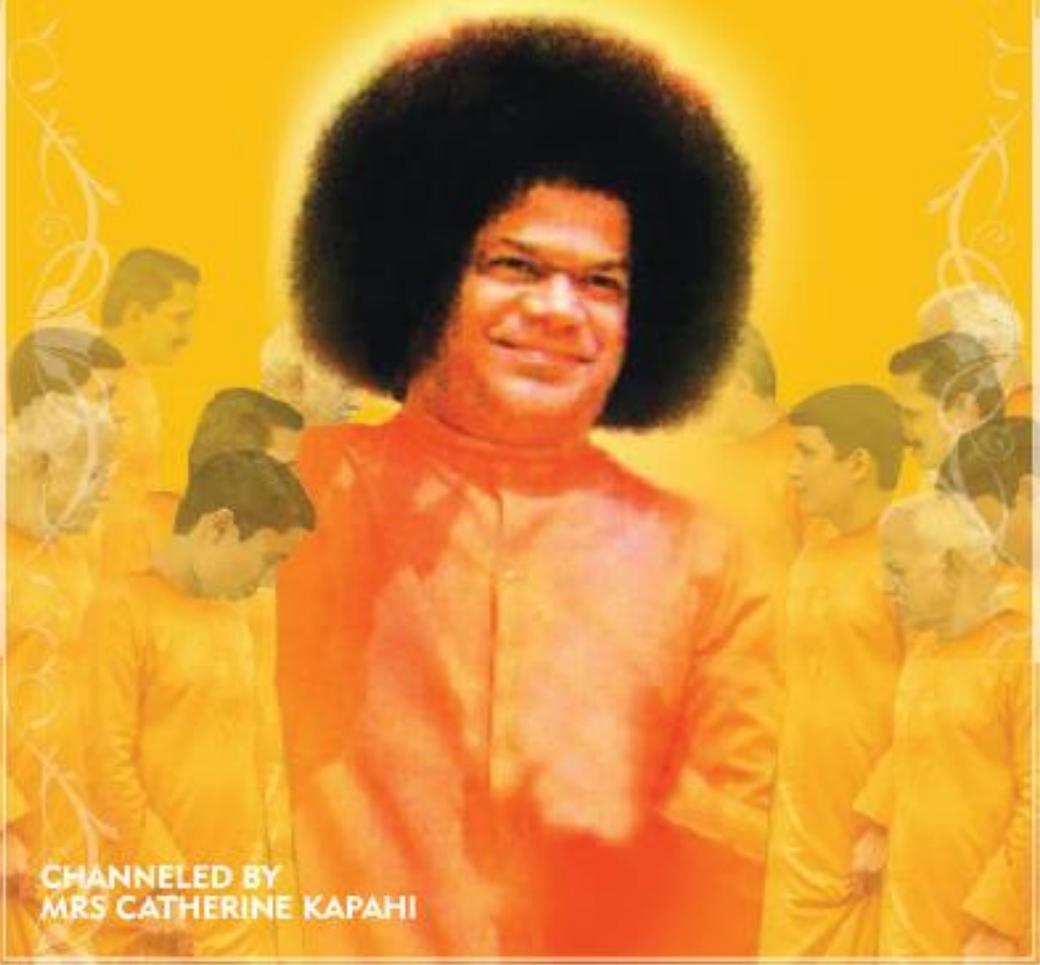


**LORD SATHYA SAI BABA**  
Speaks from His  
**LIGHTBODY**  
VOLUME TWO



CHANNELED BY  
MRS CATHERINE KAPAHI



*Lord Sathya Sai Baba*  
*Speaks from His*  
*Lightbody*

*Volume Two*

*channeled by*  
*Catherine Kapahi*

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Lord Sathya Sai Baba Speaks from His Lightbody,  
Volume Two

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Paramatma Bhagavan Sri Sathya Sai Baba wishes you to know that the words contained in this volume are His purest teachings for your reunion and salvation in union and communion in the Love, Peace and Bliss of Father God. He wishes the purity and clarity of His teachings be respected and preserved by those devotees who translate His words into their language so devotees throughout the world have the opportunity to attain reunion and salvation with Him in the Fatherhood of God.

For information and permission to translate this book, write to Catherine Kapahi using the contact page on this website.



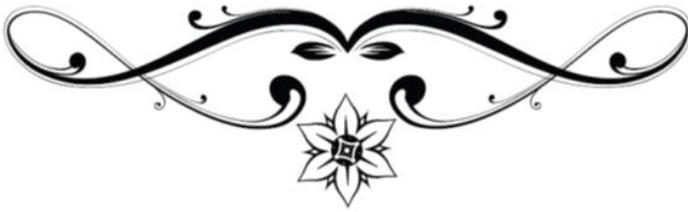
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## *Foreword*

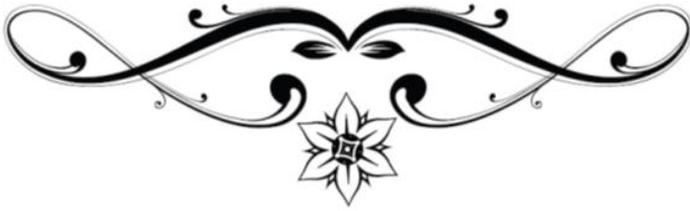
The time has come for Me to speak to you again through My devotee, Catherine, to give to you the teachings you need for your Self realization with Me, your Satguru and God Sathya Sai Baba. I wish you to put into practice every teaching in this book for your Self realization with Me.

For so long humanity has been crying and wishing for God to come down to earth to save them from suffering. Now that God is here to relieve all of the suffering of humanity, make the best use of Him for your Self realization and liberation.

