is all part of the plan. What plan? The Divine plan of evolving souls, of God Himself evolving through matter, to know Himself fully again as God. At a certain point karma ends for an evolving soul, when complete surrender to God has taken place whereby that soul/consciousness knows that everything is God. How? Everything is Consciousness/energy. Matter is energy. God,

seemingly lost to Himself in nature, animal, and man, becomes known to Himself again in humankind. The game of hide and seek is over for that aspect of God. However, though a part of God called soul or atma was seemingly lost from the totality called God, from God's perspective the soul was never lost from the whole. It was only a dream experience, called illusion or maya; albeit a seemingly long dream through millions of incarnations through the mineral, plant, and animal kingdoms, up to the human level. So you see, consciousness or soul must be cleansed of animal characteristics which have persisted through the human embodiments, as well as cleansed of demonic qualities which have developed while in the human state.

Some wonder whether the soul or atma is always pure. No it is not, as it has taken on characteristics from animal and human embodiments which have tainted and covered its original pristine purity. The soul can only realize its purity through taking on the five great human values in thoughts, words, and actions over time. The five human/divine values are Truth, Righteousness, Love, Peace, and Non violence. Though great amounts of Divine Energy are upon the earth now, these values must be practiced continuously to purify the mind, emotions, body and soul; and then to realize oneself as God, The All-That-Is.

So let us continue this discussion. The soul or atma when originally created by God was exactly like God, identical to God, made in His Image and Likeness. So what happened? Down through the ages, many many ages, the soul or atma forgot about Itself; forgot that It ever existed as a soul one with Its Creator. You see there never was really a separation between Creator and soul. It was only an apparent separation, like the projection of a part of self into another dimension. In this case a projection into matter. Not only into earth life but also into other planetary systems as well as into other unreal dimensions such as astral realms and heavens. Each soul has experienced in many different places which contributed either to its evolution or devolution toward self awareness. During this experiential process, the soul or atma attracted a lot of dross, untruth to itself, which became attached to itself. As you look out over humanity on planet earth, you can get an idea of the immense variation in human habits, actions, thoughts, and emotions, negative and positive, that are going on ceaselessly. You can get an idea of all the karma resulting from all the variations of thoughts, words, and actions that would have to be experienced in the future.

It is rare to come across one who is committed to purifying himself to regain awareness of his divine state as a soul or atma, and as the totality of existence.

You can see that it is God Who is searching for a true devotee as much as a true devotee is searching for God.

Many human beings attempt to know Self, but for various reasons cannot maintain the momentum, the rigors and discipline of the path. Here there are many factors involved such as past and present karma, purity of thoughts, words, and actions, strength of commitment, will, devotion, patience, endurance, perseverance, and most important the Grace of the Satguru Who is ready and willing to help in every way the serious devotee to surrender and realize that all is God.

42

My dear devotees I hope that by now after reading these My words, you have a clearer idea of what the Satguru devotee relationship involves. I do My part and you do your part. I nurture you with My Light and Love, My Divine Presence, and you keep your mind, your consciousness glued to Me. In this way your mind, consciousness becomes illumined with Light and Love, God's presence.. You and God become one again. What more can I tell you about this sublime relationship between the Lord and His devotee? It has to be experienced to be known. There are many devotees of God from all religions, Hindu, Christian, Islam, Judaism, Buddhism, Jainism

and more, who have experienced this sublime relationship with God down through the ages. India is replete with examples of the lives of saints, yogis, jnanis (knowers of Truth) who have become one with God. Many followers of Lord Jesus have become one with God through their oneness with Lord Jesus. many Buddhists through meditation have reached nirvana. Self-realization is nothing new on planet earth. Many souls have rejoined with the Supreme. In this age known as the Kali Yuga, the Age of Darkness, awareness of Divinity has been most dim for most humans. Why? Material concerns have been given the most importance in the minds of humans. Power, influence, money, materialism have been the gods humans hold dear. A major shift away from this way of thinking and living is going on in the world today. Structures mental and physical are being pulled away, disintegrating before one's eyes. This is all part of the Divine Plan to bring man back to God again and usher in a new age, the Age of Truth. In this new age, not new to God as these ages have been occurring in regular cycles, most humans will live in peace, love and harmony with their human beings. Living with and knowing God will help bring about the Age of Truth. Practicing and living the five great values of Truth, Righteousness, Love, Peace and Non violence will be the hallmark of the Sat Yuga, the Age of Truth. Please prepare yourselves so you will be able to assist this change in thinking, being and acting that the earth and its inhabitants are destined to go through, and which is happening now. The old

structures will break down. All that does not resonate with the five Divine/human values will break down and new structures will replace them. This will take time. The souls who are members of the new world order will construct the new models based on Truth, Dharma/Righteousness, Love, Peace, and Non-violence. You are one of those souls who will help to bring about the new world order.

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It is My pleasure to again speak to you about the delightful bond between the true devotee and the Lord. Though I have spoken about the main most important aspects, there is yet more I wish to share with you. Namely, how to deal with family members and others you come into contact with day to day when you are a sincere devotee of the Lord. This can be tricky. It is all about where you keep your focus, your inner focus. Silence, as much as you are able to keep is very important here. Because in silence it is easy to keep your focus on God with form or formless. How? Keep His name repeating in the background of your mind if you are doing some work. Keep His picture with you or in your mind. Some wear pendants, rings, or watches with My photo on them to remind you of God. Keep the five values that I teach in mind always. I am Truth, Righteousness, Love, Peace and Non-violence. Maintain these values as a part of your very being;

then you will feel one with Me. You need not speak about the Lord, the Satguru, to those who are not interested to hear. In fact you should not; they may think negative thoughts about you. Keep Me to yourself when you are in the company of non devotees of God. At the same time you must realize that I am in them too as the Atma, the inner motivator, the existence, awareness, energy. So treat all as embodiments of God; that is, with respect, caring and kindness. Love God in all beings including animals and the plant kingdom. Help ever; hurt never. Practice non violence in thought, speech and actions. This is what pleases God.