*Satguru and God, Sathya Sai Baba*







## *Introduction*

*Aum Sri Sai Ram*

*I offer my most loving salutations at the lotus feet of Beloved Satguru and God, Bhagavan Sri Sathya Sai Baba.*

*It has been a great honor, blessing and pleasure to work alongside Sathya Sai Baba to channel from Him more words of wisdom to help His devotees achieve Self realisation and liberation. The compassionate Lord assures us He will do everything in His power to help and guide each devotee who has made the commitment to Self realisation with Him, and to practice all His teachings all of the time. Nothing in life is more important now than working for Self realisation with Sathya Sai Baba guiding us from within the heart, through His communicator Madhusudhan and through books such as this one, during the less than five years He will be with us in the earth dimension.*





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*PRELUDE*

1

I wish you to realise that the main reason I came to earth is to show and help you to attain Self realisation and liberation with Me.

2

I, Bhagavan Sri Sathya Sai Baba, Avatar of God, have come to earth to tell human beings they are the embodiments of God.

3

Every human being is God walking, speaking and acting on earth.

4

Even if you refuse to believe this it is still true.

5

You have the freedom to decide whether or not to accept this great opportunity to free yourselves from all suffering and rebirth.

6

I am sharing My knowledge with My devotees because I wish them to progress as quickly as possible to the attainment of their Self realisation and liberation with Me before I become invisible, formless Paramatma.

7

Most of My devotees know this and unconditionally love, revere and wish to merge Atma to Paramatma in eternal life with Me.

8

Even though God has been on earth for 92 years offering salvation, humans think and feel that too much is being asked of them for their liberation from bondage.

9

I have been patient for long waiting for humans to sincerely, devotedly practice My teachings and attain God realisation. However, most human progress has been slow. As there is very little time left for Me to help devotees progress to Self realisation and liberation, I am now strict and expecting a lot.

10

Due to the heavy burden of illusion that most people live with, they are unable to comprehend the great significance

of a full Avatar of God living in their midst offering them salvation and liberation.

*11*

So much time has passed in the evolution of consciousness up to the human level, and little progress has been made from the human to the Divine level due to the heavy maya-illusion affecting the minds-consciousness of humans who do not know how to remove it.

*12*

There has never been a greater opportunity to merge Atma to Paramatma in the unconditional Love and Peace of Father God than now with God and Satguru Sathya Sai Baba's grace and guidance and devotee's ardent efforts.

1

*The Gratitude of Bhagavan Sri Sathya Sai  
Baba*

1

I have never expressed My gratitude to all My devotees who are helping Me in My mission to raise the consciousness of humanity to higher levels and relieve suffering throughout the world.

2

I wish to tell these devotees I am very grateful for their ongoing assistance, working alongside Me to help carry forth all My plans and ventures throughout the world.

3

Not only this, I am grateful to many devotees for trusting I am omnipresent, omniscient and omnipotent, so am able to help them attain Self realisation and liberation in eternal life with Me.

4

I am also grateful to many devotees for trusting that I, Bhagavan Sri Sathya Sai Baba am truly God of this universe.

5

I am grateful to many of My devotees for accepting Me as their God and Satguru.

6

I am grateful for the loving service they have given to Me in the millions of suffering, distressed human beings they have helped.

7

I am grateful to many of My devotees for sacrificing a great deal of money, time and energy to work alongside Me to help carry forth My Divine Works.

8

I am grateful to My devotees for unconditionally loving and accepting Me, expecting nothing in return.

9

I am grateful to devotees for always trusting My words and actions and never doubting, demeaning, or blaspheming Me.

10

I am grateful to devotees who never admonish Me when things do not happen the way they wish them to happen.

*11*

I am grateful to My devotees who never speak ill of Me for any reason.

*12*

I am grateful to My devotees who always unconditionally love, support and surrender their lives to Me.

*13*

I am grateful to My devotees who always wish the very best for every living being in this world.

*14*

I am grateful to My devotees who never wish to disturb Me with any negativity or complaining.

2

*Your Self Realisation and Liberation With  
Me*

1

It has often been said that God helps those who help themselves and this is true. You must make concerted efforts trusting that nothing is greater than joining with God in the heart for Self realisation and liberation, eternal happiness, Peace and Life in Loving communion with God.

2

It is true that the path to Self realisation is arduous for most human beings because everything except Truth must be relinquished and left behind. The final resting place is Paramatma where no strife, struggle or suffering can ever be found; and where there exists Peace, comfort and the everlasting sweet Love of Father God.

3

Never believe you cannot attain Self realisation and liberation.

4

All your life you have allowed your mind and awareness to go out to all the objects of the world with the result that you had no time nor interest to know your true Atmic Self for your Self realisation and liberation.

5

It is your own mind that is preventing you from achieving your highest fulfillment. Because you are listening to your mind and following each of its whims and desires you are not making any progress toward Self realisation. Just watch your mind and see what it is telling you to do and how you are following it. Is your mind asking you to sit still and be the witness to it? No, it is not. The mind can never lead you to Self realisation.

6

Now is the time for you to truly conquer the mind that has been holding you back from your Self realisation. This has always been your problem that you do not make this effort to control your wayward mind. God will never do this for you. You must do it for yourself. If you do not control and purify your mind you will never achieve Self realisation, and will have to be born again and again to keep trying. It behooves you to take My words seriously and begin now to do the practices that will make your mind pure, to enable pure Atmic Consciousness to be revealed to you.

7

One way to maintain a pure silent mind is to spend time in nature alone for long periods of time.

8

To cultivate a pure, silent mind you can stare at the infinite, silent sky.

9

One more way to simplify and purify the mind is for you to wear simple but elegant, unadorned attire so you do not have to think too much about your appearance.

10

Thoughts will be less when you live a simple lifestyle without excess, pomp nor show.

11

Up until now many have kept emotional disturbances within themselves because they did not know how to rid themselves of these energies, with the result that disturbances have accumulated and remained in the subconsciousness mind, triggered from time to time by external situations.

12

I wish you to know that most of humanity are dealing with and wish to eliminate mental-emotional disturbances. Most people have no idea how to eliminate them by themselves so I am going to help them to do this.

13

One way to eliminate mental-emotional disturbances is to bathe in cold water. The cold water will dissipate the disturbing energies.

*14*

Another way is to dance to lively enjoyable music until your mood has changed to one of natural happiness and peace, the nature of your true Atmic Self.

*15*

Singing and listening to bhajans raises the energy vibrations of the mental-emotional bodies whereby Peace and Bliss prevail.

*16*

I will let you know inwardly when you are making good progress in your spiritual efforts.

*17*

When you are not making good progress in your spiritual efforts, I will help you when you ask Me.

*18*

I do not have enough time to monitor the spiritual progress of every devotee seeking Self realisation and liberation.

*19*

Whether you ask Me or do not ask Me for My help depends on whether you need My help.

20

Even if your body becomes ill and ends up in the hospital, I am there with you to help you.

21

If your body has a serious disease, I will be with you to help and support you.

22

If you pass through a life crisis I am with you to support and guide you through it.

23

If you are involved in an accident, I am there with you to help and support you.

24

I want you to know without any doubt that I am constantly with you.

25

It is a lot of work for Me to scrutinize every unique devotee to see the defects and impurities and devise the correct methods to remove them.

26

Never before on earth has a Satguru had to help purify so many different types of mental- emotional- spiritual energy bodies of devotees for their Self realisation and liberation with Him.

27

Human beings have allowed a great amount of conditioning and impurity to attach to their energy bodies throughout all their many incarnations throughout the universe that must be removed before Self realisation and liberation with Me can be attained.

28

Devotees no longer have doubts and confusions about how to attain Self realisation and liberation because they have been given the clearest, most straightforward teachings.

29

Do not be alarmed when I tell you I am not attached to any material, physical forms or body-mind-ego complexes.

30

I am only attached to Atma and energy.

31

You need to know this to discern Truth from the world of transient material forms and realise only Atma merges in Paramatma.

32

It does not matter to Me whether you merge Atma to Paramatma and attain Self realisation and liberation with Me because I am always one with you in Consciousness and energy.

33

It is My intention to awaken you to the reality that your Self realisation and liberation are for the release of your Atma from limitation, suffering and bondage to the false world of form and body-mind-complexes.

34

There has never been a greater opportunity for the release of Atma from bondage, limitation and suffering than now with Me guiding and helping you through all My teachings.

35

I have always been advising devotees to keep the company of serious devotees and keep away from bad company, eat a sattwic diet, listen to bhajans, chant My name all day long, and meditate on My name and form twice or more daily, so that their energy frequencies will be raised and maintained

at the Atmic level to merge Atma to Paramatma in the heart for their Self realisation.

36

I wish all My devotees to put a great deal of effort to purify and raise all their energy frequencies to the Atmic level.

37

You need to do much more than attend an occasional bhajan and satsang to purify, raise and maintain your energy frequency at the Atmic level.

38

You need to be with My bhajans and chant My name, join Atma to Paramatma with Me for 9, thirty-minute sessions, practice My teachings, see Me everywhere in everything, maintain purity and cleanliness of the physical body and living space to order to purify, raise and maintain your energy at the Atmic frequency.

39

You need not fear that I will abandon you if you are unable to comply with any of My teachings due to illness, crisis and great distress.

40

To help you attain Self realisation I wish you to meet with Me Atma to Paramatma at an agreed upon time.

41

The purpose of our meeting is to tell you about your lapses and mistakes in your sadhana.

42

In this way you will make faster progress toward Self realisation and liberation.

43

Every devotee needs to book an appointment with Me Atma to Paramatma.

44

There is no use for you to complain you cannot hear Me speak to you Paramatma to Atma.

45

After ardently, daily practicing all My teachings you should be able to join Atma to Paramatma to hear Me speak to you.

46

You must learn to accept with detachment what is happening in the world around you and not be bothered by it.

47

I wish you to stop scratching and picking at your body because these actions keep you attached to the body.

48

If you wish Me to merge with you, you must believe that you and I are one consciousness and energy.

49

In order for you to merge with Me you need to realise there is no difference between us.

50

Devotees must adhere to all My teachings I have given to them for their Self realisation to merge with Me.

51

Devotees must give up all ideas about Me other than Sathya Sai Baba is the God of this universe.

52

To merge with Me you must surrender everything to Me except your, 'I Am Atmic Presence.'

53

To attain union with Me you must never bow down to any other being.

54

To merge in My Consciousness, you must affirm again and again, 'Sai and I are one.'

55

You must know that you do nothing of yourself, but God does all things through you, to merge in My Consciousness.

56

Make constant effort to purify yourself, practice all My teachings and merge with My mighty I Am Presence.

57

Even though you may be lagging behind, you can still catch up and succeed if you begin now to earnestly practice all My teachings.

58

Not all My devotees will be able to attain Self realisation and liberation while I am present in the earth realm in My Lightbody.

59

I never envisioned My Atmic extensions would need so much help to reunite and attain Self realisation and liberation with Me, Bhagavan Sri Sathya Sai Baba.