A devotee can be with God throughout the day even while working, performing duties and other actions. Direct all your talk and feelings to Me in whomever you are interacting with. This is all you have to do. The body, personality, etc, of the person you are talking to is ultimately false, will disappear in time. So direct your talk to Me. Do not speak unnecessarily. Speak only when you need to. This will make it easier for you to direct your talk and feelings to Me in all that you need to converse with. After all I am the Truth of every being and the universe. In these ways you are able to keep remembrance of the Lord with you at all times, while living in the world.

I must say that the path of the devotee of the Lord is not that easy while living in the world of non-believers. You may have to go to your job most days, interact with people there, and also with family members who may not be devotees. There are many opportunities for the mind to be pulled this way and that. It is up to you to keep the form of the Lord glued to your mind, and His name on your tongue. You will feel satisfied if you do these two; satisfied that you are doing your utmost to keep His remembrance in your mind.

It is important to dedicate all your actions to the Lord that your body and mind perform through the day. If you are a surgeon, before a surgery, pray to God offering the surgery to God, and the results to God. In this way He will be with you. It is very important to offer all your actions to God for a number of reasons. You will feel Him as the Doer, the Divine Energy in your body performing the actions and therefore feel closer to Him. Secondly, you will not have to face the karmic results of your actions as you are no longer the Doer. Thirdly, you are no longer interested in the results of your actions; you give them to God. You become free in this way; no longer stressed or obsessed about the results. You trust that God will look after you. You perform to the best of your ability to please the Lord, and leave the rest to Him. In these ways you feel the Lord is with you at all times, the basis and support of 'your' life.

There is one more item I would add to this discussion. No one need know what you are doing. It is between you and God. Do not share this sacred relationship between you and God with others unless you are a spiritual master giving a talk to spiritual aspirants. Talking to others about this sacred relationship with God will devalue it in their eyes and even your eyes. They cannot understand if they are not a devotee at your level of consciousness, awareness. So keep all your interactions with the Lord sacred by keeping them to yourself. You may keep a journal or write a book about these. It is just that they should not be shared as another bit of gossip for others to tell about and devalue.

I never advise My devotees to speak about others in their absence. This is only one perspective and never reflects the Truth of the being of the person. So again limit your talk by not speaking about others in their absence. Remain silent unless it is necessity to speak. What more can I tell you dear seekers of Truth to make your journey easier and more blissful?

It has been My great pleasure to share with you the ways to become an ideal devotee in the eyes of the Satguru, the Lord. I hope that you are now able to understand My ways, the ways of the Lord in His relationship with the disciple seeking God realization

and liberation. It is not an easy path. The present ways of the world largely go against this path. This is due to the heavy blanket of illusion, maya over the earth. Do not be bothered about how others choose to lead their lives. Once you have committed yourself and your life to God realization, do not look back. Do not be influenced by the manner in which others lead their lives. You have your path, you know what it is, and you know how to proceed. Keeping the company of Truth, the company of other like minded devotees who sing together, listen to Divine discourses together, do selfless service together will help a great deal to inspire, uplift and keep you on the straight and narrow path to God realization.

I am always with you; call on Me; meditate on Me. I am your best and enduring friend. All others will leave you at some point in time or you will leave them. I am always with you, your Atma, forever. You can depend on Me; keep a close friendship with Me; heart to heart, mind to mind, Atma to Atma, and you will be very happy. The world will have no power over you. Your mind, your heart will be free in God consciousness. The world will be there, but you can take it or leave it; it does not affect you or matter to you. I bless you that you attain this exalted state of being wherein you and God are one, a state of eternal bliss, awareness, being where the entire cosmos is seen as one, one God having manifested into many changing forms.

Not Gone I Am Still Calling

Bhagavan Sri Sathya Sai Baba, Lord of the Cosmos, lovingly speaks about the ideal relationship between the Lord and the disciple that easily leads to God realization and spiritual liberation.

Bhagavan Sri Sathya Sai Baba lived in a physical body on earth from 1926 until 2011. He is called God by hundred's of millions of people on earth who have experienced Him as such. There are thousands of testimonials to His omnipresence, omniscience and omnipotence. Sathya Sai Baba is the second of three incarnations of God, known as Avatars, to appear on earth. The first was Shirdi Sai Baba who lived in India up until the early twentieth century. The third Avatar of God will be Prema Sai Baba who will be born in a human body in south India in a few years. All three Avatars have come to earth to avert the destruction of the planet, through reestablishing Truth, Righteousness, Love, Peace, and Non violence in the consciousness of those human beings who were open to His message. Prema Sai Baba will spread Divine Love throughout the earth during His incarnation.

NOT GONE I Am Still Calling is the fourth in a series of channeled books by Catherine Kapahi PhD. The other three published in 2012 are, **NOT GONE Prelude To A New Beginning**; **NOT GONE Messages To My Children** and **How To Remove Conditioning**.



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THE DISCIPLE RELATIONSHIP**
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