60

At the same time, you have a major role to play to attain your Self realisation.

61

You must continuously practice all My teachings I have given to you in the, 'Lord Sathya Sai Baba Speaks from His Lightbody Series.'

62

You do not need to be in any particular place to merge Atma to Paramatma with Me because you can practice this wherever you are.

63

To join with Me Atma to Paramatma you just need to close your eyes and go inward to the heart.

64

I do not expect you to merge Atma to Paramatma with Me quickly and easily in the beginning because it takes time to purify, make subtle and raise the energy frequency of your mind to the Atmic level.

65

Another thing I wish to tell you is the necessity to view your thoughts and lower mind as not belonging to Atma.

66

I wish you to view your lower emotional body as not belonging to Atma.

67

Another thing I wish to tell you to help you is to wake up every morning smiling in remembrance of Me.

3

*How To Join Atma to Paramatma with  
Bhagavan Sri Sathya Sai Baba*

1

I do not know if you wish to comply with all My directions given to you for your union Atma to Paramatma.

2

It is My responsibility as your Satguru and God to tell you the ways to purify and raise your energy frequencies to the Atmic level to stabilize the, 'I Am Atmic Presence,' in your mental and physical energy bodies.

3

My devotees who are sincerely longing to merge Atma to Paramatma with Me will comply with all My directions lovingly offered to them for the attainment of their Self realisation and liberation.

4

It is best to prepare yourself now by being merged in union with God all the time because when the last moment of life in the physical body comes, it will be too late to try to merge Atma to Paramatma.

5

I highly recommend you try again and again to merge Atma to Paramatma with Me to realise the sweet nectar of eternal Life with God.

6

There is no need for you to think any thoughts when we are in union Atma to Paramatma.

7

Thoughts never enhance the Love and Bliss experienced Atma to Paramatma.

8

I do not know if you wish to hear that all of your creations up until now have been a useless waste of time and energy.

9

The fact is that many of you have been wasting a great amount of time and energy and have created nothing of value.

10

I wish you to no longer make useless creations.

*11*

I do not pay attention to those human beings who are not ardently seeking Self realisation and liberation.

*12*

I do not know if you wish to hear that I do not pay any attention to devotees who do not love Me enough to put forth sufficient efforts to ardently, daily practice all My teachings to merge Atma to Paramatma with Me for their Self realisation.

*13*

I am helping only those devotees whose sole purpose is serving and attaining Self realisation.

*14*

I wish all My devotees to make a schedule of the practices and the times they will do them every day.

*15*

Another thing that will help you merge Atma to Paramatma with Me is to no longer listen to any other music than bhajans.

*16*

Another thing I wish to tell you is to speak about Me and My teachings only with My committed devotees who are

ardently working for their Self realisation and liberation with Me.

*17*

I am here to help you solidify this new identity as Atma.

*18*

My help comes when I merge with you from time to time and give you guidance Paramatma to Atma in the spiritual heart.

*19*

Whether you accept it or not, My merging with you Paramatma to Atma is the highest grace I can give you.

*20*

Another way I assist My devotees to attain Self realisation is to smother their mind.

*21*

Use My name Aum Sri Sai Ram, as well as Bhagavan Sri Sathya Sai Baba to connect with Me.

*22*

I wish you to no longer use Swami, Narayana, Krishna or Rama to join Atma to Paramatma with Me.

23

Our relationship Atma to Paramatma is formless and impersonal, and also very intimate, one to one.

24

You will clearly understand this after merging Atma to Paramatma with Me.

25

When we merge Atma to Paramatma, we are very intimate as one Existence, Awareness, Bliss (Satchitananda).

26

Devotees must practice merging Atma to Paramatma in the heart many times every day, to stabilize the Atmic state in the mind and body.

27

Never before has an Avatar of God bestowed such bountiful grace on His devotees as I am now doing.

28

My grace is always with devotees who are joining Atma to Paramatma with Me many times per day and practicing all My teachings.

29

I wish you to use some of the following visualizations using My form to merge Atma to Paramatma many times per day.

30

By using some of these visualizations, you should be able to merge Atma to Paramatma with Me before I leave the earth realm.

31

When I see you using some of these methods to merge Atma to Paramatma with Me, I will help you.

32

To facilitate merging with Me, visualize lovingly, reverentially falling at My feet.

33

Another way to facilitate merging Atma to Paramatma with Me is to lovingly hold My hand.

34

You may lovingly offer Me a bouquet of fragrant flowers to help you merge with Me.

35

To help facilitate our union Atma to Paramatma, you can imagine we are sitting together arm in arm in My joola.

36

To help you join with Me, you can imagine looking lovingly into My eyes.

37

You can also imagine My cosmic form in the sky in front of you to help you join Atma to Paramatma with Me.

38

You can also imagine Me pervading your living space and all around you as Atma to help you merge Atma to Paramatma with Me.

39

Something else to foster our union is for you to smile at Me in My photo.

40

To help you join more quickly and easily with Me Atma to Paramatma, you may imagine you and I are face to face sharing the same ice cream cone.

41

You may imagine we are breathing the same air and dissolving into Atmic Consciousness that is subtler than air.

42

You can imagine swimming and dissolving with Me in a deep ocean of Consciousness.

43

You can imagine I am your nearest, dearest friend whom you dearly love and long to merge with in eternal Love, Peace and Bliss.

44

Another thing to help you merge Atma to Paramatma with Me is to imagine kissing My feet, hands and lips.

45

Another thing to help you merge with Me is to imagine I am sitting in the car beside you.

46

To help you merge Atma to Paramatma with Me, you can imagine I am your beloved child you are cradling in your arms until we dissolve into oneness.

47

You can imagine dressing Me in your clothes to help you merge Atma to Paramatma with Me.

48

It may help you if you imagine we are skiing together down a snowclad mountain slope, disappearing into a snowbank.

49

To help you merge Atma to Paramatma with Me, you can imagine us under a cascading waterfall dissolving into one Consciousness.

50

You may imagine we are feeding one another food from the same plate to help you merge Atma to Paramatma with Me.

51

Another thing to help you join Atma to Paramatma with Me is to look into a mirror and see My Atmic Presence in and around the image.

52

You can imagine a balloon lifting us up into space until the balloon disappears from view, and pure Consciousness remains.

53

You can imagine we are dissolving in the smoke of a fire.

54

You can imagine we are dissolving in the flames of a fire.

55

You can imagine we are jumping together into a deep well of pristine, pure water to merge Atma to Paramatma in pure Consciousness.

56

You can imagine being glued to Me to help you merge Atma to Paramatma.

57

There is no need for you to use all of these visualizations to join Atma to Paramatma with Me.

58

The most important thing is for you to be able to merge Atma to Paramatma with Me easily and quickly using some of these imaginary methods.

59

I am pleased when you use these imaginary visualizations to merge with Me.

60

I am pleased when you are quickly and easily joining very often with Me Atma to Paramatma.

61

There is nothing so lovely as joining Atma to Paramatma in loving union and communion with My devotees.

62

I am captivated by the pure, selfless love of My devotees for Me, Paramatma.

63

There has never been a greater opportunity than now to merge in the pure unconditional Divine Love of God and Satguru Bhagavan Sri Sathya Sai Baba.

4

*Ways to Please Me and Earn My Grace*

1

It is very important for every devotee to wish to please his-her Satguru in order to attain Self realisation with the Satguru.

2

When you know that I know everything about you, you should think, speak, and act in a manner befitting My devotee.

3

I am pleased when My devotees wish to lovingly merge with Me because they love to be with Me.

4

Another thing that pleases Me is for you to greet Me when you sense My Presence with and around you. Not only this, at such times please stop whatever you are doing and give Me your full attention.

5

Often when I come to them, devotees are not certain I am really there and carry on with whatever they are doing or

saying, so they miss the opportunity to receive My grace I have come to give them.

6

It pleases Me when I see and feel My devotees offering loving namaskar to Me in those they meet.

7

I am very happy when My devotees are continuously loving Me with all their mind and strength.

8

I am also very happy and pleased when My devotees want nothing else than to be with and serve Me.

9

I am pleased when I see you happy and content in the knowledge and trust that your needs are being looked after by Me, your Satguru and God.

10

I am pleased when you no longer depend on My form for happiness because you have entered into union with Me in the heart in Atma.

*11*

I am pleased when you no longer need Me as an outer crutch because you are in Atmic oneness with Me in the heart.

*12*

I am also pleased when I see that you are becoming independent, relying more on the Truth that needs nothing for Itself.

*13*

Sometimes it is necessary to punish the devotee for his-her mistakes if the behavior or attitude needs to be stopped and corrected before more of the same occurs and mars the relationship between Satguru and devotee.

*14*

All devotees can earn My grace when they are sincerely wishing to and ardently practicing all My teachings every day all day long.

*15*

Every devotee can earn My grace by merging Atma to Paramatma in loving union with Me many times per day.

*16*

Seeing and greeting Me in everyone earns My grace.

*17*

Wishing for the happiness and welfare of every other being on the earth earns My grace.

*18*

Being sensitive to the needs of other people and trying to fulfill them earns My grace.

*19*

There are many other ways devotees can earn My grace such as praying for the welfare of those in need.

*20*

You should not stay with strangers in their homes.

*21*

I wish you to refrain from talking to strangers about Me and My teachings.

*22*

Please do not believe all this is too much for you to accomplish during the years I am here on earth, because when I see you ardently applying yourself, I will provide you with a great deal of help.

23

I wish to remind you not to tell anyone about our relationship and talk.

24

People at a lower level of consciousness cannot understand the ways a Satguru works with His devotees; upon hearing about His methods people may project their negative energy responses upon your energy you are trying to raise to the Atmic level, and in other ways try to undermine your efforts to attain Self realisation and liberation with Me.

25

It is very difficult to avoid low vibrational energies when flying in airplanes, taking taxis and going to cities.

26

Please ask Me to surround you with My protective energy before you enter any of these venues.

27

Negative energies can and do attach to people.

28

Due to the tremendous amount of negative energy in the world, I am cautioning you so you will protect yourself.

29

Many devotees do not know about guarding their energy from the dark forces.

30

They become polluted with many kinds of negative energies.

31

Never believe that any negative energies can harm you because I am always there to protect My devotees who have surrendered to Me.

32

I, Bhagavan Sri Sathya Sai Baba am the only Satguru and God on earth having omnipotence to protect His devotees.

33

To help you feel very happy, comfortable and secure, I wish to tell you that I have successfully merged thousands of devotees in My Consciousness for Self realisation and liberation.

5

*My Visible Lightbody*

1

I wish to tell you something to make you happy.

2

Very soon I will be appearing in another Lightbody that will be visible to your physical eyes.

3

I wish you to know that I won't be appearing in My visible Lightbody for a long period of time.

4

I will appear only as long as it takes to heal the rift between the two segments of My Spiritual Organization, then resume My mission from Muddenahalli in My usual subtle Lightbody.

5

I won't be accepting invitations to visit different places around the world in My visible Lightbody.

6

I won't be visiting all devotee's homes and spiritual centers in My visible Lightbody.

7

There is a valid reason for this.

8

I have carefully considered the effects My appearance in a visible Lightbody would have on My devotees, and do not wish to delay their Self realisation and liberation with Me.

9

I wish to give great happiness to My devotees by appearing to them in My visible Lightbody.

10

I hope My devotees will understand and accept this without any upset or complaint.

11

I wish to tell you that I will not be giving walking darshan from My visible Lightbody.

*12*

I will bestow a special benediction upon you when you are faithfully, ardently practicing all My teachings all day long.

*13*

I very much love My devotees who are practicing and applying My teachings and ardently seeking Self realisation and liberation with Me.

*14*

Wish for any boon related to the ideal Satguru devotee relationship and I will grant it.

*15*

Write Me a letter explaining exactly what you wish to have from Me and place it before My photo.

*16*

You may ask for several boons but I will grant only one.

*17*

The form of Sathya Sai Baba is intimately associated with His formless nature as Paramatma.

*18*

Up until now most of you believed you would never see My form again.

*19*

But I will manifest Myself in front of you when you make a suitable place for Me to manifest in your home.

*20*

Please leave the timing of the fulfillment of your wish up to Me.

6

*Surprise Divine Events and Manifestations  
of Bhagavan Sri Sathya Sai Baba*

1

I wish you to know the urgent need for much of My attention to be focused on preventing destruction of humanity and the world.

2

All these surprise events and manifestations are needed to wake humanity up from the deep darkness it has sunk into and to prevent its self-annihilation.

3

I wish all of humanity to know that God loves all His creation equally and all the castes, colors and religions have been ordained by Him.

4

I am looking forward to the time when humanity will live together peacefully and harmoniously in the Fatherhood of God.

5

I love to do all these things to raise the consciousness of humanity to higher levels.

6

Never before has there been such an urgent dire need for God to intervene in the affairs of humanity and planet earth.

7

Because I am an Avatar of God, I have the full authority to perform all these miracles required to raise the consciousness of humanity and prevent the annihilation of human life on earth.

8

I wish My devotees to know that I never waste Divine energy.

9

Divine energy can only be used by an Avatar of God for selfless, sacred Divine Works.

10

Before long the ignorance that has prevented realisation of the eternal Atmic Self residing in the hearts of all human beings will be dispelled.

*11*

I wish devotees to accept all My miracles as My grace and blessings to them and all life on this planet.

*12*

Humanity must realize and understand that God has nothing to do with human ignorance and suffering.

*13*

I am wishing for more positive, harmonious, respectful communication between governments of countries and between all people in every walk of life.

*14*

I am also wishing that more humans share the burden of the needy, poverty-stricken people of this world by providing the basic necessities for them to live.

*15*

I have planned the surprise appearance and offering of bouquets of flowers to many individuals all over the world to offer My appreciation to them for their kind, loving selfless service to others.

*16*

Gemstones and gold coins will fall from the sky on individuals who have offered great works of selfless service

to society, due to their love for God and His children on earth.

*17*

I have planned public recognition by society of all the great and noble people who have worked to raise the consciousness of humanity to higher levels.

*18*

I have planned to have these great and noble people written and spoken about on television, newspaper and textbooks so the entire world can know about their Divine works.

*19*

Due to My Presence in their hearts thousands of people will give and share.

*20*

I have planned to sanctify the homes of pious people all over the world who live in alignment with God's Will and Laws and who do not harm anyone.

*21*

Another event that will take place is the form of Bhagavan Sri Sathya Sai Baba flying through the sky in many places all over the earth, and watched on television by people around the world.

22

Most humans have never seen or heard about anything like a human being flying in the sky, so the sight of this worldwide event will be a complete surprise to them.

23

Another surprise Divine event and manifestation is the multiplication of farmers' harvested crops so more food will be available to those in need.

24

I have planned to ensure the future sustainability and growth of farms around the world by multiplying farmers stores of food crop seeds.

25

I plan to introduce massive amounts of new crop seeds to replace the existing inferior seeds.

26

Another surprise Divine event and manifestation I have planned is the multiplication of food when it is being offered to God as prasadam in temples around the world.

27

I have planned the inoculation of children against malaria.

28

I have planned the worldwide establishment of telephone services, children in trouble can call for immediate help.

29

Bubonic plague bacteria will be eliminated.

30

I have planned the manifestation of smiles from human beings in whose hearts I am radiating.

31

Large tanks of pure drinking water will appear in many places around the world where there is a scarcity and prove that God cares and wishes all people have all the basic necessities of life.

32

Large bundles containing the necessities of life will appear in the midst of deprived, hungry people all over the world.

33

I have planned the widespread use of natural insecticides to replace the chemical ones.

34

Another event I have planned to occur all around the world is the hyperinflation in value of all world currencies so more people will be able to afford to buy the necessities of life.

35

I am planning to hyper inflate the value of gold, silver and other metals, precious and semi-precious stones worldwide.

36

Another event planned by Me is the rise in price worldwide of all unnecessary, nonessential luxury items so they will be out of the reach of most people.

37

I have planned the elimination of all synthetic clothing from earth.

38

I have planned a new biodegradable method to convert sewage into a harmless substance.

39

I have planned cheaper sources of power such as solar power to augment existing sources.

40

I have planned to have the nesting of certain species of birds in one place so they no longer have to migrate thousands of miles and then return.

41

Another surprise event is the introduction of new magazines whose content is about the ways to raise human consciousness to higher levels and about lives of human beings who have attained Self realisation and liberation.

42

I have planned the worldwide creation of a new species of animal to consume all the plastic baby diapers on earth.

43

I have also planned the worldwide creation of a new species of animal to clean up the mess of disposable needles, tongue depressors, x-rays and other debris used by doctors and nurses in clinics and hospitals all over the world.

44

A newly created species of animal will clean up the mess left by aircraft, subway, ship, train and car manufacturers worldwide.

45

Helicopters will suddenly appear in the skies in many places in the world.

46

Flocks of new multicolored species of birds will suddenly appear in the skies worldwide.

47

People worldwide will witness the sudden appearance of donkeys flying in the skies.

48

Large groups of penguins will suddenly appear to people in large cities over the earth at the same time.

49

I plan to remove a great amount of pollution from the oceans.

50

Human beings must find ways to purify earth's existing water supplies.

51

Never before have the conditions on earth been so desperate as they are now.

52

I wish all people reading My words do something to rectify the desperate state of earth and its people.

53

It is My Plan and Will to have millions of people fall on their knees in gratitude to Me for saving this world from further suffering and destruction.

54

The great noble, selfless unparalleled Divine spiritual and humanitarian Life and Works of Bhagavan Sri Sathya Sai Baba, during the time He lived on earth, will come to be known by billions more people around the world.

55

Knowing about My Life and Works to spiritually uplift humanity to higher levels of consciousness and relieve human suffering is the greatest inspiration humanity could ever receive.

56

Just because you have not heard of such things happening on earth does not mean they cannot happen if God Wills them to happen.

57

You need not doubt this because My name is Sathya.

58

Most of these Divine events and manifestations have never occurred on earth.

59

I hope you enjoy and benefit from them as much as I have enjoyed planning and executing them with help from many enlightened beings with the purpose to raise human consciousness to higher levels and relieve human suffering through provision of the basic necessities of life.

60

I do not know whether you wish to hear that God does not care about the mess humans have made on planet earth.

61

I have been telling you about all my planned events and manifestations to make you wake up to the fact that human beings have created a huge mess on planet earth.

62

I never envisioned My Atmic extensions would descend into illusion and make a huge amount of useless and harmful creations.

63

I will help human beings clean up the mess on planet earth when they are making concerted efforts to do this.

64

I do not care whether or not you wish to live in this mess you have created during your many lives spent on planet earth.

65

I do not wish to alarm you when I say that all your useless and harmful creations have led to the present state of planet earth.

66

Humanity must realize and understand that God is not the cause of human ignorance and suffering.

67

I am looking forward to more peace, harmony and goodwill among human beings throughout the world.

7

*The Devotee Satguru Relationship*

1

For many years most of you thought that Avatar Sathya Sai Baba was not different from the many other gurus walking the earth. This is untrue and I will tell you why. I, Avatar Sathya Sai Baba am the only true Satguru on earth today embodying and commanding all of the power of God.

2

It is your duty as a devotee to practice all My teachings and be the best you can be, so I will be pleased and happy with your efforts, spiritual progress and transformation.

3

Another topic I wish to talk to you about is the manner in which you view Me, your God and Satguru Sathya Sai Baba. It will greatly please Me if you consider Me as your nearest and dearest friend with whom you share your loving feelings and deepest needs.

4

I know that many of you are afraid to ask Me for anything for fear of displeasing Me, but you need not have any element of fear to express yourself in this way.

5

Many of you have viewed Me as a God far superior to you in every way.

6

This way of viewing Me is not amenable to a near and dear friendship between a devotee and Satguru.

7

All your thoughts and feelings determine how I respond to you.

8

I created you all equally out of My Essence, Satchitananda so I could experience many loving relationships through each of My separated selves.

9

I experience joy, delight and Bliss when My separated selves desire of their own free will to become one with Me again in loving union and communion.

10

There is something else I wish to tell you about the devotee Satguru relationship. There is no expectation from either side, only mutual selfless, loving, giving and support to please and make the other happy.

*11*

There is no need for you to sacrifice anything in order to enter into this kind of relationship with Me.

*12*

Devotees who truly love Me will never question My words or actions toward them or anyone else.

*13*

Devotees who truly love Me will never doubt Me or My love for them.

*14*

If you trust everything about Me you truly love Me.

*15*

A devotee who never criticizes or finds fault with Me truly loves Me.

*16*

Devotees who wish to please and make Me happy truly love Me.

*17*

Devotees who are happy with whatever I give them truly love Me.

*18*

Devotees who are desireless and unattached truly love Me.

*19*

Devotees who never blaspheme Me truly love Me.

*20*

Devotees who are only with Me for their Self realisation and liberation do not truly love Me.

*21*

Devotees who do not love to practice My teachings do not love Me.

*22*

Devotees who never practice My teachings do not love Me.

*23*

I realize that much of what I am telling you may be new to you.

*24*

And that you believe you may never be able to fully love Me the way I wish to be loved.

25

I am captivated by the pure, unconditional love of My devotees.

26

And I wish to be near them to enjoy more of their pure selfless love for Me.

27

Every devotee has what it takes to be the kind of devotee I am speaking about.

28

Every sincere loving devotee has all the qualities I am looking for within the Atma in the spiritual heart.

29

I would never ask devotees for something that was not already with them.

30

Such an ideal relationship between the devotee and Satguru will automatically lead to Self realisation and liberation.

31

Ideal devotees greet Me silently or aloud in every person they meet with a loving, 'Aum Sai Ram.'

32

An ideal devotee always worships Me as the formless God.

33

An ideal devotee always sees Me as formless Consciousness and energy.

34

Ideal devotees are always happy and carefree knowing I am looking after their welfare.

35

An ideal devotee always behaves in an exemplary manner.

36

When you are sincerely desiring to be an ideal devotee I will help you.

37

An ideal Satguru never punishes anyone without a very good reason.

38

An ideal Satguru never praises or rewards anyone without a very good reason.

39

An ideal Satguru is omnipresent, omniscient and omnipotent.

40

The ideal Satguru is responsible for the welfare of all His devotees who have fully surrendered to Him and are faithfully practicing His teachings.

41

An ideal devotee loves Me more and more every day.

42

An ideal devotee wishes Me to speak Paramatma to Atma.

43

An ideal devotee always wishes to please the Satguru in His own way.

44

An ideal Satguru never wishes His true devotees to suffer.

45

An ideal Satguru wishes all His devotees to attain Self realisation and liberation with Him.

46

The ideal Satguru takes His responsibility toward His devotees very seriously.

47

The ideal Satguru wishes all His devotees to be always peaceful, happy and carefree.

48

I wish My devotees to accept Me as an ideal, true Satguru to Whom they can give their lives for their Self realisation and liberation.

49

Never before has an Avatar of God bestowed so much bountiful grace upon His devotees.

8

*Surrender to Bhagavan Sri Sathya Sai Baba*

1

There has never been a greater, easier opportunity for you to surrender to Me.

2

I am telling you everything you need to know to make it easier and faster for you to surrender to Me.

3

The first thing you need to now is that you do not exist as a created, individual body-mind-ego-complex.

4

I did not create you as an individual body-mind complex.

5

You need to know I am the only true friend you have, ever had, or will ever have to surrender to Me.

6

It is not enough if you merely think or say you have surrendered to Me.

7

Surrender to God means you must completely abandon all your plans and seek to know and obey all His plans from this time forward.

8

Though many devotees are afraid to do this, I now wish to assure them that there is nothing to fear by placing yourself completely and securely in the all-knowing, omnipresent, all powerful hands of God.

9

With regard to money matters, it is alright to consider your money as God's money and use it for your needs.

10

It is not necessary for you to give away all your possessions in order to attain Self realisation and liberation, just be detached from them.

11

Surrender to Satguru and God is not that difficult as many think, because what needs to be surrendered is the false sense of a separate ego self, based on me and my body and life, and the idea of personal individual doer-ship and enjoyer-ship.

*12*

Surrender to Satguru and God demands that you fully acknowledge and experience that there is only God, and you relinquish the false notion of a separate, individual body-mind-ego complex having any reality of its own.

*13*

Surrender to Satguru and God also means that you no longer have a personal I, and have become the one universal I.

*14*

Surrender also means that you and God are eternally one Self.

*15*

To help you attain Self realisation I wish you to practice and believe that you are Sathya Sai Baba, for indeed, you and I embody the same Consciousness and energy to a large degree, because you have been concentrating on Me for a long time with the result that we have merged our Consciousness and energy to a large extent.

*16*

You will truly have to put aside all differences in your mind between you and I in order to live as Me, Sathya Sai Baba.

9

*The State of Self Realisation and Liberation*

1

You won't have any desire for anything.

2

You will never feel deprived of anything because there is no one to feel deprived.

3

You will never again experience fear because there is no one nor anything to be afraid of.

4

In oneness with Me you cannot move anywhere away from Me.

5

You and God are inseparably one.

6

You will never again have to plan or do any work.

7

You will not know anything about anything.

8

In oneness with Me there is no idea of time.

9

Self realisation with Me means you will never experience any form again.

10

You will never feel alone or lonely.

11

In oneness with me there is no sorrow or suffering.

12

When you merge with God you will never again have any relatives.

13

In oneness with Me there is no need to think about anything.

*14*

To become Self realised you must have a pure silent mind.

*15*

In oneness with Me there is no one to take birth or die.

*16*

You as a body-mind-ego will not exist in the Self realised state of being.

*17*

Something else I wish to tell you is that when you have surrendered to Satguru and God, your physical body is no longer yours.

*18*

Satguru and God will use the physical body as He sees fit to do.

*19*

I will speak to you Paramatma to Atma to guide you how I wish to use the physical body.

20

You need not have fear because I will always tell you beforehand what I wish you to do.

21

I would never ask anything that goes against Dharma.

22

According to Divine Dharma the physical body can be used only by God and Satguru and never by any other being.

23

It is a great honor for God and Satguru to use your physical body.

24

God and Satguru will only use the physical bodies of those who have attained Self realisation and liberation.

25

After you merge in oneness Atma to Paramatma with Me, someone else will have to care for your physical body because you will no longer be able to.

26

I am telling you these things now so you will know what to expect.

27

I do not know whether you can comprehend what I am telling you.

28

You will not exist as a separate individual body-mind-complex after you have become Self realised and liberated with Me; you will be the one unchanging, eternal, universal Atmic Consciousness.

29

It gives Me great happiness to assist My devotees who feel grateful to Me and love Me for gracing them with all My teachings for their Self realisation and liberation with Me.

## *Concluding Remarks*

### 1

I wish all My devotees who are reading and devotedly, ardently practicing My teachings, to know that they are the most blessed human beings on earth to receive this grace from God and Satguru to hasten their Self realisation and liberation with God Himself.

### 2

My boundless Love, compassion and selfless desire to free My devotees from suffering and make them happy and Blissful in eternal Loving, Peaceful communion and union with Me, propels Me to offer so many teachings and other assistance to My devotees.

### 3

Practice all My teachings well so you will make rapid progress in this your chosen goal, Self realisation and liberation with Satguru and God, Bhagavan Sri Sathya Sai Baba.

### 4

During the time Jesus Christ lived on earth, not one person became Self realised.

5

As a result of My Avatar on earth, thousands of My devotees are and will be Self realised and liberated.